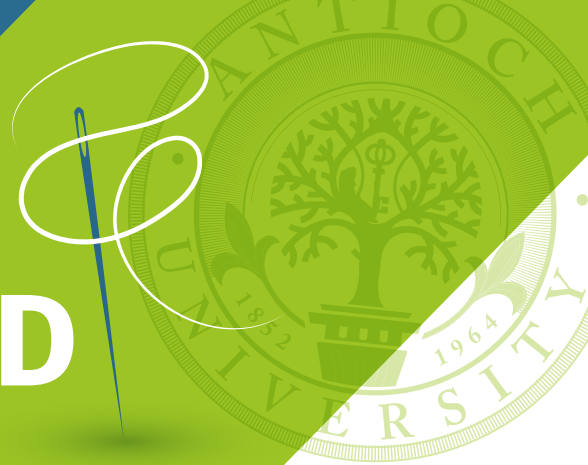


# ANTIOCH UNIVERSITY COMMON THREAD

AUGUST 16, 2016



## ANNOUNCEMENTS

### Antioch University | Message from the Chancellor, Bill Groves



Thank you to the staff and faculty from across the University who participated in the recent webinars on July 12 and 28. We will continue this format with additional information about the progress of the University and will feature other members of the executive team along the way.

In both of the recent webinars, I shared a lot of information and also tried to field questions that had been submitted prior to the meeting or posted during the sessions. In general, the areas that I wanted to stress focused on the University's academic enrollment strategies, compensation and benefits, the reorganization and continued Board and University actions to address the deficit and strengthen the institution going forward. [A summary of these items is found here.](#) Password: AU2016.

I continue to be amazed by the resilience of this wonderful institution, honored to be working with the staff and faculty to build on our strengths and meet our challenges head-on, and feeling more positive than ever about the directions underway.

Remember, please continue to send any questions to [chancellor@antioch.edu](mailto:chancellor@antioch.edu) and we will respond as promptly as possible. Continue to re-visit the Sakai site, One Antioch, for postings of updated information like the University budget, the academic and enrollment plans, and much more.

We will also be announcing a schedule for upcoming webinars focused on specific areas of work, academic directions with Vice Chancellor of Academic Affairs, Iris Weisman; advancement and fundraising efforts with Vice Chancellor of Advancement, Tim Forbess; financial health and wellbeing with Vice Chancellor and CFO, Allan Gozum; and, enrollment and marketing strategies with Vice Chancellor of Enrollment and Marketing, MB Lufkin. Please watch for these announcements.

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## AU | Digital Ecosystem



Thank you to everyone who responded to our request for feedback regarding the new website. Option A won the vote by a large margin with 70% of the votes. More information about content, photos and timelines will be available soon.

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## Antioch University Midwest is pleased to announce the hiring and appointment of Deborah Wilcox as chair of our Health and Wellness programs



Dr. Wilcox received her Ph.D. from Kent State University and previously taught at several Ohio universities including Central State University, University of Dayton and University of Cincinnati. Dr. Wilcox also conducted research in community based mental health agencies and psychiatric hospitals to better serve adult patients with dual diagnoses. Dr. Wilcox has a research interest in cultural competence and has worked with behavioral healthcare systems to develop culturally competent work environments.

"I value the long and rich history of the Antioch Higher Education tradition of pedagogy of praxis, which is discovery in the process of learning and working, and how students are placed in the center of their own education and life journeys with the opportunity for voice, choice, and empowerment. I am confident that adult learners achieve successful educational and career outcomes when they are provided the space to weave their own lifelong learning experiences through collective learning with other adult peers within a safe environment that permits them to be in authentic community," said Wilcox.

As the inaugural AUM Chair of Healthcare Programs, Dr. Wilcox will be focused on developing graduate and undergraduate programs to serve local and regional healthcare needs.

