

Antioch University

COMMON THREAD

DECEMBER 20, 2018



HONORS

AUS | 2018 RIDE IN THE RAIN AWARDS



AUS participated in the city-wide *Ride in the Rain Challenge* for the month of November, 2018. More of a team celebration than a competition, the AUS Ride in the Rain team is focused on riding and having fun.

WHAT IS THE RIDE IN THE RAIN CHALLENGE?

Ride in the Rain is a fun and free competition to encourage friends and colleagues to experience firsthand the joys and benefits of riding a bike, even in the rain. The idea of the Challenge is to turn a common barrier to biking — inclement weather — on its head and celebrate biking during the rainiest month of the year.

AUS'S TEAM DID GREAT!

AUS scored first place for Total Distance Points for a university workplace (beating UW by 12 points!) and AUS also scored second place for Total Points, coming in just 48 points below UW.

Not only did AUS do well as a team in friendly competition with other teams, but AUS also handed out fun awards to members of our team, internally. Here are the results of the Ride in the Rain 2018 Awards:

Ride in the Rain 2018 Awards!!! As of 11/29/18

Most Miles = Tan Truong (272 miles!)

Longest Ride = Cori Adler (14 miles!!)

Most CO2 Saved (by commuting) = Meg Kelly (51 lbs!!)

Best Encourager = Keleigh Powers (for encouraging Cori!!)

New Rider = Heather Blaze (for first bike commuting in the rainiest month of the year!!)

Best Photo = Chalese Stevens (for awesome bike gear pic!!)

Shortest Ride = Kristopher Keil (only 2 miles – and you chose to bike anyway!!)

Best Ride Reason = Sara Whitney (“I ride to make the world a better place!!!”)

Read more [here](#).

AUNE | MARRIAGE & FAMILY THERAPY PROGRAM MAKES THE LIST



AUNE's MA in Marriage & Family Therapy has recently been featured on the [Best Master's In Marriage And Family Counseling Programs for 2019](#) list. The program was selected as one of 31 top-ranked programs in the United States by [onlinemasters.com](#), and also earned the added distinction of Best National Accreditation.

Barbara Montgomery, [onlinemasters.com](#) Program Recognition Manager, noted, “This speaks to the amazing work that your program is doing and demonstrates to our 100,000 monthly visitors that your program provides quality education that can help students with their career aspirations.”

AUSB | ALUMNA RECEIVES AWARD FOR WORK WITH YOUTH



AUSB alumna Jen Baron, Founder and Executive Director of *Girls Rock*, was honored by the Association for Women in Communications, Santa Barbara Chapter (AWC-SB) at their holiday party December 5th. She was presented with the Lois Phillips Founders Award for her efforts to help girls find their voices and become more confident through music. AWC-SB plans to adopt *Girls Rock SB* as their 2019 Nonprofit of the Year. Several *Girls Rock SB* students will perform at the party.

While at Antioch, a professor urged her class to design their dream jobs. Jen envisioned a nonprofit that used music to spark creativity and instill confidence in girls. When she launched the first summer program in 2012, one hundred girls attended. Today, the organization has grown to a community of more than 4,000 students who participate in after-school programs as well as day camps and sleep away camps during the summer.

NEWS

AULA | INCARCERATION NATION



To commemorate the academic tradition of convocation, AULA held a series of activities exploring a critical social justice issue of our time: mass incarceration. Convocation activities included lectures and events that discussed key criticisms and issues surrounding incarceration.

The convocation began with a reception for the photographic exhibit *Foot Soldiers for Justice* by Antioch Professor Emerita Stephanie Glass Solomon that documented the 50th Anniversary Commemoration of the 1965 Voting Rights Act. The event was also the kickoff for a “Get Out the Vote” campaign.

The Black Student Union sponsored two cultural humility workshop designed to strengthen the practice of solidarity and understanding of the four principles of cultural humility. The first was a closed workshop and the second an open forum that provided an opportunity for self and group assessment and reflection to improve and strengthen the community of solidarity at AULA.

On themes of trauma and recovery, the Healing Inside and Out panel aimed at exploring therapy, community, and artistic expression among those who have been incarcerated as a chance to heal. The panel was moderated by Dr. Erica Holmes, director of Psychological Trauma Studies Specialization.

