

**Jennifer Hylton:**

Hello Lorraine,

Thank you so much for keeping in touch with graduates. This gives a sense of belonging to a place that created such a life changing career for me. I graduated Antioch 20 years ago, WOW! I currently own and operate three mental clinics in Massachusetts including a substance disorder program with seventy (70) plus employees. We provide an array of services all of which we transferred to Telehealth in mid-March. Some difficulties we face is the lack of proper technology with some of the clients we serve. They do not have internet or smart phones, living accommodations do not allow the privacy for therapeutic sessions, or they are ill themselves or have family members who have COVID-19 and, in some cases, have died. The clinicians have implemented some creative ways to keep children on the phone with Zoom. I have one who engages the kids in her gardening projects and they follow the progress each session while incorporating an intervention. The good news is that all staff have remained on the payroll and all services are still deliverable. We have weekly supervision and staff meeting via Zoom to make sure we stay connected and encourage self-care during this crucial time. Please visit our website at [CACWorcester.org](http://CACWorcester.org).

Best wishes and stay safe!  
Jennifer Hylton, Psy.D

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[www.cacworcester.org](http://www.cacworcester.org)  
[www.substancefreeworcester.org](http://www.substancefreeworcester.org)

## Ted Austin

Don't know why these Rome-area high schoolers continue to provide me hope during these dark times. This time, it's a song my grandmother used to sing to me - or so I can recall.

Ridiculous, isn't it? I mean, we all find hope where we can, but still...

<https://www.youtube.com/watch?v=E75RdpsPBPQ>

Been with our Department about 5-6 years, teaching.....  
My practice is in Warner, New Hampshire. About halfway between Concord and New London.

Hi Lorraine. Sent this to my pro-sem group. Thought you might be interested, as it's the youth of Rome. My peeps. And yours, at least in terms of nationality.  
Plus, you know who Crosby, Stills and Nash was.

Hi all-

We're currently processing, in AEDP's own inimitable style, how the present situation presents a fundamental paradox - how we need to be connected through all of this present difficulty, but physical connectedness is, to say the least, problematic. So, we look for whatever shards of connection we can, and hope that it's enough to soothe our pain, our grief, and our considerable fear. Virtual connectedness is a distant proxy of physical, face-to-face presence, but it will have to do, for now, and perhaps for a while.

As such, we turn to something that we all know offers a sense of connection and, at the same time, provides a conduit for affective expression. Specifically, song. My people - the Italians, have been doing this in droves recently, as you've likely seen.

I offer the following, an old Crosby, Stills, and Nash song, sung by the youth of Italy - specifically, high school students from Rome - to offer a bit of respite in this terrible, frightening time. I hope it offers you some peace in the same way it did for me.

Please, stay connected, and I hope all of you can find some peace during what is, for sure, the scariest time of my 49 years.

The song is "Helplessly Hoping" by CS&N. It's sung here *il coro che non c'è* ("the chorus that is not there," kind of translated as "alone acapella") by the youth of Italy and Spain.

Be well.

<https://www.youtube.com/watch?v=KtX1r0SzxII>