"The Antioch Higher Education tradition also values and promotes social justice within the praxis educational process, which fosters meaning making, reflection, application, and the search for new information that informs and deepens the learning experience. This educational approach supports the generation of new knowledge. In essence I contend that adult learners need encouragement to trust their own knowing, along with learning how to construct their own stepping stones through competent advising, applied research opportunities, experiential education, mentoring, coaching and participation in deliberative dialogue groups with peers, faculty and community members. These are the elements that attract me to AUM," said Wilcox.

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## Antioch University PhD Student, Kenneth Alexander, Elected First African-American Mayor in Norfolk, VA



ANTIOCH UNIVERSITY  
**Graduate School of  
Leadership and Change**

NORFOLK, VA and Dayton, OH – Kenneth "Kenny" Alexander, made history on May 3 when he claimed victory in the Norfolk mayoral race to become the first African-American to do so in that city's history.

Alexander, a student in Antioch University's PhD in Leadership and Change program, will take office on July 1. He has spent the past 20 years in public service, most recently as a state senator in VA. Previously he served as a Virginia state delegate for 10 years. In addition to his public service, he serves as president of Metropolitan Funeral Service in Norfolk.

"We are tremendously proud of what our students, past and present, are accomplishing to improve the world around them," said Dr. Laurien Alexandre, provost of the Graduate School of Leadership and Change at Antioch University. "Mr. Alexander's long time commitment to serving his community underscores the principles of our program – that engaging in change can better our workplaces, schools and communities across the country and globe. He's a groundbreaker and we're all very proud of him."

Alexander earned his bachelor's degree from Old Dominion University, and his masters from Norwich University. He enrolled in Antioch University's PhD in Leadership and Change program in 2015.

Antioch University's PhD in Leadership and Change program is an innovative and flexible program that incorporates a challenging interdisciplinary core-curriculum that focuses on leading change coupled with faculty-mentored, self-paced individualized learning. It is designed for experienced professionals who are committed to studying and leading change that improves the wellbeing of those they serve, and allows students to work full-time and live anywhere.

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## Ross Brown Joins Antioch University Santa Barbara's MFA Program



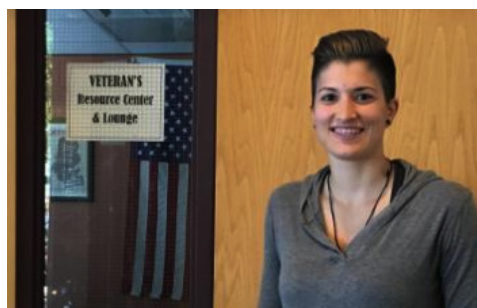
Ross Brown, MFA, recently joined the Antioch University Santa Barbara faculty as Director of the new Master of Fine Arts in Writing & Contemporary Media program set to debut in December, 2016.

Ross has an extensive background in writing professionally, especially in television. His career began on The Cosby Show, then he went on to write and produce such TV shows as The Facts of Life, Who's the Boss?, and Step By Step.

[Read more.](#)

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## Meet AUS Veterans' Affairs Rep Samantha "Sam" Krehel



Antioch University Seattle's (AUS) Veterans' Affairs Rep Samantha "Sam" Krehel is here to help support military veterans in the AUS community. Krehel is in her fourth quarter at AUS as an MA student in the Clinical Mental Health Counseling (CMHC) program. She is the new VA Rep work study student, and started in this job this Summer Quarter, 2016.

Krehel is currently preparing a grand re-opening of the VA Lounge on campus, located near the downstairs front entrance, next to the elevator. (She is pictured standing next to this door in her portrait in this article.)

Folks who are interested in helping her make the space more cozy are

welcome to donate a couch, loveseat, chairs, lamps, etc.

Krehel was in the US Army for eight years, from 2007 to 2015, where she earned the rank of captain. She earned her Bachelor of Science in Psychology and Systems Engineering from West Point Academy in New York, but says that "I would hate for people to be less comfortable around me because of that."

