



WELCOME to AULA's SUSTAINABILITY & CLIMATE ACTION EFFORTS!

Why get a special message about Sustainability?

Because it's more than just recycling. Sustainability is part of our AULA culture—living our mission of justice and equity, and raising awareness through behavior and engagement.

Get Involved!

- Suggestions? Email sustain.aula@antioch.edu
- Join the Sustainability Committee! Email: jpaul@antioch.edu
- Start a student group, for example: Students Garden, Eco-Warriors, Climate Justice Alliance, Fresh Food Fighters; and/or join this awesome state-wide coalition: California Student Sustainability Coalition (CSSC)
- Get news from, support and/or join local organizations, such as these:

Heal the Bay
Tree People
Climate Resolve
Coalition for Clean Air
Move LA
Surfrider
STAND
LA Bicycle Coalition
Trust South LA
Communities for a Better Environment

Learn!

- For more detailed information about our progress and plans, read the Antioch's Climate Action Plan: <http://www.antiochla.edu/about-aula/sustainability-vision/>
- Read up on what other schools are doing: <http://www.aashe.org/wiki/cool-campus-how-guide-college-and-university-climate-action-planning>
- Look for our monthly DOT's (Do One Thing) in your email from AULA Communications

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Here are some suggestions for your activities:

Change Your Waste Ways!

- Bring your own coffee or tea mug, and refillable water bottle to use while on campus or on the road.
- Bring your own tea bag or soup mix, the student lounge has hot water.
- Use Antioch's clearly marked waste and recycling bins to reduce our contribution to the landfills.

More than 80% of water bottles end up in landfills.

Producing bottled water requires up to 2000 times the energy of producing tap water.

It takes 3x the amount of water to produce a bottle than it does to fill it.

It takes 40,000 18-wheelers to deliver our bottled water each WEEK.

- Bring your own reusable food containers to campus for meals (and take home what is compostable to put in your green bins!)
- Buy used and repurposed goods from thrift stores and yard sales

Love Your Local Businesses!

- Support local and independently owned businesses instead of big-box and warehouse companies. Instead of Amazon, order your textbooks from a local bookstore—you can purchase from them in person or online. Try our own bookstore, renting or digital versions.
- Join a Community Supported Agriculture group for produce delivered directly from farmers.

Places that are home to numerous locally-owned businesses are more prosperous, sustainable, and resilient than those in which much of the economy is controlled by a few big corporations (www.ilsr.org).

- Shop at a Farmers Market; to find one close to you, click here: <http://projects.latimes.com/farmers-markets/>

Go to the Library!

Our AULA library has an amazing collection, or you can go to your local library (lapl.org). Order books, articles, DVDs, and other source material from through interlibrary loan service, WeDeliver.

Save Energy, Water, & Resources!

- Make prints and copies of only what you need in order to save paper, ink and energy; set your own printer to double-sided.
- Carpool, bicycle or use public transit to get to school. (For the best public transit route, visit metro.net. The Culver City transit hub is right down the street.)
- Consider a plant-based diet! Meatless Mondays is one way to begin.

Animal agriculture is responsible for 18% of all green house gas emissions—more than the exhaust from all transportation combined. If every American dropped just one serving of chicken from their diet per week, it would save the same amount of CO2 emissions as removing 500,000 cars from the road.