



## STAYING PRODUCTIVE

*"Writing is a deliberate act; one has to make up one's mind to do it." ~James Britton*

### Allow Success—or, Just Do It!

Remember that getting something down, regardless of what it is, can jump-start your overall writing process.

- ◆ Permit yourself to engage in the process; don't dwell on the product
- ◆ Write in small increments of time, regularly and at a convenient time of day
- ◆ Prepare your workspace, work there consistently, and keep it free of distractions
- ◆ Identify and respect your rituals for writing (e.g. when and where do you write best?)
- ◆ Plan daily goals
- ◆ Give yourself time to reflect
- ◆ Engage in conversations with others
- ◆ Keep a writing log for questions and tangential thoughts

### Persevere—or, Go With the Flow

Getting hung up on perfection is a sure-fire way to get writer's block.

- ◆ Allow mistakes
- ◆ Accept small successes
- ◆ Move to new subtopics when stumped



## Avoid Avoidance

It might seem like your writing time is also a great time to clean your house, but it isn't!

- ◆ Don't get sidetracked
- ◆ Don't accept new writing tasks
- ◆ Don't allow failure

## Writing Really is so Easy—Yeah, Sure!

Then why doesn't everyone do it? Just remember, momentum is key.

*"Writing is easy. All you do is stare at a blank sheet of paper until drops of blood form on your forehead." ~Gene Fowler*

*By Anne Maxham, Ph.D.*

*Director of Writing, Antioch University*