

KIM BURDEN, MA, LCMHC, LCAT, BC-DMT, RDT/BCT, CP

kburden@antioch.edu

EDUCATION:

MA, Dance-Movement Therapy/Counseling Psychology, Antioch New England Graduate School, May 1996

Certified Practitioner of Body-Mind Centering®, School for Body-Mind Centering, 1994

MS, Physical Education/Dance, Indiana University, 1991

BS, Music/Arts Administration, Butler University, 1980 (cum laude)

PROFESSIONAL EXPERIENCE:

Private Practice Psychotherapist, 2006 – Present, Keene, NH

- *Specialization in body based psychotherapy, integration of dance/movement, drama therapy, psychodrama and expressive arts, trauma and abuse, eating disorders, anxiety and mood disorders, women's and LGBTQ concerns, adults with developmental disabilities, adolescent, young adults and integration of spirituality with counseling.*

Experiential Anatomy Instructor, January 2009 – 2012

Color Me Yoga Teacher Training Program, Wenham, MA

- *Develop and facilitate experiential anatomy curriculum for students in children's Yoga teacher training program.*

Adjunct Professor in Dance Movement Therapy and Counseling, January 2002-Present

Antioch University New England Graduate School, Keene, NH

- *Instruct master's level dance-movement therapy students in fieldwork placement course, expressive arts therapy, dance- movement therapy with adults, professional seminar, ethics and introduction to psychodrama courses.*

Drama Therapy Advisor, January 2008-Present

Antioch University New England Graduate School, Keene, NH

- *Develop and implement curricula for Alternative Track Drama Therapy students.*

Dance-movement Therapist, January 2001-Present

New Hope-New Horizons, Keene, NH.

- *Created and implement Dance/movement therapy and expressive programming at day services program for adults with developmental challenges.*

Outpatient Clinician, April 2003- September 2006

Granite Hills Behavioral Consultants, Keene, NH

- *Provided assessment, treatment planning and individual, group and couples therapy for adults with a variety of clinical diagnoses*

Psychodramatist and Action Team Member, January 1999 – September 2005 Therapeutic Spiral International

- *Participated in Team planning and coordination of intensive group psychodrama for trauma survivors.*

Program Coordinator/Dance-Movement Therapist/Drama Therapist, September 1997- July 2004

ACTING OUT Program, Monadnock Family Services, Keene, NH.

- *Facilitated outpatient expressive arts, movement, and drama therapy groups with adolescents and young adults.*

LICENSES AND CERTIFICATIONS

Licensed Clinical Mental Health Counselor: State of New Hampshire
Licensed Creative Arts Therapist: State of New York
Board Certified Dance/movement Therapist: American Dance Therapy Association
Certified Psychodramatist: American Board of Examiners in Psychodrama, Sociometry and Group Psychotherapy.
Board Certified Trainer: National Association for Drama Therapy
Certified Practitioner: School for Body-Mind Centering™
Registered Somatic Movement Educator and Therapist: International Somatic Movement Therapy and Education Association.

SELECTED PUBLICATIONS and PRESENTATIONS

- Burden, K. and Johnson, M. (2016, October) *Embodied Archetypal Rhythms of African Orisa in DMT Practice*. Presentation at the American Dance Therapy Association Conference.
- Burden, K. (2015, November) *Embodied Archetypal Rhythms of African Orisha: Rhythm, fluids and vitality*. Presentation at the BodyMind Centering Festival, Albany, NY
- Burden, K. (2015, March) *Embodied Archetypal Rhythms of African Orisa in D/MT practice*. Presentation at the New England American Dance Therapy Association conference.
- Burden, K. (2011, April) *Embodied Spontaneity: Psychodramatic Dance/movement therapy*. Presentation at the 2011 American Society of Group Psychotherapy and Psychodrama Conference.
- Burden, K. (2011, April) *Embodied Spontaneity: Psychodramatic Dance/movement therapy*. Presentation at the New England American Dance Therapy Association conference.
- Burden, K. (2010, October). *Dancing for Joy: Celebrating our Roots in Communal Rhythmic Dance*. Presentation at the American Dance Therapy Association conference.
- Tedmon-Jones, T. & Burden, K. (2010, October) *Developing Cultural Competence in Dance/Movement Therapy with LGBTQ Consumers*. Presentation at the American Dance Therapy Association conference.
- Burden, K. (2009, April). *Feeling the Fluids: Embodying the KMP Tension Flow and BMC Physiological Rhythms to Support Affect Regulation and Self Expression*. Presentation at New England American Dance Therapy Association conference.
- Burden, K. (2006, April) *Embodied transpersonal roles in dance and drama therapy for treating trauma: an integrated body-based expressive approach*. Presentation at the American Dance Therapy Association conference.
- Burden, K. & Amsden, K. (2004). *Voice and Body's Wisdom: Voice, Movement and the Therapeutic Spiral Model™*. Presentation at the 2004 National Association for Drama Therapy conference.
- Burden, K. and Cossa, C. (2007). *ActingOut: An Interactive Youth Drama Group*, in *Interactive and Improvisational Drama: Varieties of Applied Theater and Performance*. Blatner, A. and Weiner, D. eds. iUniverse, NY
- Burden, K. (2003). *The Impact of Dance-Movement Therapy on the Therapeutic Spiral Model™ of Psychodrama with Trauma Survivors*, presentation at the New England American Dance Therapy Association conference.
- Hudgins, K. & Burden, K. (1999). *Projective Identification and Trauma: an Embodied Approach*, presentation at the ASGPP (psychodrama) conference.

