

Reka K. Farago, PhD, LPC, CST, CCT

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Education

PhD Counselor Education and Supervision 2018

University of Northern Colorado, Greeley, CO
(CACREP)
Couples and Family Therapy track

Dissertation: Supervision of Sex Counseling in Counselor Education, a Phenomenological Study from a Sex Positive and Multiculturally Sensitive Perspective

M.S. Counseling Psychology 2003

Chaminade University, Honolulu, HI
(CACREP)
Couples and Family Therapy track

B.A. Psychology 2000

Hawaii Pacific University, Honolulu, HI

Licenses & Certifications

Licensed Professional Counselor (TX #61699)	2008-2016
Licensed Professional Counselor (CO # 0011714)	2008- current
Clinical Mental Health Counselor (UT 12187366-6004)	2021-current
Certified Sex Therapist	2013-current
Certified Couples Therapist	2013-current
Gottman Level I &II Therapist	2017-current

Teaching Experience

Professional Orientation and Ethics	Fall 2019, Saybrook
Individual Counseling Practicum	Fall 2019, UNCO
Multiculturalism and the Family	Summer 2019, Saybrook
Human Sexuality	Summer, 2019 Saybrook

Human Sexuality	Spring 2019, Saybrook
Group Dynamics and Facilitation	August 2018-May 2019, UNCO
Contemporary Issues in Couples and Family Therapy UNCO	January-May 2018,
Couples and Family Practicum UNCO	August 2018-May 2019,
Sexuality Counseling UNCO	May-August 2016 July 2017,
Family Systems January-May 2017, UNCO	August-December 2016,
Professional Orientation and Ethics Saybrook	August-December 2019,

Online/ Hybrid Graduate Level Teaching

Professional Orientation and Ethics	August-December 2019
Human Sexuality	January-December 2019
Individual Counseling Practicum	August-December 2019
Multiculturalism and Families Professional Orientation and Ethics	August-December 2019
Group Dynamics and Facilitation January-May 2018, January-May 2019	August-December 2017, b

Course development was based on
CACREP and QM Standards

Proficiency in both **Blackboard and Canvas.**

Presentations & Workshops

Farago, R. & Betty Cardona, PhD (2017) Sexuality Matters: Using a Sexuality Course to Increase Empathy Working with LBGTQI community. Association for Counselor Educators and Supervisors, Chicago, IL.

Farago, R. & Thomas Killian, PhD (2017) *Experiential Pedagogy to Increase Multicultural Competency when working with LGBTQIA persons*. Association for Counselor Educators and Supervisors, Chicago, IL.

Farago, R. & Christopher Ward (2016) *What Intercultural Couples Want Their Counselors to Know*. Rocky Mountain Association for Counselor Educators and Supervisors, Steamboat Springs, CO.

Farago, R. (2016) *How is Sex Therapy Different Than Traditional Therapy*. Rocky Mountain Association for Counselor Educators and Supervisors, Steamboat Springs, CO.

Farago, R. & Christopher Ward (2016) *What Intercultural Couples Want Their Counselors to Know*. Colorado Counseling Association Conference, Denver, CO

Farago, R. (2006) *The Benefits of Counseling During the Golden Years*. United Methodist Church. Helotes, TX.

Farago, R. (2002) *How to Develop and Document Measurable Goals for Autism Spectrum Disorders in Schools* (2002). Alkali na Keiki, Honolulu, HI.

Farago, R., & Purcell, D. (2000) *The Relationship Between Physical Health and Mental Health*. Honolulu Pain Management Clinic, Bariatric support group. Honolulu, HI

Farago, R., Counseling Micro skills (1999) Peer counselor training workshop for undergraduate Psychology students who wished to provide basic counseling for peers at Hawaii Pacific University. Skills taught included basic attending and listening skills, as well as cultural awareness.

Clinical Experience

Licensed Professional Counselor and Sex Therapist online 2019-present
I have worked for both Betterhelp and for myself online, as the pandemic did not allow in office visits at my office in Whole Health.

Licensed Professional Counselor and Sex Therapist Betterhelp July 2019- present

Licensed Professional Counselor, Whole Health Center January 2014- March 2020

Lone Tree, CO I currently work as an LPC specializing in Sex Therapy, and work with couples and individuals.

<http://www.wholehealthcenters.com/about/psychotherapists>

Clinical Care Manager, LPC, Value options, Inc.

2009-2010

Coppell, TX

Determined medical necessity and appropriate treatment placement for managed care. Determined level of care needed for mental health and substance use status.

Residential Treatment Therapist, LPC
July 2009

October 2008-

Hector Garza Residential Treatment Center
San Antonio, TX

Therapist for court mandated youth, placed in residential treatment.

Conducted individual, group therapy and family therapy

Carried a caseload of 13 boys ages 12-16 struggling with Conduct Disorder and Substance use history. Worked daily with onsite charter school.

