**William L. Friedrich, PhD, LCMHC, NCC**

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­­­­­­­­­­**EDUCATION**

NORTH CAROLINA STATE UNIVERSITY, Raleigh, NC

Ph.D in Counselor Education & Supervision, May 2015

         Cognate: Grief Counseling

Dissertation Topic: *Death, Dying, and the Professional Counselor: A Phenomenological Study*

        EAST CAROLINA UNIVERSITY, Greenville, NC

M.S. in Counselor Education, May 2006

        UNIVERSITY OF WISCONSIN – EAU CLAIRE, Eau Claire, WI

B.A. in Psychology, minor in Sociology, May 1997

**PROFESSIONAL LICENSES / CERTIFICATIONS**

Licensed Professional Counselor (LCMHC, formerly LPC), September 2009 – present

        National Certified Counselor (NCC), April 2009 – present

        Licensed School Counselor – State of North Carolina, June 2006 – present

**CLINICAL INTERESTS**

Grief Counseling (importance for professional counseling training programs)

Death, Dying, and Bereavement

Clinical Supervision of Counselor Trainees

First Generation College Students

        Advocating for Professional Counselors

Concept of Group Think

Human Development

Pet Loss and Other Non-Traditional Types of Grief

        Vicarious Trauma in Professional Counselors

**ACADEMIC EXPERIENCE**

**Director of Clinical Training (2019-2020), Assistant Professor, CMHC,** May 2019 – Present

Antioch University New England, Keane, NH

COUN 5142 Assessment and Testing

COUN 5262 Human Growth & Development

COUN 5322 Counseling Approaches to Trauma, Grief and Loss

COUN 5902 Foundational Counseling Skills

COUN 6101 Creative Approaches to Trauma Informed Practices in Counseling

COUN 6751 Crisis Counseling Interventions

COUN 6960 Practicum Clinical Mental Health and Counseling

COUN 6990 Internship Clinical Mental Health and Counseling

PY 5000 Clinical Mental Health Counseling Residency

**Adjunct Professor,** Fall 2018 – Spring 2019

Antioch University New England, Keane, NH

COUN 5260 Human Development: Lifespan & Systems Perspectives

COUN 5900 Fundamentals of Therapeutic Interactions

COUN 6750 Crisis Counseling

**Assistant Professor, Director of School Counseling Program** Fall 2017 – Spring 2019

Rhode Island College, Providence, RI

CEP 315 Educational Psychology

CEP 531 Human Development Across Cultures (online & in-person)

CEP 532 Theories and Methods of Counseling (online & in-person)

CEP 538 Practicum I: Introductory Counseling Skills

CEP 541 Clinical Internship in School Counseling I

CEP 542 Clinical Internship in School Counseling II

CEP 553 Counseling Children and Adolescents (online & in-person)

CEP 610 Advanced Clinical Internship I

In addition to the above teaching experience, I was the director of the school counseling program at

Rhode Island College. I supervised six school counseling graduate candidates, making site visits and

communicating regularly with the onsite supervisors, I also worked closely with the adjunct faculty who

taught school counseling courses, worked on redesigning the school counseling program, and helped

prepare the department for future visits from the Rhode Island Department of Education, among other

duties related to the position.

**Graduate Assistant,** Fall Term 2011

North Carolina State University, Raleigh, NC

        Group Counseling

**Supervising Counselor & Instructor,** Fall Term 2010

North Carolina State University, Raleigh, NC

        Counseling Supervision

**Teaching Assistant,** Spring Term 1997

University of Wisconsin – Eau Claire, Eau Claire, WI

        Child Psychology

**UNIVERSITY EXPERIENCE**

NORTH CAROLINA STATE UNIVERSITY,Raleigh, NC

Division for Undergraduate Academic Programs, Transition Program

*Academic & Personal Counselor*, Fall Term 2009

* Met with approximately thirty Transition Program freshmen on a monthly basis in small groups.
* Talked about academic hurdles, problems, and real world solutions.
* Met with Transition Program students individually on an as needed basis or during my office hours.
* Tracked students’ attendance and grades, checking in with their professors and coordinating a plan of action with them in order to get students back on track.

EAST CAROLINA UNIVERSITY,Greenville, NC

College of Education

*Graduate Assistant*, May 2005 – June 2006

* Assisted several professors in the College of Education with various tasks, including copying, literature review searches, entering and tracking grades, and other tasks as needed.
* Ran several study groups for various courses at the request of the instructors.
* Assisted professors with maintenance and communication with their students, answered questions and concerns.