In fact, Krehel describes creating a family feeling with the soldiers she managed when providing HR services in the Adjutant General's Corps. "In passing, they'd mention a problem," she says, and that she would "be there for them, advocate for them" spreading a message of "it doesn't have to be all you." For example, she helped coordinate support for a soldier whose young son was suffering from a major illness, making sure that the soldier had childcare for her other children when she visited the ill child in the hospital. In Krehel's words, "We created our own little family." Krehel also served as a mentor, helping young soldiers learn life skills like how to manage finances and how to buy a car.

When it comes to switching from military life to civilian life, Krehel says "It can be really scary to get out of the military...Just trying to figure out what to do with your life." For example, she explained that when in the military, there is predictability in terms of job security and health insurance: "The military does a really good job of taking

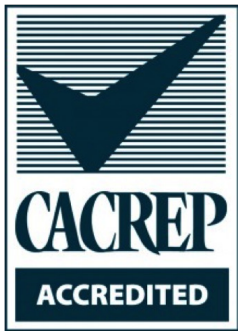
care of those things for you." Some military benefits continue into civilian life. For example, Krehel's VA benefits cover the cost of her AUS tuition, school supplies, and books, and also provide her with a monthly stipend for living expenses.

As an AUS student, Krehel wants to work with the prison population after graduation. She's married, and currently trains in jiu jitsu as a white belt. Krehl rides the ferry from Port Orchard whenever she comes to AUS, and says that "there's a bunch of us" from AUS "riding that ferry," and the hour-long ride provides an opportunity to do homework. She does not have human children, but she does have two dogs: Rupert and Koa.

If you have furniture or other items to donate to the AUS VA Lounge, please contact Krehel at [skrehel@antioch.edu](mailto:skrehel@antioch.edu) with a description of the item(s)!

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## AUS CMHC Master's of Arts Program Accreditation Extended



The Antioch University Seattle's Master's of Arts in Clinical Mental Health Counseling (CMHC) program has, as of July 21, 2016, had its Council for Accreditation of Counseling and Related Educational Programs (CACREP) accreditation extended through October 31, 2020. This is excellent news, as the previous CACREP accreditation was scheduled to expire on October 31, 2016.

The AUS CMHC MA curriculum not only meets CACREP accreditation standards, but also meets educational requirements for Washington State licensure in Mental Health Counseling, helping our students launch their careers.

In the words of AUS Academic Dean Jane Harmon Jacobs, "Accreditation by CACREP recognizes the highest standards of excellence for professional counselor education programs. Special thanks go to CMHC faculty members Ned Farley and Katherine Fort for shepherding the efforts to achieve full accreditation. The CMHC faculty, staff, students and Antioch University Seattle community celebrate this accomplishment. "

[Read more.](#)

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## AWARDS

### AULA | Theo Burns Awarded Outstanding Counseling Supervisor for 2016



The Supervision & Training Section of Division 17, has selected Antioch University Los Angeles Associate Professor Theo Burns as the Outstanding Counseling Supervisor for 2016. He was nominated by trainees and students who feel inspired by his clinical supervision.

At the end of July, during the International Congress of Psychology in Japan, Doctor Burns also presented "Jumping Out of the Textbook and into the Fire: Training and teaching gender diversity in Psychology Curricula".

Burns is a Core Faculty member of the AULA MA in Psychology program, as well as the Director of LGBT Specialization, and Director of LPCC Specialization.

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## Six AUSB MA Students Awarded Caregiver Scholarships



Six students from the Antioch University Santa Barbara MA in Clinical Psychology program: Kattie Bachar, Micasha Desilva, Pallavi Kumar, Amanda Lopez, Cindy Mayer, and Bianca Ruvalcaba, have received scholarships through the new Caregiver

Support Training Program. The recipients are all in the MACP program's Healthy Aging concentration.

