

Tomoyo Kawano, PhD, BC-DMT, NCC, LCAT

Program Director/ Associate Professor

MA in Dance/Movement Therapy: Couple and Family Therapy

Antioch University New England

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EDUCATION

PhD (2016), Expressive Therapies, Lesley University, Cambridge, MA.

Dissertation: "Developing an Embodied Form of Data Analysis for Qualitative Interviews" - Committee: Robyn Flaum Cruz, PhD (Chair), Nisha Sajnani, PhD, Ben Spatz, PhD

MA (2004), Somatic Counseling Psychology, Naropa University, Boulder, CO.

Thesis: "Relational Differences between Japanese and American Women: Implications for Dance/Movement Therapy" - Advisor: Amber Gray, MPH, BC-DMT

BA (1996), International Relations, International Christian University, Tokyo, Japan.

Thesis: "Reality in Communication" - Advisor: Lester Edwin J Ruiz, PhD

TEACHING AND ACADEMIC APPOINTMENTS

Associate Professor (July 2020-present)

Program Director (July 2018- present)

Assistant Professor (July 2017- June 2020)

Antioch University New England, Keene, NH

Accomplishments: Redesigned Dance/Movement Therapy (DMT) master's program in partnership with Marriage and Family Therapy (MFT); Oversee the development and implementation of the low residency DMT Certificate in collaboration with Antioch Seattle's Creative Arts Therapy Institute to ensure program approvals; Submitted a six-year self-study to the American Dance Therapy Association's Committee on Approval; Supported DMT students' cultural exchange experience working with girls living in a shelter in Peru – facilitated debriefing, planning meetings, engaged in group facilitation and participation onsite.

Administrative duties: student advising; student mentorship; alumni mentorship; hire, coordinate and mentor adjunct faculty; review the curriculum and policies; oversee admissions application reviews and interviews; prepare and monitor program budgets; partner with program faculty to ensure timely student progression and academic success; engage in marketing efforts; serve on department and university committees; correspond with NEADTA and ADTA personnel and committees.

Courses taught: Professional Orientation and Ethics (hybrid); Psychopathology (on-campus); Research and Evaluation (on-campus); Social and Cultural Diversity/ Diverse Families and Communities (on-campus); Group Work in Dance/Movement Therapy and Counseling (on-campus); Clinical Appraisal and Treatment Planning (online)

Assistant Professor (July, 2015- June, 2017)

Adjunct Faculty (August, 2014; August, 2017-May, 2018)

Lesley University, Graduate School of Arts and Social Sciences, Cambridge, MA

Administrative responsibilities: academic advising; mentored international students and students of color; faculty mentor for Psychopathology course; assisted in the admissions process; event planning; assisted in the preparation of the ADTA self-study.

Courses taught: Orientation to Expressive Therapies (intensive, face-to-face); Dance/Movement Therapy Theory and Practice I (on-campus); Dance/Movement Therapy Theory and Practice II (hybrid); Dance/Movement Therapy: Integrative Seminar; Dance/Movement Therapy: Clinical Skills and Applications

(hybrid); Dance/Movement Therapy: Supervision I (online); Examining Power, Privilege and Oppression in Clinical Practice (on-campus); Psychopathology (on-campus); Research & Evaluation (hybrid, face-to-face); Thesis Seminar (hybrid, face-to-face)

Adjunct Instructor (January-May, 2015)

Johnson State College, Johnson, VT

Course taught: Creative Therapies

Instructor

Community College of Vermont, St. Johnsbury & Morrisville, VT (January, 2013-May, 2015)

Courses taught: Introduction to Psychology; Human Growth and Development; Introduction to Health Psychology; Introduction to Substance Abuse

Teaching Assistant

East Side Institute for Social Activism, New York, NY (January-May, 2013)

Created a virtual learning environment in which an international community of doctoral and post-doctoral learners created dialogues on educational, psychological and social issues.

On-line course: Social Therapeutics: Breaking through Alienation and Re-initiating Development

Adjunct Faculty

The Music School at Dutchess Community College, Poughkeepsie, NY (July, 2010-July, 2013)

Developed and implemented courses for the Music and Dance Institutes.

