The Graduate Psychology Department

MA in Clinical Psychology

MA in Psychological Studies

Certificate in Applied Community Psychology

Cover images contain work from past students.
AULA’S STUDENT BODY represents a range of ages, cultural backgrounds, and life experiences. You’ll be recognized as an individual through small, intimate classes that emphasize writing and creativity over testing.

About Antioch University Los Angeles

Antioch University Los Angeles is a progressive, learner-centered university, a place where individual spirit thrives and community grows. With more than 8,000 distinguished alumni, AULA has been honored to serve the greater Los Angeles area since 1972. Our core values of social justice, service to community, and lifelong learning comprise the heart of our programs.

Our renowned psychology department provides students with a holistic and eclectic curriculum that emphasizes the role of psychology in the empowerment of students of all backgrounds to achieve their full potential. By utilizing a combination of theory and practice, academic excellence, and hands-on clinical experience, we have developed programs that encourage self-reflection, reward commitment, and challenge the status quo, to create lifelong learners.

Our instructors have a variety of experiences in traditional and non-traditional settings and disciplines. Faculty are in private practice, publish widely, and work for mental health agencies in the Los Angeles community. They are compassionate activists who strive to increase community resources and empowerment.
The Master of Arts in Clinical Psychology

Our Master of Arts in Clinical Psychology program is known for successful preparation of compassionate, highly-trained, multiculturally-competent therapists.

In this clinical track, students explore a range of theories and therapeutic techniques. The program meets the educational requirements for licensure as a California Marriage and Family Therapist (MFT) and—by including a small set of specific courses within the 90-unit degree—as a California Licensed Professional Clinical Counselor (LPCC).

Students may concentrate in one of a growing number of specialized areas of study.

"A lot of programs make a lot of promises. But what I’ve heard from clinical supervisors, and seen for myself, is that alumni from AULA’s psychology program tend to be a big step above the rest as far as their level of clinical awareness, insight, and empathy. The program has an amazing reputation within the field. For a new graduate, that’s really valuable.”

TYLER BAKER-WILKINSON, MA IN CLINICAL PSYCHOLOGY ‘11
Specializations

Students in the Master of Arts in Clinical Psychology choose from one of our unique and richly-stimulating specializations. Each specialization has a highly-regarded curriculum that is embedded in the program. The specializations were developed to enrich each student’s experience, increase appreciation for cultural diversity, and help develop a successful career path in a chosen area of interest.

Child Studies

The Child Studies Specialization prepares students to work with children, adolescents, and their families in a variety of settings, including private practice, community mental health clinics, hospitals, schools, and social agencies devoted to advocacy. In keeping with the mission of Antioch University, faculty and students are always aware of the social and environmental contexts in which children live, learn, and thrive.

Applied Community Psychology

The Applied Community Psychology Specialization emphasizes understanding people within their social worlds and using this understanding to enhance people’s well-being. It is a practice-oriented discipline that focuses on social issues, social institutions, and other settings that influence individuals, groups, and organizations. Students engage in hands-on fieldwork, skills-building workshops, and networking functions. Students create a portfolio documenting their work and accomplishments in the program so they can showcase their work to future employers.
The Applied Community Psychology Specialization has really equipped me with the resources and knowledge to work not only with individuals, but also with systems, like the L.A. County Department of Mental Health. The coursework focuses on the areas of mental health that the system is asking professionals for these days, such as prevention and promotion, developing workshops and groups, writing grants, etc.”

ROBYN SHULTZ, MA IN CLINICAL PSYCHOLOGY ’14

LGBT Affirmative Psychology

The LGBT Affirmative Psychology Specialization is an innovative program designed to provide comprehensive theoretical and practical preparation for students who wish to provide effective and compassionate treatment to lesbian, gay, bisexual, and transgender clients. Its mission is to develop the next generation of LGBT-affirmative psychotherapists and activists.

Spiritual and Depth Psychology

In the Spiritual and Depth Psychology Specialization students are trained in integrative psychotherapy through Jungian-based depth psychology and classical mindfulness, in support of self-transformation and skillful clinical practice within diverse communities. Students may take elective courses such as equine therapy and sand tray technique. They focus on personal development and inner work practice through meditation or yoga. This serves as the foundation for theory, experiential learning, clinical practice, and community building.
Psychological Trauma Studies

The Psychological Trauma Studies Specialization trains students interested in learning more about the acute and long term psychological impact of trauma and its treatment. Additionally, students analyze perspectives on the etiology and prevention of trauma as it applies in various contexts, from interpersonal violence to traumatized communities to military experiences, and from first responders to survivors. This specialization prepares students to work with those who have experienced trauma, in an effort to resolve its lasting effects.

Professional Clinical Counselor

The Professional Clinical Counselor Specialization is designed for students who are interested in development across the lifespan while focusing on career counseling theory and career-focused assessment techniques. It prepares students with the skills to work in a variety of different social-justice-focused settings, using career development and adult-development-focused strategies.