Licensed professional Counselor Candidate
May 2008

September 2006-

Private Practice, Helotes, TX

Individual, Couples and Family Therapy in private practice setting

Autism Specialist and Family Therapist
May 2003

September 2001-

Alaka'I na Keiki

Autism Specialist in Honolulu Elementary schools

In-home Family Therapist

Publications

Farago, R. K. (2021). Implications for Supervisors and Counselor Educators in Human Sexuality. *Journal of Counseling Sexology & Sexual Wellness: Research, Practice, and Education*, 2 (2), 117-129. <https://doi.org/10.34296/02021034>

Killian, T., Farago, R., Peters, H.S. (2019) Promoting Queer Competency Through an Experiential Framework. *The Journal of Counselor Preparation and Supervision*, 12(4). Retrieved from <https://repository.wscu.edu/jcps/vol12/iss4/10>

Other Contributions

Schubert, A. (Producer). (2019, April 10). *Let's Talk about Sex, Exploring the Importance of Sexuality Education in Counseling*. [Audio Podcast]. Retrieved from <http://www.ThePodTalk.netthepodtalknetwork@gmail.com>

Supervision

Online

Practicum II Field-Based experiences
January-May 2017

August-December 2016,

Live

Practicum I

August 2015- May 2017

Live

Couples and Family Practicum

January- December 2018

My supervisees included placements in the following settings in the Denver area in Colorado: Mental Health Center of Denver, Denver Family Institute, Dahlia Campus, Shiloh House, Johnson & Wales University, Cherry Creek High School.

In Colorado Springs, Colorado: TESSA, Manitou Springs Elementary, Pikes Peak Therapeutic Riding Center, Peak View Behavioral Health. These experiences include supervision of individual, group, family and child & adolescent counseling experiences. I have conducted several site visits as well, to several locations. Student evaluations available upon request.

Service

Conference Proposal Reviewer for the American Counseling Association (ACA)
2021 Conference

Review Board Member: Journal of Counseling Sexuality and Sexual Wellness
-Current

Conference Proposal Reviews upcoming for ACA 2020, San Diego

Conference Proposal Reviews for ACA 2019, Louisiana

Association of Counseling Sexology and Wellness Committee (ACSW)
participation in Research Committee, Competency Committee and Education and Training Committee meetings

Feedback/ Acknowledgements: John-Sommers -Flannigan: ***Counseling and Psychotherapy in Context and Practice textbook***, 3rd edition, I provided feedback on the Existential Counseling chapter in 2018

Conference Proposal Reviews for Colorado Counseling Association, 2015 Denver.

University of Northern Colorado master's and Doctoral admissions workshops, 2016 twice, 2017 once.

Research Projects at University of Northern Colorado

Farago, R. (2017) *A Qualitative Study of Intercultural Couples for a Strength Based Approach to Understanding Relationships*. University of Northern Colorado, Greeley, CO (Qualitative Inquiry)

Farago, R. (2017) *Supervisor Presence and Immediacy in Online Supervision*. University of Northern Colorado, Greeley, CO. (Quantitative Inquiry)

Farago, R., & Ward, C., (2016) *Supervision of Sexuality Counseling, a Conceptual Manuscript*. University of Northern Colorado, Greeley, CO.

Farago, R. & Dylan Ghaffari (2016) *Your Relationship at Its Best: A Qualitative Analysis of Intercultural Couples and Adapting Positive Psychology Interventions to Couples*. University of Northern Colorado, Greeley, CO.

King, P., & Farago, R. (2000). *Dreambank database*. Retrieved from breambank.net.

Awards & Recognitions

Hutchinson-Lahman Research Award (2016): Qualitative Research: *Your Relationship at Its Best: A Qualitative Analysis of Intercultural Couples and Adapting Positive Psychology Interventions to Couples*. University of Northern Colorado, Greeley, CO

Professional Affiliations

- Rocky Mountain Association
for Counselor Education and Supervision
- American Counseling Association
- Association of Counseling Sexology and Wellness

Professional References

- 1. Heather Helm, PhD.**
Professor and Chair of Applied Psychology and Counselor Education
Heather.Helm@unco.edu
Mailing Address
University of Northern Colorado
Applied Psychology and Counselor Education
Campus Box 131
Greeley, CO 80639
- 2. Linda Black, Ed. D**
Associate Provost Dean of the graduate School and International
Admissions Office of Research
Linda.Black@unco.edu
Mailing Address
Carter Hall 4008
Greeley, Colorado
80639
- 3. Rachel Gall, Ph.D., LP, LMFT**
University of Denver
303.720.6154
racheltgall@gmail.com
- 4. Tom Killian, PhD.**
Assistant Professor of Psychology
Marist College,
Poughkeepsie, NY.
Thomas.Killian@marist.edu 720-891-3905