Courses taught: Musicianship through Movement; Ensembles; Improvisation and Composition; Movement and Expression; Communication through Movement

PROFESSIONAL & EDITORIAL ACTIVITIES

Chair, Education Committee, American Dance Therapy Association (Oct., 2020)

Co-Chair, Asian Pacific Islander Desi Affinity Group, American Dance Therapy Association (2019-Present)

Ad hoc Reviewer, *The Arts in Psychotherapy Journal*, Elsevier (2019-Present); *American Journal of Dance Therapy*, American Dance Therapy Association (2018-Present); Jones & Bartlett Learning (2019); *Journal of Training and Education in Professional Psychology*, American Psychological Association (2018-Present); *Frontiers Psychology - Clinical and Health Psychology* (2018); *Journal of Embodied Research*, Open Library of Humanities (2018)

Editor, *Critical Pedagogy in the Arts Therapies Online Journal* (2018-Present)

Member, Multicultural and Diversity Committee, American Dance Therapy Association (2017-Present); New England Chapter of the American Dance Therapy Association (2016-present)

Board Member, Arts for Peace (2004-Present)

Newsletter Editor/Board Member, NY State Chapter of the American Dance Therapy Association (2007-2010)

SUPERVISION EXPERIENCE

Faculty Clinical Supervisor (July 2016 - May 2017)

Lesley University, Graduate School of Arts and Social Sciences, Cambridge, MA

Provided individual and group clinical supervision for master's students engaged in dance/movement therapy and counseling practicum and internship.

Creative Arts Therapy License Supervisor (September, 2009-May 2010)

Life is Precious at Comunilife, Bronx, NY

Provided supervision to prospective licensed creative arts therapists with limited permits.

Clinical Site Supervisor (May 2007 - December 2010)

Long Beach Medical Center, Long Beach, NY

Provided clinical supervision for Pratt dance/movement therapy interns and Hofstra and Adelfi art therapy students. Engaged in planning, co-facilitation, debriefing of dance/movement therapy groups, individual therapy, and documentation.

CLINICAL AND OTHER ADMINISTRATIVE POSITIONS

Project Manager (July, 2013-present)

Arts for Peace, Poughkeepsie, NY

Correspond with members and board addressing fundraising efforts, grants, and project proposals.

Creative Arts Therapist (January, 2009-May, 2010)

Life is Precious at Comunilife, Brooklyn/Bronx, NY

Provided individual and group therapies to suicidal teenage Latinas; Supervised prospective licensed creative arts therapists with limited permits.

Dance Movement Therapist (February, 2005-May, 2010)

Long Beach Medical Center, Long Beach, NY

Individual and group psychotherapy for adult psychiatric patients; Assessed, documented, and updated progress with multidisciplinary treatment team; Supervised graduate students from Pratt Institute, Hofstra University, and C.W. Post; Provided in-service training to staff and local organizations.

Experiential Therapist (January, 2004- January, 2005)

Exempla West Pines at Lutheran Medical Center, Denver, CO

Facilitated groups (Dialectical Behavior Therapy; Wellness Education; Relaxation Skills; Dance/ movement Therapy; Life Skills) for adult psychiatric patients; Collaborated with interdisciplinary treatment team.

Milieu Therapist (September, 2004-December, 2004)

Residential Treatment Center of Boulder County Mental Health, Boulder, CO

Supervised chores and facilitated groups for youth who were in transition.

CLINICAL INTERNSHIPS/TRAINEESHIPS

Psychotherapist and Dance/Movement Therapist (2008-2009)

East Side Institute for Group and Short Term Psychotherapy, Brooklyn, NY

Facilitated individual and group therapy for adolescent and adult patients; Provided dance/movement therapy workshops as part of community health initiatives

Mental Health Counselor Intern (August, 2003-May, 2004)

Lost and Found Family Counseling Center, Denver, CO

Assessed, evaluated and counseled individuals and families affected by sexual and domestic abuse; Facilitated groups for teenage male sex-offenders

Dance/Movement Therapy Intern (September, 2003-May, 2004)

New Song School, Denver, CO

Facilitated dance/ movement therapy groups for children of Vietnamese refugees ages 3-6 to assist in their psycho-social-cognitive development

Dance/Movement Therapy Intern (August, 2002-May, 2003)

