

**Alice Thayer Scudder**  
723 Stage Rd  
Charlestown, NH 03603  
603-542-2015  
Cell 413-478-9640

## **S U M M A R Y**

Substantial experience as an Expressive Arts therapist and verbal counselor using movement, drama, art, music and poetry as a psychotherapeutic intervention. Skilled at employing a variety of creative interventions as well as working from a more traditional verbal approach. Highly proficient in facilitating groups and counseling offenders and individuals struggling with a wide range of psychiatric diagnoses, developmental disabilities and substance abuse. Considerable experience in crisis intervention and stabilization and the facilitation of trauma work.

## **EXPERIENCE**

**Senior Counselor**  
**Phoenix House Keene Center**  
**106 Roxbury Street**  
**Keene, NH 03431**  
**January 2013-present**

**Full Time**

Counsel individuals with addictions and co-occurring disorders in a residential treatment facility. Provide individual and group therapy, facilitate groups such as; Expressive Arts, Women's Group, Family Dynamics, Spirituality, Zen Recovery and Mindfulness. Manage a full case load of four to five clients. Specialize in the use of Dance/Movement Therapy and Expressive Arts as a psychotherapeutic intervention when clinically appropriate. Work with a multidisciplinary team in a program that serves complex client needs. Receive ongoing supervision and supervise Dance/Movement Therapy interns.

**Program Coordinator**  
**Creative Arts Therapist**  
**Brattleboro Retreat**  
**Brattleboro, Vermont**  
**2006-2013**

**Full Time**

Coordinating program development on a co-occurring disorders unit at a Psychiatric Hospital. Providing clinical services for addictions and psychiatric population that includes a comprehensive range of mental health services: psychotherapeutic groups, psychoeducational groups, skill building groups, dual diagnosis groups. Specializing in the use of Dance/Movement Therapy and Expressive Arts as a psychotherapeutic intervention when clinically appropriate. Working with a multidisciplinary team to develop a program that serves complex client needs. Receiving ongoing supervision and supervising and training as many as two interns each year.

**Adjunct Faculty**  
**Antioch University New England**  
**Keene New Hampshire**  
**2001-present**

Providing supervision and instruction Applied Psychology Department

primarily Dance/Movement Therapy and Counseling Program.

***Adjunct Faculty Russell Sage College  
Troy, New York, 2003-2005***

Instructor in Creative Arts and Therapies Department teaching: Introduction to Dance Movement Therapy to college students.

***Day Treatment Therapist  
Community Re-Entry Program/Springfield Transitions and  
Rehabilitation  
Center for Human Development  
Springfield, Massachusetts  
1997-2001, 2004-6***

Providing clinical services in a psychiatric day treatment and partial hospitalization that offers a comprehensive range of mental health services: therapy groups, skill building groups, co-occurring disorder groups, individual counseling, family support and psychiatric and nursing services. Specializing in the use of Dance/Movement Therapy and Expressive Arts as a psychotherapeutic intervention when clinically appropriate. Providing leadership, development and planning of psychotherapeutic and psychoeducational groups. Maintaining and counseling a full caseload of 8-12 clients. Receiving clinical supervision as well as providing clinical supervision for Dance/Movement Therapy Interns. Active participation in program development and implementation.

***Adjunct Faculty Lesley University,  
Cambridge, MA. 2001-3***

Providing supervision and instruction to first and second year dance/movement therapy students

***Day Treatment Therapist  
Highland Day Treatment, Springfield, Massachusetts  
1996-1997***

Providing clinical services for men and women with severe mental illness and addiction issues including the development, planning and leadership of both psychotherapy and psychoeducational groups. Maintaining and counseling a full caseload of clientele. Receiving ongoing clinical supervision and specializing in the use of Dance/Movement Therapy and Expressive Arts as a psychotherapeutic intervention when clinically appropriate.

***Day Treatment Therapist  
ServiceNet, Northampton, Massachusetts  
1993-1996***

Providing clinical services for men and women with mental illness and co-occurring disorders in a day treatment setting including the leadership of psychotherapy and psychoeducational groups for a diverse clientele. Working with a multidisciplinary team to develop a program that serves complex client needs. Maintaining an active caseload, receiving ongoing clinical supervision and specializing in the use of Dance/Movement Therapy and Expressive Arts as a psychotherapeutic intervention when beneficial for clientele.

***Dance/Movement Therapy Intern  
Brattleboro Retreat, Brattleboro, Vermont  
1992-1993***

Working with addictions and psychiatric patients using movement and expressive Arts as a psychotherapeutic intervention in an acute care, co-occurring disorders, inpatient psychiatric setting. Counseling patients individually and leading both psychotherapy and psychoeducational groups.

***Counseling Psychology Intern  
Wildwood Elementary school, Amherst, Massachusetts  
1991-1992***

Providing group and individual psychological counseling for students in crisis and with emotional, behavioral and learning difficulties.

**E D U C A T I O N**

M.A. Dance/Movement Therapy/  
Counseling Psychology  
Antioch New England Graduate School, 1993.

M. F.A. English, concentration, Poetry,  
University of Massachusetts, 1981

B.A. with Honors, Literature/Creative Writing  
University of California, Santa Cruz, 1978

**C R E D E N T I A L S**

Board Certified Dance/Movement Therapist  
American Dance Therapy Association, 1996

National Certified Counselor  
National Board of Certified Counselors, 1999

**O T H E R E X P E R I E N C E**

***Substitute Special Education Teacher  
Riverside County Education System, Riverside California  
1981-1986***

Teaching Special Education classes in elementary and secondary schools as a substitute teacher for students with developmental and physical disabilities as well as psychiatric and behavioral problems.

***Literature/Creative Writing Instructor  
Hampshire County House of Corrections,  
Northampton, Massachusetts  
1979-1981***

Teaching Creative Writing to a small group of incarcerated men, emphasizing creative writing as a therapeutic modality.

***Assistant Teacher  
Fred Finch Youth Center, Oakland, California  
1975-1976***

Counseling and tutoring children and adolescents with behavioral and psychiatric disorders at a residential treatment center.

**Instructor of English**

**Department of English, University of Massachusetts, Amherst  
1980-1981**

Teaching Rhetoric to undergraduates

**Karate Instructor**

**1981-2015**

Southern California and Western Massachusetts

37 years Martial Arts experience, American Japan Karate Association and  
San Shin Kai Iaido Federation.

**Head Pastry Chef**

**Bear Flag Cafe, Riverside, California**

**1984-1990**

Designing and creating all desserts for a fine restaurant