Throughout my time at AULA, from the very first class that I took, I could see that it was not only an academic investment, but an investment in my growth as a human being, and as a future professional. Every moment, every minute that I sat in a classroom, it was like a gift to myself.”

MARLI KAKISHIMA, MA IN CLINICAL PSYCHOLOGY ‘04

The GRE is not required for admission into the graduate psychology programs.
Addiction and Recovery

The Addiction and Recovery Specialization was developed in response to a rapidly-growing population of individuals, families, and communities impacted by addiction and a demand for more highly-educated addiction counselors. It prepares students to be culturally-sensitive and clinically-astute clinicians who understand the systemic causes and nature of addictive disorders, and are equipped to intervene in this societal crisis.

General Practice Specialization

Students who want a more generalized learning experience can opt for the General Practice Specialization, which allows them to take coursework in some or all of the specializations, as well as additional clinical skills courses.

Our Expert Faculty

Our Expert Faculty, who are both clinical practitioners and scholars, are at the cutting edge of their field. Instructors serve as mentors and advisors who make themselves available to students throughout the program.

Our unique combination of quarterly offerings and flexible scheduling match the needs of busy working professionals.
Master of Arts in Psychological Studies

Students who earn an MA in Psychological Studies will learn to apply skills in social science research and gain hands-on experience that they can use to further their career in psychology. This 48-unit degree is the appropriate choice for a student seeking a master’s degree in psychology for personal and professional development, en route to a different career goal, and/or academic preparation for doctoral study.

This non-licensure degree is designed for those who wish to engage in the in-depth study of social science principles and techniques that can be applied in business, the non-profit sector, mental health, and other settings. This degree does not fulfill educational requirements for licensure in California, but does provide students with introductory knowledge, attitudes, and skills in social science research.

The program provides students with the opportunity to pursue their individualized interests and develop projects aligned with their career goals. Students delve more deeply into topics of interest through the completion of a master’s-level project, such as writing a thesis, conducting original research, and/or implementing a community-based project.

"This was a really fabulous path for me. I wasn’t as interested in becoming a therapist as I was to really develop my skills as a career counselor. Receiving a master’s in psychology at Antioch University was instrumental to me receiving a promotion to a director position within my organization.”

JOANNE WEBB, MA IN PSYCHOLOGY ’12
Certificate in Applied Community Psychology

The Certificate in Applied Community Psychology is designed for individuals in the social and behavioral sciences or grassroots community organizing, who are interested in entering community intervention work and deepening their understanding of community life, while they develop practical skills for facilitating community and social change.

FINANCIAL AID is available to certificate students enrolled in at least four units per quarter.

OUR FACULTY are socially-conscious and engaged in their communities. Many consider themselves activists and work to increase community resources and empowerment.

"I learned so much from working with the other students in the Psychology program. We came from very different walks of life and had different goals, which greatly enriched our conversations, our learning, and ultimately expanded our understanding of the world."

GINA GONZALESREYNA, MA IN CLINICAL PSYCHOLOGY '00
## Program Details

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<tr>
<th>Program</th>
<th>Units and Length</th>
<th>Attendance Options</th>
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<tr>
<td><strong>MA in Clinical Psychology</strong></td>
<td>90 units, as few as 8 quarters, 24 months including academics and clinical training</td>
<td>Flexible Weekday/Weeknight: Offered fall, winter, spring, and summer</td>
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<td>One Day a Week Cohort: Offered Wednesdays or Thursdays in winter and Saturdays in fall, winter, and spring. Downtown weeknight cohort (three weeknights) offered fall and spring.</td>
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<tr>
<td><strong>MA in Psychological Studies</strong></td>
<td>48 units, 4 quarters, 12 months</td>
<td>Offered fall, winter, spring, and summer</td>
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<tr>
<td><strong>Certificate in Applied Community Psychology</strong></td>
<td>20 units, 15 months</td>
<td>Offered fall, winter, spring, and summer</td>
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### Ready to begin?
There is no waiting. Applications are accepted throughout the year, so you can start classes in the summer, fall, winter, or spring quarters, based on what works for you.

All required courses are offered every quarter. Courses are offered throughout the day and week, including on Saturday and Sunday.
Program Benefits

Flexible schedules for working adults
Our programs offer flexible scheduling options that make it easier to pursue your degree while you are working, so you can prepare for the future without sacrificing the present.

Professional Development Coursework
For no additional tuition or time to completion, students may take up to 12 additional units of coursework through the Professional Development Coursework option. Those completing the full 12 units (102 units total) will earn a “With Professional Development Coursework” designation as part of their degree and on their transcripts.

Path to licensure
The MA in Clinical Psychology program meets the educational requirements for MFT or LPCC licensure for students who complete the required amount of coursework and practice hours.

