

Jill M. Krahwinkel, Ph.D., LPC
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 jillmkrahwinkel@gmail.com

EDUCATION

Ph.D. in Counseling & Counselor Education, North Carolina State University, December 2013
 M.Ed. in Mental Health Counseling, Western Kentucky University, May 2006
 BA in Psychology, Murray State University, May 2003

LICENSURE & CERTIFICATIONS

Licensed Professional Counselor, VA #0701005948
 Licensed Clinical Addictions Specialist Associate, NC
 Choice Theory/ Reality Therapy Certified, International
 Certified Juvenile Sexual Offender Counselor, KY
 Certified Permanence and Safety-Model Approach to Partnerships in Parenting Instructor (MAPP), National

TEACHING EXPERIENCE

Faculty (January 2017 - Current)

Antioch University, Keene, NH

Teach master's level face-to-face and low-residency classes including but not limited to professional ethics, counseling theories, addiction, testing and assessment, and fundamentals of therapeutic intervention. Facilitate in-class experiential learning activities including role-plays, discussion, and group activities. Responsible for reading, grading, and monitoring weekly discussion board posts in two different online platforms (i.e., Engage & Sakai) as well as providing feedback on all written assignments. Ensure peer interaction, independent learning, and appropriate use of technology while providing support and guidance to distance students. Provide academic advising and mentoring to students. Collaborate with colleagues to create and implement program policies and procedures. Planning a study abroad trip to take students to Peru over Spring Break 2018.

Assistant Professor & Doctoral Coordinator (July 2016 - May 2017)

Graduate Program Director (July 2015 - July 2016)

Senior Lecturer of Graduate Clinical Coordination (May 2014 - July 2016)

Old Dominion University, Norfolk, VA

Taught master's and doctoral level classes including but not limited to basic and advanced techniques, social and cultural issues, addictions, advanced supervision, and group supervision for practicum and internship. Classes were face-to face and hybrid format. Incorporated experiential learning activities in the classroom and generated thought-provoking group discussion. Participated and facilitated a study abroad trip for career counseling to Italy for two summers. Offered direction of clinical practicum and internship policies and procedures of master's and doctoral students including the maintenance and creation of field placement handbooks. Verified CACREP appropriate field placement sites by conducting interviews and site visits with potential and current sites. Served as a liaison between with site supervisors, group supervisors, and students. Created professional development plans as needed for students who demonstrated areas of improvement. Managed a variety of administrative and leadership duties to include facilitated monthly faculty meetings; created course scheduling and assigned faculty courses; hired adjunct faculty; reviewed student applications and interview for admissions; advised students; conducted student reviews and managed the student appeals and complain process; updated program curriculum, university catalog, department handbooks; and served as the CACREP liaison completing the annual Vital Statics Report. Worked closely with the Dean's office and served on several college level committees including faculty and administrative search committees.

Instructor (July 2010 - December 2012)*University of Phoenix, Raleigh, NC*

Taught general education and psychology classes to non-traditional undergraduate college students during a 5 week course rotation. Classes were held from 6-10pm on weekdays and 9:30am-1:30pm on Saturdays. Facilitated group discussion, group projects, and monitored learning team assignments. Provided feedback on individual and group assignments and monitored online learning system for discussion.

SUPERVISION EXPERIENCE

Faculty Clinical Supervisor (May 2014 - May 2017)*Old Dominion University, Norfolk, VA*

Provided individual and group clinical supervision for master's students engaged in practicum and internship and for doctoral students engaged in practicum, internship, and supervision of master's students. Served as registered clinical supervisor in addition to providing supervision of supervision for doctoral students who were supervising master's students.

Clinical Site Supervisor (May 2013 - December 2013)*North Carolina Central University, Durham, NC*

Provided clinical supervision for counseling interns for Summer and Fall 2013. Ensured an overall clinical experience for interns including co-facilitation of counseling groups, individual counseling, assessments, documentation, and, training. Provided weekly individual supervision.

GRANT & RESEARCH EXPERIENCE

Moe, J., Johnson, K. F., **Krahwinkel, J.**, Kemer, G., Goodman-Scott, E. (2016-2017). Behavioral Health Workforce Education & Training for Professionals and Paraprofessionals. ~\$364,000. Federal Grant BHWET Program: HRSA16-193.

Dissertation Committees

Richards, T. (2017) The role of self-care and hardiness in moderating burnout in mental health counselors.

Carlisle, K. (2016) Personality, motivation, and internet gaming disorder: Understanding the addiction.