[Read more.](#)

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## Antioch University Santa Barbara Awarded Continuation of Title III Grant



Antioch University Santa Barbara has received a notice of continuation of their federal Title III grant. The campus was awarded a \$1.6 million, five-year grant in 2014 to support college completion for students who are at risk of leaving college without a degree.

In addition to one-on-one academic support, the grant, under the leadership of Project Director Catherine Radecki, is focused on creating a pathway to post-graduation career success. Through the College-to-Career program funded by the grant, students learn pre-employment skills such as résumé writing, networking, and employment interview skills.

[Read more.](#)

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## EVENTS

### AULA | Do #Blacklivesmatter in America?



Antioch University Los Angeles' new Black Student Union (BSU) recently hosted a series of discussions concerning the recent violence against Black people in the U.S. and the uprising of community outrage. Attendees voiced their concerns, ideas, and opinions in an environment designated as a "safe space."

The Black Student Union (BSU) is a community of learners, who as African Americans, share common bonds, goals, and interests connected to culture and ethnicity. As a community within a community, the BSU is committed to the mission and principles of the university while also focusing on issues and concerns specific to its members. The goal of the AULA BSU is to establish a network of support, engage in civil discourse, push for social justice, and promote academic excellence on campus. "We want to serve as role models

and leaders in our community, operate as professionals in our fields, and as allies to establish inter-sectional bonds with fellow students," said BSU founder Tracee Green, a BA Alum and current student in the MA in Nonprofit Management program.

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## AULA Education Department Hosts the Better Together: California Teachers Summit



On July 29th, Antioch University Los Angeles was one of 38 sites that hosted the Better Together: California Teachers Summit. The Summit was a day of learning led by teachers, for teachers featuring TED-style “EdTalks” and “Edcamp discussions.” The Summit built a powerful network of peers across the state, and enabled teachers to share strategies for implementing the new California Standards in their classrooms. During Edcamp discussions, local teachers exchanged ideas in topics such as the California Standards in English/Language Arts, and Math, as well as the Next Generation Science Standards.

AULA hosted two TED-style EdTalks by local keynote speakers, Pedro Noguera, Professor of Education at UCLA, and AULA’s own Dr. Sylvie Taylor, Director of the Applied Community Psychology Specialization.

Pedro Noguera shared teaching stories and what he learned early on in his teaching career. He also described what he believes are the key points to becoming a highly effective teacher.

Dr. Taylor talked about the importance of being mindful of the communities in which schools live, because these neighborhoods are rich with resources teachers can leverage. Taylor also talked about creating a meaningful community within the classroom.

View photos [here](#).

Watch Dr. Noguera’s video [here](#).

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## Antioch University Santa Barbara to Host Perie Longo’s Summer Poetry Workshop



Antioch University Santa Barbara is proud to host Perie Longo’s Summer Poetry Workshop again this year during Saturday, August 20 and Sunday, August 21 on the AUSB campus.

Led by Perie Longo and featuring local poets David Starkey and Chrissy Yost, this two-day workshop will examine all aspects of the practice of poetry: crafting, writing exercises, discussion, publication advice, and the art of reading your poems aloud.

[Read more.](#)

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## AUS | Art Show Examines Duality



This month’s art show in the upstairs AUS atrium is *Shadows and Strengths: Embracing the Spectrum of Duality* by AUS Clinical Mental Health Counseling with Art Therapy MA student Julie Brenneise. The show features several paintings, some 3D pieces, and a collage that covers several walls and two pillars.

Every piece in the show provides a highly personal glimpse into Brenneise’s life experiences, and most pieces have a written accompaniment to illuminate and clarify the psychological processes behind the art. Most pieces focus on the relationship between the artist and her family of origin, and the ways that those

relationships have influenced her view of herself over the years, and her ways of relating to other people. The collage walls document her experiences in the 2016 India Initiative cultural immersion service learning trip.