Friendship House of Boulder County Mental Health, Boulder, CO

Assisted adult clients with chronic mental illness utilizing basic attendance and dance/movement therapy; Supervised client chores and activities

PUBLICATIONS

Peer Reviewed Journals

- Kawano, T.** & Chang, M. (2019). Applying critical consciousness to dance/movement therapy pedagogy and the politics of the body. *American Journal of Dance Therapy*.
<https://doi.org/10.1007/s10465-019-09315-5>
- Kawano, T.**, Cruz, R. F., & Tan, X. (2018). Dance/movement therapists' understanding and attitudes regarding LGBTQI and gender nonconforming communities. *American Journal of Dance Therapy*. <https://doi.org/10.1007/s10465-018-9283-7>
- Kawano, T.** (2018). Transmission of the professional identity through an embodied artistic ritual: An investigation of a dance/movement therapy welcoming ceremony. *The Arts in Psychotherapy*, 57, 1-10.
- Kawano, T.** (2017). Developing a dance/movement therapy approach to qualitatively analyzing interview data. *The Arts in Psychotherapy*, 56, 61-73.
- Kawano, T.** 川野知世 (2017). [Current trends in dance/movement therapy graduate education in the US]. *Japanese Journal of Dance Therapy*, 10(1), 5-10.

Book Chapter

- Tantia, J.F., & **Kawano, T.** (2018). Moving the data: Embodied approaches for data collection and analysis in dance/movement therapy research. In R.F. Cruz, & C.F. Berrol, (Eds.), *Dance/Movement Therapists in Action: A Working Guide to Research Options*. (3rd ed.) Springfield, IL: Charles C. Thomas.

Manuscripts in Preparation

- Kawano, T.** Critical Failures and New Approaches in Arts Therapies Education. Manuscript in preparation.
- Kawano, T.**, Grayson, A., & Burden, K. Cultural Healing Dances and DMT. Manuscript in preparation.
- Kawano, T.** Book Review.

Conference Proceedings

- Young, J. , Chang, M., Grayson, A., **Kawano, T.**, & Allen, W. (2019, October). *Critical Perspectives of DMT: Activism and Application*. Columbia, MD: American Dance Therapy Association.
- Kawano, T.**, Chang, M., & Soor, J. (2018, October). *The Embodiment of Non-Binary Racial Experiences of Dance/Movement Therapists: Reflections of Three Generations*. Columbia, MD: American Dance Therapy Association.
- Kawano, T.** & Thomas, T. (2017). *Examining Power, Privilege, and Oppression in Dance/Movement Therapy Practice*. 52nd Annual Conference Proceedings. Columbia, MD: American Dance Therapy Association.
- Tantia, J. F., **Kawano, T.**, & Cruz, R.F. (2017). *Embodied Research Methods for Dance/Movement Therapists*. 52nd Annual Conference Proceedings. Columbia, MD: American Dance Therapy Association.
- Kawano, T.** (2016). *Dance/Movement Therapy as an Embodied-Artistic Approach to Analyzing Qualitative Interview Data*. 51st Annual Conference Proceedings. Columbia, MD: American Dance Therapy Association.

Kawano, T. (2013). *Building Connections through a Hiroshima Memorial*. 48th Annual Conference Proceedings. Columbia, MD: American Dance Therapy Association.

Kawano, T. (2011). *Dance/Movement Therapy as Radical Approach to Community Building*. 46th Annual Conference Proceedings. Columbia, MD: American Dance Therapy Association.

REFEREED CONFERENCE PRESENTATIONS

Millrod, E., & **Kawano, T.** (Upcoming). *Biculturalism in Dance/Movement Therapy: Insights from the Embodied Cultural Narratives of Japanese-American Educators*. American Dance Therapy Association Annual Conference, Montreal, Canada.

White, E., Chang, M., **Kawano, T.**, Lo, C., Bui, M., Wan Lok Chan, M., & Chong, F. (Upcoming). *Diversity within the 'A's: COVID-19, Stereotypes, and Asian and Asian American Dance/Movement Therapy Practices*. American Dance Therapy Association Annual Conference, Montreal, Canada.

