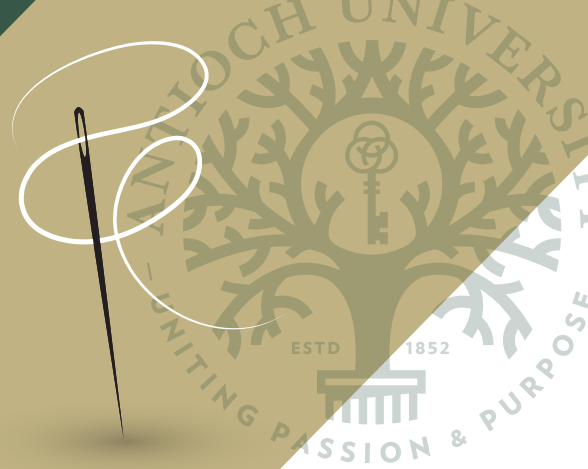


# Antioch University

## COMMON THREAD

NOVEMBER 22, 2016



### A Message from the Chancellor

ANTIOCH  
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Let me first express to all of you my very best wishes for the upcoming Thanksgiving holiday. I hope your time with loved ones and sharing in the comfort of family and friends will provide a respite from the tense weeks we've just experienced.

I shared some comments with faculty and staff two weeks ago on the day following the election. I wanted to share those thoughts and a few others with the greater Antioch community. Thanks for taking some time to read my comments, [posted here](#).

EVENTS

### AUSB Announces Symposium on Latino Mental Health, Education, and Community Engagement



On January 14, February 25, March 18, April 22, and June 10, 2017 Antioch University Santa Barbara will present a symposia series to that showcases practitioner-scholars and faculty from Antioch University's doctoral program in clinical psychology. Notable experts will share their research, knowledge, ideas, and expertise in matters related to the intersection of Latino/a mental health, education, and community engagement.

[Read more.](#)

NEWS

### AUS | "Free Warm Fuzzy" Mystery Puzzles Campus



It's a mystery! Ever since the 2016 general election, "free warm fuzzies" (puffs of yarn) have appeared all over campus and on social media. These puffs are accompanied by a note, offering the fuzzies to whoever finds them. The creator or creators of the fuzzies remain anonymous, crediting the puffs only to "The Universe."

Antioch University Seattle has a strong School of Applied Psychology, Counseling, and Family Therapy, which includes an art therapy department that emphasizes many of the values implied by these warm fuzzies. This connection leads some to believe a psychology student is behind the mysterious appearances, while others suspect that a compassionate cabal of BA Completion students are responsible. Other theories point to a conspiracy of faculty or a rogue administrator determined to spread kindness during uncertain times.

Whoever is behind this strange infestation of encouragement, these warm fuzzies truly show the Antioch community living its values of compassion through art!

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## AUS | PsyD Student Council Matches Mentors to Incoming PsyD Students



Starting an advanced degree can be intimidating, especially one that requires a commitment of more than five years. Between getting finances, class schedules, books, clinical training expectations, changes in family needs, etc., it can get rather overwhelming.

The PsyD Student Council takes this into account when arranging the mentoring program for the new cohort, which matches incoming students with more experienced Antiochians, based on shared interests, experiences, and sometimes “luck of the draw.” Mentors commit to connecting with new students on a regular basis, guiding them through the stresses of the starting the program, and offering advice on navigating the requirements of the PsyD program. As part of this process, the student council hosts their annual Meet and Greet on the first Friday of the fall quarter. This year’s event was held October 14th.

Guests shared a hospitable spread of snacks, filed requests for the Mentor Program, and participated in a “Human Scavenger Hunt.”

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## AUS | MAEd Student Annalise Ritter’s NAFSA Conference Experience



This October, Antioch University Seattle (AUS) graduate student Annalise Ritter co-presented at the NAFSA: Association of International Educators conference in Anchorage, Alaska. Ritter is currently working on a master’s degree in Urban Environmental Education, which AUS offers in partnership with IslandWood.

In this presentation, Ritter provided her personal narrative as a case study, discussing the active strategies she has used for career development in International Education.

While at this conference, Ritter also networked with NAFSA colleagues from all over the Pacific Northwest and elsewhere. In Ritter’s words, “As my first conference experience as an official attendee and presenter, it was an excellent chance to practice how to engage with strangers, how to explain my course of study, and how to get the most out of such professional experiences... I plan to attend more events in the future, and my bucket list has been lengthened by the need to explore the entire expanse of Alaska.”

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## AUSB | 2016 Cohort Completes Women & Leadership Program



Congratulations to the 14 women of the Antioch University Santa Barbara third Women & Leadership cohort who finished their final program residency in October. The group presented their work to an enthusiastic crowd of supporters and were awarded their certificates of completion. Women & Leadership is a 10-month hybrid program, designed for busy professional women who are ready to take their leadership to the next level of effectiveness, fulfillment, and impact.

[Read more.](#)

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## AUNE | Relationship in Psychotherapy: Dr. Jeremy Safran



An overflow crowd of students, faculty, and alumni gathered to hear Dr. Jeremy Safran give his talk on Mindfulness, Enactment, and Affect Regulation at the second Roger Peterson Distinguished Speakers Series on October 3rd at Antioch New England. Dr. Safran is Professor of Psychology at the New School for Social Research in New York City and author of numerous books on psychotherapy, including *Negotiating the Therapeutic Alliance: A Relational*

*Treatment Guide* with Dr. Chris Muran. Dr. Safran first offered a framework for his clinical practice and research, then engaged the audience in a conversation around video clips of psychotherapy that focused on his relational psychodynamic perspective.