Cultural Contact: A Predictive Factor in Counselors' Cultural Competence with Relationally Diverse Individuals.

Primary Researcher, Dissertation, North Carolina State University, 2013

Research Team Member

Qualitative, Coder, Army Wives and the Post Deployment Experience: An Interpretive Phenomenological Study, 2013

PUBLICATIONS (*denotes work with students)

Baker, S., Santos, S., & **Krahwinkel, J.** (2014, Article 25). Of what value is a scholarly writing course for doctoral students? *VISTAS*.

Krahwinkel, J. (2017). Cultural contact: A predictor of professional counselors' cultural competence with relationally diverse individuals. [Manuscript in preparation]

Bower, J., & **Krahwinkel, J.** (2017). Counselors' professional experiences with lesbian, gay, bisexual, and transgender clients. [Manuscript in preparation]

Carlisle, K. & **Krahwinkel, J.** (2015). The social experiences of internet gamers. [Manuscript in preparation]*

PROFESSIONAL & UNIVERSITY SERVICE

Residency for Fundamentals, Antioch New England, Department of Applied Psychology, Winter 2017
Administrative Search Committee, ODU, College of Education, Summer 2016-Spring 2017
Dissertation Fellowship Award Committee, ODU, College of Education, Spring 2016 & 2017
Doctoral Advising Group, ODU, College of Education, Summer 2015 - Summer 2017
Research Graduate Certification Committee, ODU, College of Education, Summer 2015 - Summer 2016
Faculty Tenure Track Search Committee, ODU, Department of Counseling & Human Services, Summer 2015
Director of Marketing Search Committee, ODU, College of Education, Spring 2015
Administrative Search Committee, ODU, Department of Counseling & Human Services, Fall 2014
Batten Endowed Chair Interview Panel, ODU, Department of Counseling & Human Services, Fall 2014

REFERRED PRESENTATIONS

Upcoming Santos, S. & **Krahwinkel, J.** (2017, October). Teaching strategies to promote exposure and awareness: Conversations about LGBT lives and more. (Roundtable)

Kemer, G., & **Krahwinkel, J.** (2016, October). *Expert site supervisors' supervision considerations: A sample from Hampton Roads*. Southeastern Association for Counselor Education and Supervision Conference (SACES), New Orleans, LA. (Educational Session)

Krahwinkel, J. (2015, October). Implementing experiential activities in master's level addiction courses: Face to face and online. (Educational session)

Krahwinkel, J. (2015, March). *Going beyond attending gay pride*. American Counseling Association Conference (ACA), Orlando, FL. (Educational Session)

Krahwinkel, J. (2014, October). *Beyond the rainbow: The path to LGBTQIQA experiential learning*. Southeastern Association for Counselor Education and Supervision Conference (SACES), Birmingham, AL. (Educational Session)

Krahwinkel, J. (2013, October). *Enhancing the LGBTQIQA cultural competency of master's students: A counselor educator's role*. Association for Counselor Education and Supervision Conference (ACES), Denver, CO. (Educational Session)

Krahwinkel, J. (2013, February). *Applying Choice Theory/Reality Therapy to clinical supervision*. North Carolina Counseling Association Conference, Raleigh, NC. (Educational Session)

Krahwinkel, J., & Horne, R. (2013, February). *Help! My client is gay and Christian*. Cross-Cultural Issues in Counseling and Education Conference, Savannah, GA. (Educational Session)

Ashraf, A., Santos, S., Tovar, L., & **Krahwinkel, J.** (2013, February). *Soul talk: The path of building relationships*. Cross Cultural Issues in Counseling and Education Conference, Savannah, GA. (Educational Session)

Krahwinkel, J. (2012, February). *Effectively working with sexual minority supervisees*. North Carolina Counseling Association Conference, Greensboro, NC. (Educational Session)

Baker, S., Santos, S., & **Krahwinkel, J.** (2011, October). *The effects of scholarly writing assignment on self-efficacy*. Association for Counselor Education and Supervision Conference (ACES), Nashville, TN. (Poster Presentation)

INVITED PRESENTATIONS

Krahwinkel, J. (2016, 2017). *LPC process and post-graduation*. Old Dominion University, Norfolk, VA. (Workshop)

Krahwinkel, J. (2016, 2017). *Clinical supervision training*. Old Dominion University, Norfolk, VA. (Provided three 20-hour CEU trainings for local clinicians to meet state licensing board requirements)

Krahwinkel, J. (2015, March). *Working with LGBTQIQA populations*. East Carolina University, Greensboro, NC. (Classroom Guest Lecturer for COAD 6407 Social and Cultural Issues in Counseling)