Allen, W. Chang, M. Grayson, A., **Kawano, T.**, & Young, J. (2019, October). *Critical Perspectives of DMT: Activism and Application*. American Dance Therapy Association Annual Conference, Miami, FL.

Kawano, T., Chang, M., & Soor, J. (2018, October). *The Embodiment of Non-Binary Racial Experiences of Dance/Movement Therapists: Reflections of Three Generations*. American Dance Therapy Association Annual Conference, Salt Lake City, UT.

Terrell, D. & **Kawano, T.** (2018, April). *Ethnic and Racial Trauma in Graduate Students of Color: Voices from the Creative Arts Therapies*. Defining Trauma and Resilience Conference, Antioch University New England, Keene, NH.

Kawano, T. (2018, March). *Beyond Multiculturalism: Appraising the Roles of Oppressor and Oppressed in Dance/Movement Therapy Practice, Education, and Research*. New England American Dance Therapy Association Conference, Lesley University, Cambridge, MA.

Chang, M. & **Kawano, T.** (2018, March). *Non-binary Notions of Race*. New England American Dance Therapy Association Conference, Lesley University, Cambridge, MA.

Kawano, T. & Thomas, T. (2017, November). *Examining Power, Privilege, and Oppression in Dance/Movement Therapy Practice*. American Dance Therapy Association Annual Conference, San Antonio, TX.

Tantia, J. F., Cruz, R.F., & **Kawano, T.** (2017, November). *Embodied Research Methods for Dance/Movement Therapists*. American Dance Therapy Association Annual Conference, San Antonio, TX.

Kawano, T. (2016, October). *Dance/Movement Therapy as an Embodied-Artistic Approach to Qualitatively Analyzing Interviews*. American Dance Therapy Association Annual Conference, Washington, DC.

Kawano, T. (2016, April). *Dance/Movement Therapy as an Embodied-Artistic Approach to Analyzing Qualitative Interview Data*. New England American Dance Therapy Association Conference, Lesley University, Cambridge, MA.

Kawano, T. (2013, November). *Embodied Arts Therapies and Ritual as Transcultural Practices*. Expressive Therapies Summit [Conference], New York, NY.

Kawano, T. (2013, October). *Building Connections through a Hiroshima Memorial*. American Dance Therapy Association Annual Conference, Brooklyn, NY.

Kawano, T. (2012, November). *Improvised Dance-Music as Emotional Reflections of the Participants' Experiences of a Hiroshima Memorial*. Arts in Healthcare [Conference], Lesley University, Cambridge, MA.

Kawano, T. (2011, October). *Dance/Movement Therapy as Radical Approach to Community Building*. American Dance Therapy Association Annual Conference, Minneapolis, MN.

INVITED CONFERENCE PRESENTATIONS AND WORKSHOPS

Henry, A., **Kawano, T.**, & Garza-Mourino, R. (2020, May). *Zoom classroom challenges: Intensives, dance/movement, showing videos*. Antioch University Online.

Stewart, C. & **Kawano, T.** (2020, March 26-27). *Dance/Movement Therapy*. New England Regional ACDA Conference, Middlebury College, Middlebury, VT. <http://www.cvent.com/events/2020-acda-new-england-conference/event-summary-94f14f268d904a90ac4c1ac7c495d468.aspx> (Conference canceled due to COVID-19)

Stewart, C. & **Kawano, T.** (2019, November). *Dance/Movement Therapy Workshop*. Vermont College Dance Exchange, Middlebury, VT.

Kawano, T. (2019, November). *Introduction to Dance/Movement Therapy*. Invited presentation at Keene State College, Keene, NH.

Kawano, T. (2019, April). *Introduction to Dance/Movement Therapy*. Invited presentation at Keene State College, Keene, NH.

Kawano, T. (2018, September). In N. Sajani (Moderator), *Decentering US/White Arts Therapies Curricula: Challenging who is authorized and why in arts therapies training, supervision, and research*. Panel presentation at the Think Tank and Conference at School of the Art Institute of Chicago, Chicago, IL.

Dunham, J. & **Kawano, T.**, & Scully, B. (2018, June). *Supporting International Writer's Workshop (Online)*. Antioch University New England, Keene, NH.

Dunham, J., **Kawano, T.**, & Walsh, K. (2018, April). *Supporting International Writer's Workshop*. Antioch University New England, Keene, NH.