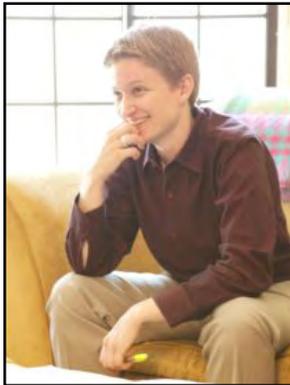
At the Urban Sustainability MA program’s Sustainable Supper, alumna and prison abolitionist Mary Sutton gave a lecture on the scientific and social science principles of sustainability as a challenge to incarceration. A conversation followed between Black women from Southern California, survivors who carry the psychological and financial burden of incarceration.

The Antioch University community read the book *The New Jim Crow: Mass Incarceration in the Age of Color Blindness* by Michelle Alexander. Community members then met and discussed the book. It was moderated by Bridge Program faculty, Cheka Abubakari, Tim Malone, and Anush Yezadzhyan.

Inside Out Writer’s Circle: Self Expression and Incarceration was held in partnership with InsideOUT Writers, a nonprofit organization that teaches creative writing to incarcerated youth and adults. Young people shared how they expressed themselves through writing and how it empowered them along the way.

Read the full article and view photos [here](#).

AULA | COOL COURSES SERIES: RESEARCH FOR MENTAL HEALTH PROFESSIONALS WITH CADYN CATHERS



“Many students are intimidated by the idea of learning research methods as they imagine that the course is designed to teach them to be scientists; it isn’t,” said Cadyn Cathers, MA, Affiliate Faculty for the MA in Psychology Program and Interim Co-Director for the LGBT Specialization in Clinical Psychology. “Research for Mental Health Professionals is designed to teach students how to be critical and thoughtful consumers of research.”

Cathers majored in biology at Santa Clara University and completed two years in a doctoral program in environmental toxicology at the University of California Riverside— he grew up wanting to be an environmental scientist— and his shift into the field of clinical psychology ten years ago was a significant turning point in his career.

“One of the things that I love about teaching research methods at AULA is bringing back that passion for the scientific method and sharing it with students,” he said. “There is something beautiful about the process by which questions asked by creative and curious minds can get answered (which usually leads to more questions, of course!).”

Read the full article [here](#).

AUSB | BANK GRANT WILL HELP LAUNCH 3+1 PROGRAM



Ashley Neilsen, Research Faculty and Director of Title III grant at AUSB, along with Dawn Murray, MS, PhD, Professor and Chair of the Undergraduate Studies program are pleased to announce that AUSB has received a grant from Union Bank for a limited number of scholarships to help launch the 3+1 Program. The program is designed to increase affordable and accessible education in the community and strengthen Antioch’s partnership with transfer partner, Santa Barbara City College (SBCC). The grant will also aid in developing a financial series for students and the community.

In an article in Noozhawk, AUSB’s new pathway for SBCC graduates who want to complete their bachelor’s degree was featured in an article on SBCC’s new evening college program for students working full-time day jobs who want to earn their associate’s degree. Read the full article [here](#).

GSLC | STUDENT HIGHLIGHTED FOR LEADERSHIP COACHING



Leadership Coach Steve Galloway was recently featured for his work by the Nebo Company.

The Nebo Company provides leadership coaching and professional development to leaders who want to make a positive difference in the world. Learn more about Steve [here](#).

AULA | MFA PROGRAM LAUNCHES INAUGURAL ISSUE OF THE ANTIOCH MFA CITIZEN NEWSLETTER



The MFA in Creative Writing program launched its inaugural issue of a newsletter last month, the Antioch MFA Citizen. The newsletter (distributed online) features alumni and student interviews, publications, achievements and news; details and special guests for the upcoming MFA residency; literary opportunities, and more.

In the November 2018 issue, watch current student Edmond Steven's field study video on the MFA program. Read an interview with MFA alum and former Editor in Chief of Lunch Ticket, Jessica Abughattas. See whose poem was awarded a Pushcart Prize in 2018... Spoiler alert. It was MFA teaching faculty and poet, Victoria Chang.

Read the Antioch MFA Citizen Newsletter [here](#).

GSLC | STUDENT IMPACTS WASHINGTON STATE'S POLICY AND LEGISLATION



GSLC student Kathy Hoffman's presentation entitled: *Substantially Similar: Exploring the Effect of Opioid Prescribing Legislation in Washington State through a Complexity Lens*, has been accepted for presentation within the panel, *Examining the Structures That Make or Break Equitable Decision-Making*, at the American Society for Public Administration's 80th Annual Conference this coming spring.