Krahwinkel, J. (2015, March). *CSI doctoral job interview panel*. Old Dominion University, Norfolk, VA. (Roundtable Discussion)

Krahwinkel, J. (2013, October). *Signs and symptoms of abuse: How to help*. Wake Tech Community College, Raleigh, NC. (Classroom Guest Speaker for Paramedic Trauma Course)

Krahwinkel, J. (2013, March). *Surviving the negotiated exam*. North Carolina State University, Raleigh, NC. (Roundtable Discussion)

Smith, S. & **Krahwinkel, J.** (2012, October). *Applying IMR curriculum in an outpatient clinic*. Benchmark Institute, Raleigh, NC.

Krahwinkel, J. (2012, Fall). *Effectively working with sexual minority clients*. North Carolina State University, Raleigh, NC. (Classroom Guest Lecturer for ECD 653 Internship in Agency Counseling)

Krahwinkel, J. (2012, Spring). *Introduction and overview of Reality Therapy*. North Carolina State University, Raleigh, NC. (Classroom Guest Lecturer for ECD 642 Practicum in Counseling)

CLINICAL EXPERIENCE

Outpatient Counselor (May 2016 - May 2017)

Compass Youth & Family Services, Norfolk, VA

Completed comprehensive clinical assessments and conducted individual counseling sessions with adults and youth in an outpatient office setting. Wrote weekly case notes and quarterly treatment plans.

Senior Lecturer of Graduate Clinical Coordination (May 2014 - July 2016)

Old Dominion University, Norfolk, VA

Provided administrative and clinical oversight of master's and doctoral students practicum and internship experience including the application process, securing new site placements, troubleshooting site issues, creating professional development plans for students as needed, hosting regular Q&A sessions for students, and meeting with students as needed to answer practicum, internship, and counseling licensure questions.

Director of Outpatient Services (April 2012 - May 2014)

Fellowship Health Resources, Raleigh, NC

Provided clinical consultation and direct administrative supervision to associate and fully licensed clinicians regarding diagnosis, treatment recommendations, crisis intervention, ethical & cultural considerations, and policy & procedure implementation. Supervised office staff while being responsible for daily operations of a community based mental health clinic. Participated in agency wide administrative meetings to create policies and procedures. Provided individual and group counseling to outpatient clients.

Outpatient Counselor (March 2011 - May 2014)*Fellowship Health Resources, Raleigh, NC*

Conducted individual counseling sessions with adults in an office setting as well as group counseling focusing on women with trauma, depression/anxiety, schizophrenia, and medication management. Specialized in co-occurring diagnosis, substance use, Bipolar, Depression, Anxiety, Schizophrenia, PTSD, and relationships.

Outpatient Counselor (June 2010 - December 2011)*Changes by Choice, Durham, NC*

Completed comprehensive clinical assessments and develop treatment plans with individuals to establish therapeutic goals and objectives. Conducted individual and family counseling sessions for adults in an office setting. Specialized in co-occurring diagnosis, substance use, adjustment disorders, depression, and anxiety.

Outpatient Counselor (January 2010 - December 2011)*New Leaf Behavioral Health, Raleigh, NC*

Completed comprehensive clinical assessments and developed treatment plans with individuals to establish therapeutic goals and objectives. Conducted individual and family counseling sessions for children and adults in an in-home setting. Specialized in co-occurring diagnosis, child abuse and neglect, adjustment disorders, depression, and anxiety.

Counselor (August 2006 - December 2008)*Necco Therapeutic Foster Care, Owensboro, KY*

Completed mental health assessments on youth being admitted into foster care to identify and design treatment goals and needs. Conducted individual and family counseling for youth with a variety of mental health diagnosis. Specialized in Juvenile Sex Offender Counseling with individuals and families. Developed treatment plans, safety plans, and supervision plans for youth placed in foster care.

COMMUNITY SERVICE

Invited presentation on cultural competency at Hampton Roads Doulas: Norfolk, VA: October 2016

Raleigh OUT! Volunteer: Raleigh, NC: May 2013

Walk for Hope: Raleigh, NC: October 2012

Election day advocacy with Equality NC on marriage amendment: Raleigh, NC: November 2011

PROFESSIONAL ASSOCIATIONS

American Counseling Association (ACA), current member

Association for Counselor Education & Supervision (ACES), current member

Southern Association for Counselor Education & Supervision (SACES), current member

ALGBTIC, current member

AWARDS

2008 Power of Family Award: Hobb's Principles of Re-Education, Necco

INTERNATIONAL EXPERIENCES

Study Abroad

Antioch New England, Peru, Spring Break 2018 (faculty led)

Old Dominion University, Italy, 2015 (participant) and 2016 (faculty led)

Murray State University, London, England, 2002 (participant)

Presentations

Krahwinkel, J. (2015, July). *Careers in addictions counseling*. Career Counseling Institute, Reggello, Italy. (Educational Session).