Tan, X., **Kawano, T.**, Whitehead-Pleaux, A., & Vu, K. (2017, February). *Beyond Power, Privilege, and Oppression: Courage for Social Justice in Clinical Settings*. New England Region of the American Music Therapy Association Continuing Education Seminar, Lesley University, Cambridge, MA.

Kawano, T. (2016, September). *American Academic Norms: A Primer*. International Student Orientation, Lesley University, Cambridge, MA.

Kawano, T. (2016, May). *Cross Discipline Classroom Activities that Foster Inclusion*. Faculty Development Day: Fostering Cultural Responsiveness and Inclusivity in Our Classrooms, Lesley University, Cambridge, MA.

Kawano, T. (2015, November). *Addressing Non-verbal Biases in Clinical Practice and Supervision*. Clinical Instructors Continuing Education Seminar, Lesley University, Cambridge, MA.

LICENSE AND CERTIFICATIONS

National Certified Counselor (NCC #294343)

Board Certified Dance/Movement Therapist (BC-DMT#1054)

Licensed Creative Arts Therapist in New York State (LCAT#000263-1)

UNIVERSITY SERVICE

Antioch University New England

University

Co-Chair and Faculty Advisor, Justice Leadership Council (Fall, 2017-Present)
 Committee for Elevating Black, Indigenous, and People Of Color (Summer, 2020)
 COVID-19 /Fall Campus Opening Task Force (Summer, 2020)
 Search Committee, Assistant Vice-Chancellor for Student Services (Fall, 2019)
 Search Committee, Dean/Associate Provost (Fall, 2018)
 One Billion Rising (Spring, 2018; 2019)

Department

Search Committee, Administrative Assistant to the CFT/DMT Department (Summer, 2020)
 Chair, Search Committee, Assistant Professor of Dance/Movement Therapy (Spring/Summer, 2019)
 Co-Coordinator, AP Collaboration and Community/Professional Development (2018)
 Search Committee, Assistant Professor of Clinical Mental Health Counseling - on-line (Summer, 2018)
 Search Committee, Assistant Professor of Clinical Mental Health Counseling - on-campus (Summer, 2018)
 Social Justice Task Force (Spring/Summer, 2018)

Lesley University

University

Faculty Life and Development Committee (2016-17)

School

Search Committee, Assistant/Associate Professor of Counseling Psychology, GSASS (2016-17)
 Co-Chair, Diversity Committee (2016-17)
 International Student Conversation, Global Education Center (2015-17)

Division

Interim Expressive Therapies Low Residency Coordinator (Fall, 2016)
 Expressive Therapies Low Residency Program Task Force (Spring, 2016)
 Expressive Therapies Capstone Thesis Task Force (Spring, 2016)
 Search Committee, Assistant Professor and Coordinator of Drama Therapy, GSASS (2012-13)

Community

New England Chapter of American Dance Therapy Association (NEADTA) Conference Co-Chair (2019) *Dancing Along the Continuum: Dance/Movement Therapy and Social Action*

Media

Interviewed by Lauren Wingenroth for *Dance Magazine*, Dec. 26, 2018 issue, "[Everything You Need to Know About Becoming A Dance Therapist.](#)"

Interviewed by Liz Shemaria for: [Alumni Magazine, Fall, 2019](#) issue, "Creative Arts Therapies."

PROFESSIONAL DEVELOPMENT

Universal Design for Learning International Summit – UDL-interested (and invested) educators from around the world convened to hear from people and engage in meaningful conversations as they pertained to UDL (2020), On Demand.

Dancing Around Race: Whiteness in Higher Education – Participatory immersion in discussions that highlighted how systemic racism shows up in higher education, and how capitalism, patriarchy, white supremacy, and settler colonialism restrict the possibility of shifting power dynamics (2020), University of Utah, Salt Lake City, UT

Cultural Literacy Curriculum Institute - Focus on the exploration of race and its implications for culturally responsive teaching, learning, and professional practice (2017), Lesley University

Post Graduate/Professional Certificate, **Social Therapy: Development and Social Activism** (2009), East Side Institute, New York, NY

HONORS AND AWARDS

Research Fellowship, Lesley University (2015)