Kathy recently accepted an executive position with the Washington State Liquor and Cannabis Board as their policy, rules, and legislative coordinator for cannabis. In this new role she is responsible for developing cannabis policy and rules that are consistent with, enhance, and clarify current law. Additionally, Kathy serves as the agency's expert on agency cannabis laws, policies and rules providing policy analysis to the Director and Deputy Director, and influencing decisions regarding the development of policy and legislation related to cannabis.

AUNE | FACULTY TO PARTNER ON TWO-YEAR GRANT



Rachel Enoch, PhD, BCBA-D ABA Program Director and Sharon Fitzgerald, MA, LMFT, AUCFTI Clinic Director will be working together on a two year, \$150,000 grant funded by the Monadnock United Way. The grant is part of the Monadnock Region System of Care (MRSOC) project which Sharon manages, MRSOC Coordinator, Cheshire County, and the Monadnock Region Afterschool Collective (MRAC). The goal of the collective is to empower, support, and sustain afterschool collaboration that achieves positive social, health, and educational outcomes for youth in the Monadnock Region.

The collaboration with the Monadnock Region System of Care project and the Applied Behavior Analysis program within the Applied Psychology Department at AUNE will assist in providing these supports through acceptance based behavior management, staff training, and coaching.

Read more [here](#).

AUS | CELIA ARÁUZ: STUDENT FROM NICARAGUA CHOOSES DEGREE AT ANTIOCH



When Celia Aráuz came to the U.S. from her native Nicaragua, she didn't speak English well and was very intimidated to attend college, let alone begin her graduate studies. Upon doing research and discovering the master's program in mental health counseling at AUS, she was drawn to the school's social justice aspect. "As soon as I talked to program faculty and staff my fears and self-doubts disappeared," she said.

Aráuz wanted to be a psychologist since she finished secondary school, earning her bachelor's in the field of psychology at university in her home country. When she moved to the U.S. and settled in the Seattle area, she attended a bilingual community college while working part-time and learning to speak and write English.

By then Aráuz, a mother of two, had built up courage to apply for a position as a therapist specializing in working with child, ethnic minority and geriatric populations at a community counseling center in the city. Raised as a member of the middle class, Aráuz views had now changed because she became a minority.

"I had dreams and I needed to go back to school," she said. "I started to question if my English was good enough. I didn't think I could leave my husband while I went to school either." Her mother-in-law had completed her master's; her father-in-law was pursuing his law degree and she had friends who had their master's in counseling and worked as therapists. "I was surrounded by people who valued education," she said. "They were supportive of my idea."

Read more [here](#).

AUS | DR. BERGKAMP CONTRIBUTES TO LEGAL APPEAL OF FEDERAL PRACTICE THAT CRIMINALIZES IMMIGRATION



From left to right: Kelle Agassiz (AUS PsyD Fellow and research assistant) & Dr. Jude Bergkamp.

The federal defenders of San Diego recently requested the psychological expertise of AUS PsyD department chair Dr. Jude Bergkamp regarding the federal practice of Operation Streamline. This policy criminalizes unsuspecting individuals immigrating to the United States. Specifically, the federal courts process multiple defendants, ranging from 20-40 at one time with limited contact with defense counsel. In addition, these defendants are detained in immigration holding cells with conditions that are worse than most county jails. These proceedings sabotage the legal necessity that a defendant is knowing, intelligent, and voluntary.

Utilizing Dr. Bergkamp's experience with forensic psychological evaluations and research in cultural competency, the federal defenders asked for the application of relevant psychological concepts to the current application of Operation Streamline. For example, Dr. Bergkamp will provide insight regarding the impact of cultural factors, language, detention conditions, response set, and coercive tactics upon an individual defendant's capacity to be knowing, intelligent, and voluntary.

The project is in collaboration with the New York University Law School, which will incorporate Dr. Bergkamp's finding into an amicus brief as the beginning of a wider effort to appeal the current practice of Operation Streamline in the Supreme Court.

AUS | AUS TO CONTINUE OFFERING CLEMENTE VETERANS INITIATIVE IN 2019



Did you know that AUS hosts a free college course for all veterans? The 2019 Clemente Veterans Initiative course starts January 15, 2019, and ends for the year on June 20, 2019. There will be reading, writing, and conversation in the classes. The course surveys five humanities subject areas: Philosophy; US History; Art History; Literature; and Critical Writing, for a total of 120 hours.