Some works, like the acrylic on canvas painting *Alone*, (which depicts a young child curled up, surrounded by darkness), tell of both. In the accompaniment to the piece, Brenneise writes,

I don't understand why they are hurting me. My child's mind decides I must be unworthy of anything but pain and rejection. I am better off alone, safer because at least I can trust myself. Unable to trust connection, I have always had to face my struggles and challenges alone and I always will.

Extremely ill, dehydrated, and hungry, I sat on a Delhi street and sobbed. I knew I needed help and yet I couldn't bring myself to go into the food court and ask for help from the individuals I had just spent almost 3 weeks traveling with and trusting. I was bewildered and lost in my misery, unable to reach out for help. I've realized since then that I trust others only as much as I can protect myself from them. This was a lesson I learned early and thoroughly. Childhood trauma and family dynamics taught me that others will hurt me when they can, and I am only safe when I protect myself or isolate.

Her art therapy training shines through the entire show. The AUS School of Applied Psychology, Counseling, and Family Therapy often encourages its students to undergo emotional/spiritual/psychological therapeutic processing similar in depth and scope to the work the students will do with their psychotherapy clients. This collection of artwork, taken as a whole, shows a complex picture of one therapist-in-training as she undergoes just that sort of process, with bravery, candor, and skill.

In addition, Brenneise's documentation of the 2016 India Initiative trip extends beyond her inner, psychological experiences, and talks about the experiences of herself and other people as individuals together in the world. For example, several works on one of the wallages (collage walls) talked about the GuChuSum Political Prisoners movement of Tibet, which (to quote the explanation on the wall) "was established in 1991 by Tibetan former political prisoners. Their aim is to increase global awareness about the human rights violations currently going on in Tibet. They also provide education, medical care, economic assistance, food and housing to former political prisoners." Brenneise spoke with the daughter of a former political prisoner, and learned about the GuChuSum movement from an insider's perspective.

Brenneise and her colleagues on the India Initiative trip also saw the Dalai Lama speak at the Men-Tsee-Khang centenary celebration.

Brenneise wrote of volunteering with the Charan Khad community through the Tong-Len organization, spending time with children and painting a schoolhouse mural. She wrote of her sadness and frustration upon learning that this community was later given an eviction notice by the Dharmasala government, and is no more.

Every story in this art show is made personal through the connection that Brenneise makes with her audience, even when the stories tell of struggles experienced by whole communities, not just the struggles of one person. In Brenneise's words, "I invite you to walk with me through the chaotic, heart-wrenching, crowded and meaningful memories, lessons, and experiences."

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## **AUNE Conservation Psychology Institute in Jackson Hole, Wyoming Coming October 9-12, 2016**



The Conservation Psychology Institute is an interactive workshop that engages researchers and practitioners in real-world applications of conservation psychology concepts and tools.

Conservation Psychology brings scientific research to bear on the reciprocal relationship between human beings and the rest of nature, with an explicit

focus on encouraging conservation of the natural world. Three core areas of study include

- Motivating pro-environmental behavior
- Fostering the human connection with nature
- Crafting effective communication

CPI participants come from a variety of conservation, education, and sustainability-focused organizations, including zoos, aquaria, and botanical gardens; nature centers, national parks, and land trusts; universities, NGOs and government agencies; from the U.S. and from abroad. At the 3-day institute, participants learn through interactive research presentations, and participate in collaborative work that focuses on contemporary case studies and emerging challenges.

The CPI is a dynamic place to learn and develop professionally, and an opportunity to join a growing network of practitioners applying conservation psychology principles to their organizational mission, program design, and staff training.

Held at the historic Murie Center of the Teton Science School, this October's CPI will focus on encouraging active care for nature, addressing the knowledge to action "gap." engaging environmental and social identity in conservation communication, and fostering hope and resilience. The October Institute's faculty include Louise Chawla (UC Boulder), Nicole Ardoin (Stanford), and Libby McCann and Abi Abrash (AUNE).

