

# **CONSUELO V. DAVIS, LMFT, BC-DMT**

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## **CURRICULUM VITAE**

### **QUALIFICATIONS**

Licensed Marriage and Family Therapist, Board Certified Dance/Movement Therapist; Antioch University Teaching Faculty, State of California Credentialed Teacher, Nationally Certified Anger Management Facilitator, Certified Clinical Trauma Professional and Independent Consultant. Expertise includes the ability to: Facilitate culturally proficient individual, group, couples, and family therapy; Conduct educational classes and workshops for students, teachers and mental health professionals; Plan, develop and implement personal and professional development seminars with individuals and community organizations. Specialize in the psychotherapeutic use of Somatic and Holistic (mind/brain body) treatment interventions. Assist individuals with trauma, addiction, dual diagnosis and other life stressors to process underlying issues and enhance the quality of their lives in meaningful ways.

### **PROFESSIONAL EXPERIENCE**

**Antioch University NE      Guest Lecturer      07/15/21 - 4/15/21**

Taught a 3 hour class to students who were obtaining their certificate in

**Antioch University SB      Teaching Faculty      04/2021 - Present**

Conduct a weekend module of the Somatic Psychotherapy Certification Program, at Antioch University in Santa Barbara, which draws from elements of the expressive arts therapies (movement, drama, music, art,), mindfulness practices, and holistic somatic approaches when facilitating trauma recovery. The class is experiential and focuses on practical application of somatic treatment interventions. Students also learn about the neurobiology of trauma and addiction, the importance of personal introspection and cultural proficiency with various clients.

**Antioch University LA      Teaching Faculty      01/2017 - Present**

Conduct graduate level classes for students who are working to obtain their MA Degree in Clinical Psychology at Antioch University in Los Angeles. Advise students, and provide acade-

mic feedback on assignments, document official grades and collaborate with program administrators as needed.

**Kaiser Permanente                      Licensed Marriage & Family Therapist      05/2005 - Present**

Provide comprehensive case management services for adolescents, adults, couples and families seeking treatment in the Kaiser Permanente Departments of Psychiatry and Addiction Medicine. Conduct initial intake appointments; Facilitate individual, dual diagnosis and group psychotherapy: Utilize DBT, Motivational Interviewing and Harm Reduction treatment models when appropriate. Teach educational classes; Collaborate with medical/clinical team; Develop comprehensive treatment plans; Maintain chart documentation; Provide crisis intervention, community resources and client advocacy as needed. Member of the Culver Marina Medical Office Building Safety Committee.

**Independent Contractor      Psychotherapist/Instructor/Presenter      01/1992 - Present**

Maintain a Private Practice Office in Culver City, CA. Facilitate Psychotherapy and Dance Movement Therapy Sessions for Adolescents, Adults, Couples, and Families. Teach Anger Management Classes to individuals who are court mandated or self-referred. Facilitate professional development conference and training seminars for individuals and organizations.

**LA Unified School District      Certified Instructor, Exam Proctor      01/2003 - 06/2009**

Planned, developed, and implemented a comprehensive Independent Living Skills Class for Adults with Disabilities at Westchester Emerson Adult School. Supervised staff, and collaborated with a various Community Based Organizations. Taught the State of California *Direct Support Program 1 and 2 Classes*, and Proctored the required credential exams.

**Project New Hope                      Director of Consumer Services                      12/1998 - 07/2001**

Directed the Department of Consumer Services which provided educational, vocational, residential, and financial support services to individuals and families living with HIV/AIDS. Supervised/coached staff members, and collaborated with them to develop a comprehensive policy and procedures manual. Participated in management team meetings and assisted with organizational growth and development. Attended community network meetings and interacted with LAUSD, HOPWA, The Dept. of Rehabilitation, and other Los Angeles City organizations.

Advocated for clients as needed. Maintained budgets and reporting requirements. Organized fundraisers and secured government grants up to \$170,000.

**Beverlywood Mental Health Center    Activities Program Director    01/1992 - 10/1997**

*(Currently called The Alcott Center)*

Organized and facilitated therapeutic and rehabilitation programs for severely and persistently mentally challenged adults. Provided supervision for treatment team and therapeutic interns. Conducted individual and group therapy session, crisis intervention, and training seminars. Maintained State/County documentation and billing requirements. Attended community network meetings, wrote grants, and assisted in the development of employee procedure and safety manuals. Obtained funding between \$45,000 and \$125,000.

**EDUCATION**

Antioch University Los Angeles, Los Angeles, CA, 2011. MA in Clinical Psychology

University of California, Los Angeles, CA, 1993. MA in Dance Movement Therapy

New York University, New York, NY, 1982. BS in Dance Education

**CREDENTIALS**

International Association of Trauma Professionals: Certified Clinical Trauma Professional: 2016

Board of Behavioral Science: Licensed Marriage & Family Therapist: 2013

Anderson & Anderson Nationally Certified Anger Management Facilitator: 2013

State of California DSAE Teaching Credential 2004

Association of Dance Movement Therapy: Board Certified Dance Movement Therapist: 1993

The Grantsmanship Center: Certified Grant Writer: 1992

**PROFESSIONAL AFFILIATIONS**

American Dance Therapy Association, ADTA

National Union of Healthcare Workers, NUHW

California Association of Marriage and Family Therapists, CAMFT

UCLA Alumni Association

## CONFERENCE PRESENTATIONS

### **American Dance Therapy Association Annual Conference Presenter**

Miami, FL; October 2019

*Mind/Body Treatment Interventions for Trauma Survivors*

**Antioch University:** Los Angeles, CA; May, 2019

Trauma and Addiction Specialty Seminar: *The Art and Science of Psychotherapy*

**Antioch University:** Los Angeles, CA; Nov. 2016

Trauma Specialty Seminar: *The Psychotherapeutic use of Dance Movement Therapy for the Treatment of Trauma Clients within the Therapeutic Milieu*

**Kaiser Permanente:** Los Angeles CA; Oct. 2011 & Oct. 2013

Teen Pregnancy Prevention Workshop: *How Substance Abuse and Addiction can Contribute to Teen Pregnancy*

**LAUSD 27<sup>th</sup> Annual Conference:** Los Angeles, CA; Oct. 2007

Professional Development Workshop: *Our Classroom Community: A Model of Growth and Development for Adults with Disabilities*

**Meadowbrook Manor:** Los Angeles, CA; Mar. 2002

Staff Development Training Seminar: *Cultural Proficiency in the Therapeutic Milieu*

**African American Museum:** Cleveland, OH; Mar. 2001

Panelist: *African Centered Dance Movement Therapy*

*National Minority AIDS Conference:* Denver, CO; Oct. 2000

Workshop Facilitator, African American Women and HIV/AIDS

**Aviva Family and Children Services 16<sup>th</sup> Annual Conference:** Los Angeles, CA; Feb. 2000

Panelist: *Cultural Proficiency in Treating the Critical Issues of Adolescence*

**Mental Health Professionals:** Portland, OR; Nov. 1999 and 2000

Staff Development Training Seminar: *Cultural Proficiency in the Therapeutic Milieu*

**Skid Row Housing Trust:** Los Angeles, CA; Dec. 1999

Staff Development Training Seminar: *Working with People Who Live with Schizophrenia*

**Association of Dance Movement Therapy 1998 Conference:** Albuquerque, NM; Oct. 1998

Conference Presenter: *African Centered Dance Movement Therapy*

**UCLA Dance Department:** Los Angeles, CA; Jan. 1993

Conference Presenter: *Cultural Sensitivity within the Therapeutic Environment*

**References Available Upon Request**