**­­­­­­­­­­­­­­CLINICAL COUNSELING EXPERIENCE**

LONGLEAF SCHOOL OF THE ARTS, Raleigh NC

*High School Counselor (Grades 9 & 10),* June 2016 – August 2017

* Develop and deliver school based curriculum in large group, small group, and individual student sessions.
* Deliver school based curriculum and information to parents during several parent nights at the school.
* Identify and resolve student issues, needs, and problems.
* Provide individual and small-group counseling services to over 250 students.
* Create a character education trait of the month program, whereby teachers nominated students demonstrating those specific traits, and those students were then recognized.
* Meet with parents, teachers, and members of administration to help every student be successful in their academic and personal lives.
* Administer standardized tests to students when needed.
* Continue to attend various professional development opportunities to continue to develop as a professional school counselor.

GRAND CANYON UNIVERSITY, Phoenix,AZ

*Site Supervisor for Professional Counseling Students,* November 2015 – present

* Travel to site locations (between approximately 5-15 per month) throughout North Carolina and organize face-to-face and phone meetings with the clinical supervisor and counseling student.
* Maintain a professional working relationship with the cooperating clinic, hospital, school, community agency and/or private practice.
* Maintain effective communication with the cooperating clinical supervisor, assigned counseling student, and Office of Field Experience (OFE).
* Act as a resource person to the clinical supervisor and the assigned counseling student by providing additional sources of information and by having face-to-face and phone contact during the assigned practicum course(s).
* Listen to the assigned student’s concerns regarding his/her practicum experience and relate those concerns in the end of visit report.
* Act as a liaison between the practicum site and the counseling Office of Field Experience (OFE).
* Provide information on the development and implementation of the assigned student’s future professional plans.
* Encourage responsibility and creativity in the counseling practice experience.
* Monitor that both, the clinical supervisors’, and students’ responsibilities (as established in the practicum manual) are being honored.
* Provide knowledge about evaluation procedures.
* Create and maintain a professional, friendly relationship with the assigned counseling student and the cooperating clinical supervisor.

WILLIAM FRIEDRICH COUNSELING, Raleigh, NC

*Private Practice Counselor,* August 2013 – present

* Provide therapeutic services for between 30-40 adolescents and adults annually.
* Create and implement personal treatment plans for approximately 30-40 clients annually.
* Create personal treatment plans used the input of clients, to work towards achieving personal therapeutic goals.
* Work with a culturally diverse client group.
* Perform psychosocial comprehensive clinical intake assessments for all clients.
* Maintain and update accurate case records for each individual, while adhering to confidentiality and ethical practices.
* Work from a multicultural perspective so that each client felt comfortable and accepted.
* Perform on-call after hours crisis care for all clients.
* Meet with clients in the office for individual or family therapy.
* Assess all clients for mental health risk factors to better ensure proper level of therapeutic care.

HOPE SERVICES, LLC, Raleigh, NC

*Intake Specialist/Outpatient Therapist,* March 2013 – July 2013

* Provided case management and therapeutic services for between 20-30 adolescents and adults annually.
* Worked with a multiculturally diverse group of clients.
* Created and implemented personal treatment plans with the input of clients, to work towards achieving personal therapeutic goals.
* Maintained and updated accurate case records for each individual, while adhering to confidentiality and ethical practices.
* Met with clients in the office for individual or family therapy.
* Joined with new clients (approximately 15-20 new clients monthly) to begin and complete comprehensive clinical intake assessments, in order to link client to appropriate level of services.
* Attended monthly supervision for outpatient therapists and attended monthly trainings.

FELLOWSHIP HEALTH RESOURCES,Raleigh, NC

*Intake Specialist/Outpatient Therapist*, May 2012 – March 2013

* Provided case management and therapeutic services for 50-60 adolescents and adults annually.
* Created and implemented personal treatment plans with the input of clients, to work towards achieving personal therapeutic goals. This was done with approximately 50-60 clients annually.
* Maintained and updated accurate case records for each individual, while adhering to confidentiality and ethical practices.
* Met with clients in the office for either individual or group counseling.
* Led small group therapy sessions several times per week for approximately 50-60 individuals weekly. Each group consisted of anywhere from 3-12 individuals.
* Joined with new clients (between 15-20 per month) to begin and complete comprehensive clinical intake assessments, in order to link client to appropriate level of services.
* Attended weekly supervision for outpatient therapists and attended trainings as necessary.