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## Antioch University Seattle is Forming its Student Council



Under the guidance of Vice President for Student Affairs Shana Hormann, Antioch University Seattle (AUS) Clinical Mental Health Counseling MA student and Student Life work study employee Carina Ziegler has created an interim student council at AUS.

The PsyD program at AUS has its own student council, and the BA program has had its own student council in the past, but as of this July, thanks to the efforts of Ziegler and Hormann, AUS now has a campus-wide council.

Ziegler was encouraged to start the process by recruiting AUS students that she believed were likely to work on the council regularly. During the first meeting, which took place last week, the following students were in attendance:

- Andrew Rogers
- Carina Ziegler
- Julie Brenneise
- Lindsay Meagher-Swanson
- Sam Krehel
- Shelby Helle

These students hold multiple work study and volunteer positions across the AUS campus, and were hand-selected by Ziegler to help her establish the student council. Ziegler opened up the meeting by encouraging the group to focus on serving the student body, and particularly on helping to make the upcoming move to a new campus a positive one. Many possible future projects for the group were discussed, and will be worked on in following meetings. These projects will be reported to The AUS eNews as they become public.

Meagher-Swanson proposed that another important goal should be the creation of student council elections once the essential structure and functions of the council have been established. Upon deciding that their roles should later be filled by elected students rather than appointed or self-selected students, the group decided to refer to themselves as "Volunteers Forming the Interim Student Council" rather than as "The Student Council."

All members of the Interim Student Council are currently Clinical Mental Health Counseling MA students who frequently work on campus in administrative roles. The group decided that future student councils should aim



to recruit members from across the different academic departments in order to be more representative of the student body.

Therefore, another goal of the election process will be to advertise the student council election across campus, in the hope that students from all departments will participate. The Interim Student Council also elected Ziegler its Chair and Meagher-Swanson its Secretary.

The next AUS Student Council meeting will be held on Wednesday, August 24, 2016, at 2:00 p.m. Contact [Carina Ziegler](#) or [Lindsay Meagher-Swanson](#) for more information!

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## PUBLICATIONS

### Antioch University Los Angeles' Charley Lang published in "The Therapist"



The July/August 2016 edition of "The Therapist" —California Association of Marriage and Family Therapists' premiere magazine—featured a story by AULA's Charley Lang. In the piece, Lang shares a journey of growth and development as a former client healed from the trauma of childhood sexual abuse. Lang is the Co-director of the BA Psychology and Addiction Studies Concentrations and the piece, "Narrative Therapy Approaches in the Treatment of Trauma" will appear in the Professional Exchange section.

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### AUS Student Laura Ward Publishes "Dear Police" in The Seattle Times



On July 29th 2016, the Seattle Times published "Dear police: We need your help" a special opinion piece by Antioch University Seattle (AUS) Clinical Mental Health Counseling (CMHC) student, Laura Ward. Her piece was inspired by the Beloved Community challenge set forth by Antioch University Seattle's initial *A Time for Healing and Action* anti-racism meeting on July 15, 2016.

Ward writes, "I am part of the Black Lives Matter movement in Seattle. But I do not think that police officers are 'the problem...I believe in your good intentions. I believe that the majority of you chose your line of work because you want to help."

She argues that "when you unnecessarily shoot and kill black men, you make it impossible for us to keep lying to ourselves" about the systemic, institutional racism in the United States. Ward adds, "I implore you to step up and lead us to a better place now...There is only one way out of this mess: Let go of the lie and your own racism. Many of you will immediately react to that request by thinking, 'But I'm not a racist!' I understand that urge, but the justice system has been injected with the same systemic racism as our country."

She concludes, "I ask you to take this extremely courageous step on behalf of your country, because you are our leaders. You not only have the opportunity to build a better relationship with the black community, but you have an opportunity to model how we, as a country, can start to heal."

Read the full article [here](#).