Faculty Excellence Award, Dutchess Community College (2013)

Caught You Caring Award, Long Beach Medical Center (2007, 2008)

Naropa Grant, Naropa University (2002, 2003)

Honors Scholarship, Naropa University (2002)

ACADEMIC ADVISING

Antioch University New England, Environmental Studies Department, Doctoral Dissertation Committee, Internal Member (2018)

Lesley University, Division of Expressive Therapies, Graduate School of Arts and Social Sciences Doctoral Dissertation Committee Internal/External Member, Expressive Therapies (2017-Present)

Lesley University, Division of Expressive Therapies, Graduate School of Arts and Social Sciences Master's degree Thesis Advisees - 24 in 2016, 13 in 2017, 12 in 2018

ARTISTIC EXPERIENCE & DANCE PERFORMANCE (selected)

One Billion Rising (Raising awareness on gender-based violence), Feb 12, 14, 2020, Antioch University New England; Central Square, Keene, NH

One Billion Rising (Raising awareness on gender-based violence), Feb 12, 13, 2019, Antioch University New England; Central Square, Keene, NH

Dance; Arts for Peace/Uptown Progressive Action, Fort Tryon Park, Hiroshima Memorial, New York, NY, August 6, 2018 (Improvisation to Experiences #2 [Composer: John Cage] w/ vocalist Katherine Doe)

One Billion Rising (Raising awareness on gender-based violence), Feb 13, 14, 2018, Antioch University New England; Central Square, Keene, NH

International Women's Day Performance, Kingston, NY, March 8, 2014 (Choreography: Tomoyo Kawano w/pianist Valentina Shatalova)

Dance; Arts for Peace Hiroshima Memorial, New Paltz, NY, August 6, 2013 (Improvisation w/ flutist David Levy)

Lera Auerbach selected pieces; Musiclink Fund Raising Recital, Dutchess Community College, Poughkeepsie, NY, August 3, 2013 (Choreography: Tomoyo Kawano w/pianist Valentina Shatalova)

Lera Auerbach selected pieces; Faculty Concert; Dutchess Community College (Choreography: Tomoyo Kawano w/pianist Valentina Shatalova)

Dance; Arts for Peace Hiroshima Memorial, August 6, 2012 (Improvisation w/ flutist David Levy)

Fur Alina; Faculty Concert, Dutchess Community College, Poughkeepsie, NY, July 2012 (Improvisation w/pianist Valentina Shatalova)

Dance; Arts for Peace Hiroshima Memorial, Peace Park, New Paltz, NY, August 6, 2011 (Improvisation w/ flutist David Levy)

Dance; Arts for Peace Hiroshima Memorial, Peace Park, New Paltz, NY, August 6, 2010 (Improvisation w/ flutist David Levy)

Dance; Arts for Peace Hiroshima Memorial, Peace Park, New Paltz, NY, August 6, 2009 (Improvisation w/ flutist David Levy)

Dance; Arts for Peace Hiroshima Memorial, Peace Park, New Paltz, NY, August 6, 2008 (Improvisation w/ flutist David Levy)

Dance; Arts for Peace Hiroshima Memorial, Peace Park, New Paltz, NY, August 6, 2007 (Improvisation)

Komoriuta; Arts for Peace Hiroshima Memorial, Peace Park, New Paltz, NY, August 6, 2006 (Choreography: Tomoyo Kawano)

Nomi Nomi; Arts for Peace Hiroshima Memorial, Peace Park, New Paltz, NY, August 6, 2005 (Choreography: Tomoyo Kawano, Masami Murakami).

Lunar Opera; Lincoln Center Plaza, New York, NY, August 2000 (Composer: Pauline Oliveros; Dance direction: Julie Rose)

In Forward Motion Production (featuring Skadja); State University of NY, New Paltz, 1999 (Choreography: Alan Danielson).

In Forward Motion Production; Center for Performing Arts in Rhinebeck, NY, 1998 (Choreography: Deborah Noble)

In Forward Motion Production; Dance Theatre Workshop, New York, NY, 1998 (Choreography: Peggy Florin, Jean Churchill)

Nishino Ballet Company Production; Tokyo, Japan, August 1995 (Choreography: Akiko Nishino, Daisuke Takaya)