Students who complete this program will receive a certificate of completion at the end and will have the option of fulfilling requirements for a transcript and transferable college credit from Bard College in New York.

Read more [here](#).

EVENTS

AULA | FALL LITERARY UPRISING



Each quarter, creative writers from the BA in Liberal Studies Program, MFA in Creative Writing Program, a faculty member, and an SMC creative writing student, read from their latest works at the Literary Uprising. For the Fall Lit Up, a fifth reader was added from Two Hawks Quarterly, the literary journal from the BA in Liberal Studies Program.

AULA was proud to have the following readers: Raphael Dirani an international student and a recent graduate of the Applied Arts and media degree; Lituo Huang, a writer from Jim Krusoe's SMC Advanced Fiction Class; Nick Wenzel, Two Hawks Quarterly intern; Adrian Ernesto Cepeda

MFA alum and author of the newly released poetry collection *Flashes and Verses*; and Terry Wolverton, faculty author of the recently released *Ruin Porn*.

"The most recent Literary Uprising was a wonderful evening, where current students, faculty and staff, alums, students from Jim Krusoe's Advanced Fiction class at SMC, and guests got to mingle, eat food, drink wine, and listen to an amazing, diverse group of readers," said organizer Alistair McCartney. "As always, it gave us a chance to come together and experience the community and creative connections here. The evening couldn't have happened without our wonderful Two Hawks Quarterly interns."

View photos from the event and the history of the Literary Uprising [here](#).

AUNE | ABA STUDENTS ATTEND THE 2018 CONFERENCE



Applied Behavior Analysis (ABA) students recently attended the 2018 New Hampshire ABA Conference in Manchester, NH. Shauna Nicholson, a second-year ABA student, said, "The experience proved to be everything I had hoped for, affording the opportunity to hear from knowledgeable and notable presenters and to engage with other professionals in an inviting and enthusiastic atmosphere."

Read more about their experiences [here](#).

AULA | WORLD AIDS DAY PERFORMANCE



AULA, Colors LGBTQ Youth Counseling Center, and QueerWise Company at Skylight Theater partnered together to host a performance of “Do you know the stories?” written by AULA adjunct faculty member Ken Pienkos for World AIDS Day. Dr. Enrique Lopez, Clinical Supervisor for Colors LGBT Youth Counseling Center, led the after show Talk Back on December 10th, 2018.

World AIDS Day takes place on the 1st December each year. It’s an opportunity for people worldwide to unite in the fight against HIV, to show support for people living with HIV, and to commemorate those who have died from an AIDS-related illness. Founded in 1988, World AIDS Day was the first ever global health day.

“We’ve crafted a powerful evening of story recognizing the history and memory of AIDS through more than three decades. The show processes intimate trauma with authenticity, audacity, and humor,” said Pienkos.

Read more and view photos [here](#).

AUS | DR. CURL AND DR. WILSON-POE EXAMINE HOW RACE IMPACTS CLASSROOM PARTICIPATION AT CONFERENCE



Dr. Heather Curl, teaching faculty in AUS’s School of Education, recently presented at the National Association of Multicultural Education (NAME) with colleague Dr. Chanelle Wilson-Poe at Bryn Mawr College. Their interactive presentation explored how racism in elite college classrooms can limit students’ participation, engagement and willingness to share their perspective. This, according to constructivist learning theory, has the potential to impact learning. Dr. Curl shared qualitative data from a study with first generation students of color in an elite college to unpack the role that race played in their participation in the classroom and what faculty, staff and administrators might do in response to these realities that students face.

Read more [here](#).

AUNE | RETIRED FACULTY MEMBER TO PRESENT AT NATIONAL MULTICULTURAL CONFERENCE AND SUMMIT



Retired Clinical Psychology faculty member Gargi Roysircar is giving a keynote on January 18th at the 2019 National Multicultural Conference and Summit (NMCS) in Denver, CO, on the topic Transformative Community Praxis, with an emphasis on how the theory and methods of international work domestically and globally can be applied in transforming communities and creating meaningful change that is informed by community voice.