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## AUNE | New Possibilities for Psychologists



Hospice and palliative care are extremely important parts of our health care system yet, psychologists have not traditionally played a big role in these areas. At the Hospice & Palliative Care Federation of Massachusetts annual conference, in Norwood, MA, on November 2 & 3, Lorraine Mangione gave a workshop titled: “Contributions of Creativity, Religion/Spirituality, and Culture to the Path Through Grief.” One track focused on this work with veterans at the

Bedford VA, one of the AU practicum sites and an internship. Those in attendance, mostly counselors, nurses, and social workers, seemed to resonate with the importance of these themes in grieving families and individuals. This was a very engaging and compassionate conference and future sessions are highly recommended for anyone who wants to become familiar with hospice and palliative care.

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## AUNE | BHI Delivers Symposium at American Evaluation Association Meeting



Antioch’s Center for Behavioral Health Innovation delivered a Symposium at the annual meeting of the American Evaluation Association, in Atlanta. BHI staff Johanna Wilson-White, John Erdmann, Megan Edwards, Jim Fauth, and George Tremblay all presented papers as part of a symposium titled, “Innovations and illustrations in program, evaluation, and reporting design from the world of behavioral and community health.”

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## AULA | 9<sup>th</sup> Annual Artistic Uprising



On Friday, November 11, 2017, artists and performers of all varieties participated in the 9th Annual Artistic Uprising to raise funds for the Bridge Program. The Artistic Uprising is an annual celebration of creative work, critical minds, and community engagement. Some of the art was sold in a silent auction to support the Bridge Program, which provides university level education for students who may not otherwise have access.

“What an honor it was for my team and me to host such a positive communal gathering. Each of our participants, volunteers, vendors and

artists made this event possible,” said Kayla. “Together, we successfully raised a yet-to-be finalized amount of money for our Bridge Program, and we are grateful for each dollar.”

Antioch University artists have been donating to the [Bridge Program](#) since 2008, when BA student (now alumna and Bridge faculty member) Cindy Short initiated the first Artistic Uprising in the cause of social justice.

[Read more.](#)

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## AULA | LGBT Specialization Alumni Present at Models of Pride Conference



LGBT Specialization Director and Associate Professor, Dr. Theodore Burnes as well as four Antioch alumni, presented at the 2016 Models of Pride (MOP) Conference on October, 29th. Held at the University of Southern California campus every year, the Los Angeles LGBT Center’s LifeWorks program hosts this free one-day conference with over 100 workshops, a resource fair, and a dance at the end of the night.

The workshop, “What My Teacher Didn’t Tell Me: Practical learning in working with LGBTQI youth” was moderated by Dr. Burnes. In it, the alumni focused on their experiences and the strategies they gained as LGBTQI youth workers.

On November 18th, Dr. Burnes and the alumni presented the workshop again at the Penny Lane Centers’ 8th Annual EDGY Conference – Embracing the Diversity of GLBTQ Youth & Families. EDGY is a one-day conference that offers tools for supporting and empowering gay, lesbian, bisexual, transgender, questioning youth, and families.

[Read more.](#)

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## AULA | Certificate in Web Development Featured in Time Magazine Online



AULA’s Certificate in Web Development was recently featured in *Time* Magazine online. The article, entitled “Software Boot Camps Are Getting Easier to Pay For” highlighted AULA’s partnership with Sabio Coding . The collaboration created an innovative model that allows students to pursue both college credits and a Certificate in Web Development. The certificate equips students for full-time careers in software engineering and provides an opportunity to work on real projects with actual entrepreneurs.

In addition, those who are selected to participate in the Web Development Certificate program are eligible for financial aid, including grants such as the Pell Grant, Cal Grant, or other grants that can be applied to the cost of tuition.

[Read more.](#)

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## AULA | Islamic Extremism and its Impact on the American Psyche



The Diversity Committee and the MA in Clinical Psychology Program sponsored "Islamic Extremism and its Impact on the American Psyche" on October 27, 2017. Drs. Layla Jilood and Zari Hedayat moderated a discussion following the showing of the CNN special, "Why Do They Hate Us?"

One attendee mentioned a story in Greg Morgenson's book, *Three Cups of Tea*, about an Afghani elder chief stating that in Islam, the first time we greet a newcomer, they are a guest; the second time, they are a friend; and the third, they are family.

Also, during the discussion, an attendee asked "What can I do about this? I don't want to leave here without having some sense of how I can make an impact," to which Zari referred back to the Afghani story. "You are doing something by being here...The more you all realize that you have Muslim neighbors, coworkers, and friends, the less they

will be a 'stranger' to you."

[Read more.](#)

PUBLICATIONS

## GSLC | Dr. Booyesen Contributing Editor for *Research Handbook of International and Comparative Perspectives on Diversity Management*

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GRADUATE SCHOOL OF  
LEADERSHIP AND CHANGE

Antioch University's Graduate School of Leadership and Change Professor of Leadership and Organizational Behavior, Dr. Lize Booyesen, is contributing editor of the newly published *Research Handbook of International and Comparative Perspectives on Diversity Management* (Edward Elgar Publishing, 2016). This Research Handbook offers, for the first time, a comparative approach to the current diversity management concerns facing nations.

Spanning 19 countries and across Africa, the book covers age, gender, ethnicity, disability, sexual orientation, national origin and the intersection of various dimensions of diversity. The multicultural and multi-country teams of contributors, leading scholars in their own countries, examine how the various actors react, adopt and manage the different dimensions of diversity. The book takes a multitude of approaches, from national to sectoral and from tribes to trade unions, but always with a comparative, multi-country perspective.

[Read more.](#)

*Thanks for all the positive feedback on Common Thread! We're shifting our schedule slightly to accommodate a monthly distribution starting in December.*

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