Krahwinkel, J. (2013, May). *Counseling tips for working with lesbian, gay, and bisexual clients*. Universidad Pedagogica Nacional Francisco Morazan, Honduras. (Educational session via Virtual Presentation)

Service Learning

Bellevue Baptist Church, Keneiba, Africa: 2007

Bellevue Baptist Church, Juarex, Mexico: 2006

PROFESSIONAL WORK EXPERIENCE

Executive Division Director (January 2009 - August 2010)

Caring Family Network, Raleigh, NC

Managed four therapeutic foster care offices across the state. Developed policies, procedures, and business plans. Ensured staff and foster parents were trained effectively. Provided oversight of office's financial structure. Oversight of placement of foster youth, licensure of foster parents, and hiring/terminating staff.

Program Director/Counselor/CCC Regional Coordinator (October 2007 - January 2009)

Home Resource Coordinator/Counselor (July 2006 - October 2007)

Necco Therapeutic Foster Care, Owensboro, KY

Supervised staff and responsible for overall daily functioning in the office. Director of in-home services provided through CCC grant. Responsible for recruiting, training, and licensing foster parents by state regulations and company policies. Conducted individual and family sessions with foster youth, foster parents, and biological families. Created business, marketing, and recruitment plans. Organized fundraising events and activities to raise money to support activities for foster youth.

Case Specialist (October 2004 - July 2006)

Daviess County Drug Court, Owensboro, KY

Responsible for case management of adults participating in the program. Implemented treatment plans, conducted curfew checks, and facilitated an educational group. Ensured participants met program requirements including drug tests, secured employment, attendance in weekly drug court in front of the judge, and participation in counseling. Collaborated with judge, counselors, and probation officers on a regular basis.

Mental Health Associate (May 2003 - January 2005)

River Valley Behavioral Health, Owensboro, KY

Responsible for oversight of youth at school, in the group home, and on outings. Implemented behavior modification treatment plans and goals groups. Responsible for administering daily medication to youth, counting and recording medication. Wrote detailed shift summaries of clients about their day, issues, behaviors, and rewards. Participated in treatment team meetings with legal guardians, psychiatrist, and counselor.

RELEVANT PROFESSIONAL TRAININGS

Safe Space Ally Training (8 hrs) Joe Ritchie, Old Dominion University, 2015

Clinical Supervision in Virginia (20 hrs) Dr. Gerard Lawson, Virginia Counselors Association 2015

DSM-V (6 hrs) NBCC, PESI, 2013

Annual National Drug Court Conference (10.8 hours) NBCC, 2012

SAMSHA LGBT & Substance Abuse Train the Trainers (20 hrs) SAMSHA, 2012

Building Relationships with Families (24 hrs) Community Collaboration for Children, 2008

Juvenile Sexual Offending Counselor Certification Program (80 hrs), Dana Christensen, University of Louisville, 2008

Reality Therapy Certification Week (30 hrs) Marty Price, The William Glasser Institute, 2008
Reality Therapy Advanced Practicum (30 hrs) Mike Fulkerson, The William Glasser Institute, 2007
Reality Therapy Intensive Week (27 hrs) Dr. Robert Wubbolding, The William Glasser Institute, 2007
Reality Therapy Basic Practicum (30 hrs) Mike Fulkerson, The William Glasser Institute, 2006
Reality Therapy Basic Week (27 hrs) Robert Cockrum, The William Glasser Institute, 2006

REFERENCES

Dr. Danica Hays, University of Nevada Las Vegas, Executive Associate Dean and Professor, Dean's Office
4505 S. Maryland Parkway, MS 3001, Las Vegas, NV 89154, 702-895-3943, danica.hays@unlv.edu

Dr. Ed Neukrug, Old Dominion University, Professor, Department of Counseling and Human Services
4301 Hampton Blvd, Norfolk, VA 23529, 757-683-6497, eneukrug@odu.edu

Dr. Marc Grimmett, North Carolina State University, Associate Professor, Counseling & Counselor Education
2310 Stinson Dr., Poe 520, Raleigh, NC 27695, 919-515-2244, magrimme@ncsu.edu