Career Options
Our students have changed people’s lives as:
• Addiction Counselors
• Human Resources Personnel
• Child Care Counselors
• Marriage and Family Therapists
• Community Organizers
• Mental Healthcare Program Coordinators
• Correctional Treatment Specialists
• Trauma Counselors
• Youth Counselors
• Grief Counselors
• Social Services Specialists

Individualized Advising
Advisors are committed to helping students plan their course of study and clinical training. In addition, each specialization has its own faculty who are experts in the field. They work closely with students to fashion a rich immersion experience that deepens their theoretical and applied knowledge.
Study Abroad

During the 3-week break at the end of some quarters, the Psychology Department offers one-to-two-week-long study abroad opportunities that allow students to earn units which enhance their multicultural competence. Past courses include trips to Kyoto to study Japanese approaches to mindfulness and mental health; to Southern France to learn Tibetan Buddhism’s relationship to contemporary psychotherapy; and to Brazil to study the scientific basis of spiritual approaches in clinical practice.
Clinical Training

The Clinical Training Office provides a variety of services designed to support students as they secure clinical placements and earn academic units by doing clinical training.

All students enrolled in the MA in Clinical Psychology program are required to complete 9 units of field-based clinical training, including a specified number of face-to-face hours engaged in counseling.

Students gain valuable experience under the expert supervision of licensed professionals, in settings such as community mental health centers, drug and alcohol treatment facilities, eating disorder programs, and schools. AULA has partnered with over a hundred training agencies throughout the Greater Los Angeles area, all of which share a commitment to rigorous training and high standards of ethics and professionalism.

AULA clinical graduates have high pass rates on the MFT licensure examinations.

"The Clinical Training Office is here to help students find training sites and guide them through the application process. We’ve also developed the curriculum to help students enhance career-building skills such as resume writing and interviewing techniques. We’re here as a resource for students from the very first day they enter the program, throughout the program, and even after graduation."

SARA LEDERER, PSYD DIRECTOR OF CLINICAL TRAINING AND CORE FACULTY
Admissions Process

At Antioch University, we value your academic background, yet also honor your individuality, creativity, life experience, and plans for the future. Applications are accepted each quarter, so there are multiple opportunities throughout the year for you to take that first step toward your goals.

Our Admissions team is here to assist you with every step of the admissions process, providing each applicant with the individualized attention that is central to the AULA experience. Our goal is to make the application process as straightforward as possible. Applying online is easy. Visit antioch.edu/los-angeles and click on “Apply Online” to get started.

We encourage you to contact us online regarding your specific questions. For more information, please visit antioch.edu/los-angeles/admissions

Admissions Checklist

- Online application form*
- Application fee or fee waiver
- Admissions essay
- Official transcripts

* Paper application available upon request

Where better to experience the vitality of our learning environment than directly in one of our classrooms? The Admissions Office can arrange for you to sit in on one of our classes so you can experience the AULA difference for yourself. Email admissions.aula@antioch.edu

Please check upcoming application deadlines at antioch.edu/los-angeles/deadlines
Financing Your Education

After you’ve been accepted into a psychology graduate program, finding a way to finance your education will probably become a top priority. While some students are able to pay for their education out of their own pocket, the majority of AULA students rely on other means of financial support including scholarships, grants, work-study opportunities, and student loans. In most cases, graduate students rely on more than one type of financial aid.

Figuring out how to pay for your education can feel overwhelming. Our Financial Aid counselors are committed to helping students navigate the various options available.

To learn more about your financial aid options, please visit antioch.edu/los-angeles/financial

Are you a Military-Connect student?
AULA participates in the Post-9/11 GI Education Enhancement Program, also known as the Yellow Ribbon Program. For more information visit antioch.edu/los-angeles/veteran-resources

The Financial Aid Office at AULA is committed to assisting our students in fully understanding the resources and options available to them. Contact us at finaid.aula@antioch.edu.
About Antioch University

AULA PURPOSE STATEMENT
Antioch University Los Angeles provides rigorous progressive education to prepare students for the complexities of today’s diverse societies. Combining dynamic scholarship and creative endeavor with experiential learning and reflective practice, AULA fosters personal and collective agency, global citizenship, and socially-conscious leadership.

ANTIOCH UNIVERSITY VISION
Antioch University aspires to be a leading university offering learners and communities transformative education, in a global context, that fosters innovation and inspires social action.

ANTIOCH UNIVERSITY
Antioch University provides learner-centered education to empower students with the knowledge and skills to lead meaningful lives and to advance social, economic, and environmental justice. With campuses in Keene, New Hampshire; Los Angeles; Santa Barbara; Seattle; and Yellow Springs, Ohio, Antioch University is a bold and enduring source of innovation in higher education. Inspired by the work of pioneering educator Horace Mann, Antioch University also includes the Graduate School of Leadership and Change, and Antioch Online. The University is a private, nonprofit, 501(c)3 institution and accredited by the Higher Learning Commission.