Tips for Integrating Quotations



Using too many quotes in a paper can make it seem like you don't have your own ideas about the topic. Try to use a **quote sandwich** for quotes and paraphrases to keep the emphasis on your own ideas. In other words, use your own words before and after the quote.



Introduce the Quote or Paraphrase: (bread on top)

You should always mention the author and connect the quote to what you said before. You can also optionally prepare your reader for the quote in one of the following ways:

- You can tell your reader how to read the quote (Examples 1 & 2)
- You can connect the quote (or paraphrase) to the larger academic conversation (Example 4)

Analyze the Quote or Paraphrase: (bread on the bottom)

After the quote or paraphrase (the sandwich meat/filling) you should include some commentary or an explanation of the quote. There are many ways to do this.

- You can reword the quote for emphasis or explain the implications (Examples 2 & 3)
- You can choose a key word or concept to expand on (Example 1)
- You can agree or disagree (or agree in part) with the quote (Examples 1 & 3)

Putting it all together: Quote Sandwich Examples

Sandwich Example #1: From Warren, E. What's Hurting the Middle Class



Putting it all together: Quote Sandwich Examples

Sandwich Example #2: From Rogers, M. Race and dignity: Freedom can't be left to chance.