She is also presenting a 4-hour skills-building workshop on January 15 at the 2019 NMCS on the Applications of the APA 2017 Multicultural Guidelines: An Ecological Approach to Context, Identity, and Intersectionality. Her co-presenters are Lisa Suzuki, PhD, Associate Professor, Counseling Psychology Program, New York University, Ashland Thompson, MA, MS, 5th year Predoctoral Intern in the Psychology Department at Central Regional Hospital in Butner, NC, Vincent Allen, PhD, APA Minority Fellow, Postdoctoral Intern, VA Hospital, South Georgia, and Melba J. T. Vasquez, PhD, ABPP, Former APA President and Psychologist in Private Practice, Austin, TX.

AUSB | MFA PROGRAM HOSTS AN EVENING WITH ACCLAIMED PLAYWRIGHT, SCREENWRITER, AND THREE-TIME EMMY WINNER JANE ANDERSON



The MFA in Writing & Contemporary Media program hosted a special event with celebrated writer and screenwriter Jane Anderson, with a live recorded interview by KCRW host Jonathan Bastian. The event was part of the MFA program's week-long residency.

Jane Anderson is an American actress, playwright, screenwriter, and director. She wrote and directed the feature film *The Prize Winner of Defiance, Ohio* (2005), and wrote the Nicolas Cage film *It Could Happen to You* (1994). She won an Emmy Award for writing the screenplay for the miniseries *Olive Kitteridge* (2014). She wrote *The Wife* (2107) starring Glenn Close and won an Emmy Award for writing the screenplay for the miniseries *Olive Kitteridge* (2014). Anderson wrote and directed several critically acclaimed television movies, notably *Normal* (2003), starring Jessica Lange and Tom Wilkinson; *The Baby Dance* (1998), starring Stockard Channing and Laura Dern; *The Positively True Adventures of the Alleged Texas Cheerleader-Murdering Mom* (1993), *When Billie Beat Bobby* starring Holly Hunter; and *If These Walls Could Talk 2* (segment "1961") (2000), which won Vanessa Redgrave an Emmy Award for her portrayal of an elderly lesbian prevented from hospital visitation with her dying long-time companion.

AUS | PSYD STUDENTS COLLABORATE WITH THE WASHINGTON STATE DEPARTMENT OF CORRECTIONS



Congratulations to AUS PsyD Chair Dr. Jude Bergkamp and his students. After Dr. Bergkamp was asked by the Washington State Department of Corrections to provide training on implicit bias for their diversity committee, his forensic psychology research group took on the task. They conducted a comprehensive literature review and developed a relevant training.

On Nov. 14, 2018, Dr. Bergkamp and students Stephanie Bowser, Kelle Agassiz, and Amber Silverwood provided the training at the DOC headquarters. Future collaboration with the Department is in the works, with possible research on the application of implicit bias in all aspects of correctional service.

GSLC | ALUMNA SHARES INSIGHT REGARDING DESIGN THINKING



Innovation and Change Consultant for Chesson Consulting Dr. Dani Chesson, has published *Meeting 21st Century Organizational Challenges with Design Thinking* in the *Organization Development Journal*.

Read the full article [here](#).

Dani is a business transformation consultant based in New Zealand. Learn more about her extensive work [here](#).

AUNE | DMT FACULTY CO-AUTHORED BOOK CHAPTER



Dr. Tomoyo Kawano has co-authored a chapter in the book, [Dance/Movement Therapists in Action: A Working Guide to Research Options \(3rd Ed.\)](#). The Chapter is entitled: *Moving the Data: Embodied Approaches for Data Collection and Analysis in Dance/Movement Therapy Research*.

AUSB | CHRISTIAN SCIENCE MONITOR ARTICLE ON WEB SERIES DIVERSITY FEATURES QUOTE FROM ROSS BROWN



A recent article in Christian Science Monitor discusses the intricacies of the developing and evolving market around web series, particularly programming featuring people of color and intersectional themes. In the past couple of years, there has been an emerging trend in which major networks such as HBO and BET are reaching out to indie online content creators for material to adapt to network programs. The question is, will this continue?

According to Ross Brown, program director for the MFA in Writing And Contemporary Media at AUSB, it will. Brown is quoted in the article: "In terms of diversity, I think it's great because there's a world out there on the internet where networks can go and find talent..." "As television has fragmented, that also opens up the door for more diverse voices."

The question the article leaves us with is less straightforward, wondering whether it will be possible for web series' to retain authenticity once absorbed by Hollywood. The control that networks have over an adaptation of content can deter some creators from allowing their work to be picked up.

Read the full article [here](#).
