

## CV

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Ph.D. Candidate, Counseling: Counselor Education and Supervision  
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### ***Profile:***

- Approved Clinical Supervisor (Washington State Department of Health)
- Experienced Clinician and Counselor Educator
- Strong Professional Counselor Identity
- Knowledgeable in CACREP (2016) Standards and Requirements
- Experience with Diverse Higher Education Delivery Methods (Face to Face, Hybrid, Online)
- Specialized Training in Intimate Partner Violence, Systemic Interventions
- Strong Background in Humanistic, Relational, and Postmodern Counseling Orientations
- Experience with Nontraditional, Diverse Students

### ***Personal Summary:***

A highly competent counselor educator with expertise in social justice, family violence, cultural and intergenerational trauma, and critical community and liberation psychologies. A proven record of successful instruction, supervision, and mentorship at the graduate level. Fosters an energetic and vigorous learning environment through experiential, inclusive classroom leadership.

### ***Professional and Research Interests:***

- Counselor Education and Intimate Partner Violence Literacy
- Technology Assisted Counselor Education and Supervision
- Qualitative and Participatory Research Methods for Social Transformation
- Postmodern, Constructivist, and Experiential Approaches to Counselor Education

### ***Education:***

**Doctor of Philosophy (Exp. September, 2019): Counselor Education and Supervision (CACREP).** Oregon State University, Corvallis, OR. Dissertation: Mental Health

Counselors' Emic Experience of Intimate Partner Violence Stigma in Counseling and Clinical Supervision. Dissertation Chair: Deborah Rubel, Ph.D.

**Master of Arts in Counseling Psychology: Community Counseling.** Lewis and Clark College, Portland, OR (2012). Emphasis: Intimate Partner Violence, Counseling with Native American/First Nations Communities, Critical and Liberation Psychologies

**Bachelor of Arts in Art: Interior Design.** Marylhurst University, Marylhurst, OR (2004) Emphasis: Housing for Underserved and Disadvantaged Populations, Social Services Agency Design, Sustainable Design, Community Building, Leadership

### *Teaching Experience:*

**Teaching Faculty:** Antioch University Seattle, Department of Applied Psychology, 2016-Present. Courses Taught (Clinical Mental Health Counseling, Couple and Family Therapy):

- Case Consultation (Internship Supervision)
- Human Growth and Development Across the Lifespan
- Communication and Counseling Skills (Basic Skills)
- Tests and Measurement
- Multicultural Perspectives
- Trauma, Disaster, and Crisis Counseling
- Psychopathology
- Psychodiagnostics
- Doctoral Internship Supervision

Service and Leadership: Course Development, CACREP Reaccreditation Committee, Student Advisory Committee, Hiring Committee, Academic Advising, Program Development: Green Cross Academy of Traumatology Training Site, Program Development: Hybrid/Online Supplemental Learning

**Core Faculty: Saybrook University, Department of Counseling, 2017-2018.** Duties: Develop and Implement Low Residency CACREP-Aligned Clinical Mental Health Counseling Program, Doctoral Program in Counselor Education and Supervision using Technology Assisted Strategies for Improved Access and Social Transformation. Academic Advising. Service and Leadership as Required.

Courses Taught:

- Basic Counseling Skills
- Lifespan Development

- Group Counseling and Leadership
- Clinical Practicum/Internship
- Ethics and Professional Orientation
- Research Methods and Statistics
- Counseling Theories

Service and Leadership: CACREP Program Development, Clinical Internship Coordination, Conference Planning Committee, Real Estate Development Committee

**Adjunct Faculty:** Antioch University Seattle, 2015-2016, Clinical Mental Health Counseling

**Adjunct Faculty:** Marylhurst University, 2006-2008, Department of Interior Architectural Design

**Adjunct Faculty:** Portland Community College, 2006-2007, Department of Interior Design

#### ***Community Development and Advocacy:***

Island County Community Health Improvement Program (CHIP) Participant Advisor, Interdisciplinary Collaboration, Workgroup Participant. Mission: Address and Resolve Interpersonal Violence in Rural Island County.

Whidbey Island Therapy Center (Planning and Development) Program Development, Interdisciplinary Collaboration, Consultation. Mission: Provide High Quality Mental Health Counseling to Rural Underserved

Whidbey Veterans Resource Center (Volunteer). Mission: Develop Telemental Health Services for Rural Veterans

Clackamas Women's Services (Volunteer) Youth Education Group Facilitator, University Panel Speaker, Interagency Coordinator, Victims' Advocate Batterer Intervention Facilitator. Mission: Develop and Implement Community Awareness Raising and Prevention Efforts to Reduce Dating and Domestic Violence

Panelist: Community Domestic Violence Intervention Domestic Violence Task Force Portland State University, 2012. Mission: To Describe, Explain, and Empower a Holistic Approach to Addressing Domestic Violence

#### ***Clinical Experience:***

**Licensed Mental Health Counselor, Consultant:** Private Practice, 2012-present. Community engagement, career counseling, program development; individual, couple, family, and group counseling, documentation (intake, progress notes, etc.), treatment planning, assessment and diagnosis, consultation

**Mental Health Professional (MHP):** Sunrise Community Mental Health Services, 2014. Intake and assessment, diagnosis, individual adult outpatient counseling, documentation, consultation, continuing education, case management, addiction recovery support

**Group Counselor:** ChangePoint Domestic Violence Intervention and Substance Abuse Treatment January, 2010-2012. Curriculum development, group counseling for court mandated domestic violence and substance abuse clients

**Youth Education Advocate/Group Counselor:** Clackamas Women's Services February 2009-2012. Curriculum and program development, group counseling for "at risk" teens and domestic violence survivors, community engagement

**Counseling Intern:** William Temple House, 2012. Individual adult outpatient counseling, documentation, treatment planning, assessment and diagnosis, consultation

**Counseling Intern:** Jewish Family and Child Services, 2011. Individual and group counseling, assessments, documentation, consultation, case management

**Public, Affordable, and Transitional Housing Designer:** Michael Willis Architects, Myhre Group Architects, and Clark Kjos Architects 2002 - 2008. Housing advocacy and design, development of public, affordable, and transitional housing and services for vulnerable communities, interagency coordination, sustainable design

#### ***Professional Memberships:***

American Counseling Association (ACA)

Association for Assessment and Research in Counseling (AARC)

Counselors for Social Justice (CSJ)

Association for Counselor Education and Supervision (ACES)

Western Association for Counselor Education and Supervision (WACES)

Washington Mental Health Counselor Association (WMHCA)

#### ***Certifications:***

Licensed Mental Health Counselor, Washington State

Approved Clinical Supervisor, Washington State

National Certified Counselor, National Board for Certified Counselors  
Board Certified Telemental Health Provider (BC-TMH), Center for Credentialing  
Education

***Conference Presentations:***

ACES, 2019. Education Session: Social Justice Implications of Technology-Assisted  
Counselor Education

ACES, 2019. Round Table: Strategies for Developing Accountability Processes for  
White Counselor Educators

ACES, 2017. Round Table: Teaching Telemental Health for Social Justice Advocacy.