EASTER SEALS – UCP OF NORTH CAROLINA**,** Raleigh, NC

*Outpatient Therapist / School Based Therapist*, September 2009 – June 2012

* Provided case management and therapeutic services for (between 15-30 per year) children, adolescents, adults, and their families.
* Created and implemented personal treatment plans with the input of clients and their families, to work towards achieving personal therapeutic goals.
* Maintained and updated accurate case records for each individual, while adhering to confidentiality and ethical practices.
* Met with clients in their homes, at the office, or at the school they attended.
* Joined with new clients (approximately 15-20 per month) to begin and complete comprehensive clinical intake assessments, in order to link client to appropriate level of services.
* Attended monthly supervision for school based therapists and outpatient therapists.

JOHNSTON COUNTY SCHOOLS,Clayton, NC

Clayton High School

*School Counselor,* June 2006 – July 2009

* Developed and delivered school based curriculum both in classroom (large and small groups), and in person in the office.
* Worked with a diverse student population and at-risk students.
* Identified possible gaps in student needs. Worked with other school counselors and administrators to close those gaps and better serve the student body.
* Performed individualized personal and academic counseling services for the students.
* Assisted more than 500 students in the areas of academic development, career development, as well as emotional and social development.
* Collaborated with faculty, staff, and parents to better understand and meet the needs of every student.
* Provided individual and small group counseling as needed to a caseload of more than 500 students.
* Pursued continuous professional growth and development, by attending conferences and trainings at least once every three months.
* Administered comprehensive SAT study sessions for students (approximately 250 in total annually) before they took the actual test.
* Coordinated college and university recruitment and informational visits with at least 25 local and national universities and colleges annually.
* Assisted with the coordination, administration, and collection of various standardized tests.

CENTRAL BAPTIST CHILDREN’S HOME,Lake Villa, IL

*Family Educator,* November 1999 – May 2000

* Worked with 6-10 adolescent males, aged 10-14 in a group home setting.
* Administered medications, monitored behavior, taught emotional coping skills, life skills, and created long term and short term goals for every group home resident.
* Monitored the entire home 3 to 4 days out of the week on the overnight shift. Made sure bed-checks were done (4 times/hour for each resident), rooms were cleaned, medications and breakfast was consumed in the morning, and the residents got to school on time.
* Maintained a safe and manageable living environment.
* Coordinated with other staff, local law enforcement, social services, court system, foster families, and other entities to ensure the best possible living conditions for residents.

**UNIVERSITY SERVICE**

NORTH CAROLINA STATE UNIVERSITY**,** Raleigh, NC

Counselor Education Orientation Meeting for Site Supervisors

*Guest Speaker*, December 2010

* Presented a session for nearly 30 site supervisors on what they could expect for the upcoming semester in regards to their masters level counselor education supervisee students.
* Answered questions, dealt with concerns, and educated site supervisors as to the expectations and responsibilities of the supervision agreement between site supervisors and the university.

**PROFESSIONAL ASSOCIATIONS**

American School Counselors Association

        Association for Death Education and Counseling

Rhode Island School Counselors Association

**HONORS**

Best Student Poster Presentation, North Carolina School Counselor’s Association

        Chi Sigma Iota – International Honor Society for Professional Counselors

**PUBLICATIONS AND PRESENTATIONS**

Friedrich, W.  Death, Bereavement, and Grief: What It Means For The Professional Counselor In Any Setting.  North Carolina Counseling Association 2012 Annual Conference, Greensboro, NC.  February 15-17, 2012.

Glueck, B. & Friedrich, W.  How to be an Effective Culturally Competent Supervisor in the 21st Century. North Carolina Counseling Association 2012 Annual Conference, Greensboro, NC.  February 15-17, 2012.

Friedrich, W.L. (2011).  The Best Laid Plans.  North Carolina Association of Counselor Education & Supervision, Fall 2011 Newsletter, 7-8.

Friedrich, W. & Hutchinson, R.  Anger, Anger, Everywhere: Running an Anger Management Group in a School Setting.  North Carolina Counseling Association 2006 Annual Conference, Charlotte, NC. February 2006.

Friedrich, W. & Hutchinson, R.  How to Run an Effective Anger Management Group in Schools (Student Poster Session, winner 1st prize).  North Carolina School Counselors Association 2005 Annual Conference, Greensboro, NC.  Fall 2005.