

KATHERINE NORDELL FORT PhD, LMHC

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EDUCATION

- 2010-2014 *Oregon State University, Corvallis, OR*
PhD, Counselor Education and Supervision
Dissertation: *Adjusting to the United States: An Exploratory Grounded Theory Study of South Korean Students' Successful Transition via American Community Colleges*
- 2005-2008 *Seattle University, Seattle, WA*
Master of Arts Education (MAEd), Counseling: Post-Secondary Focus
Master's Thesis: *Multicultural Counseling and Pluralism in Community Colleges*
- 1998-2002 *Scripps College, Claremont, CA*
Bachelor of Arts, Dual Major: Politics & International Relations; Asian Studies
Senior Thesis: *Breaking the Code of Silence: Juvenile Bullying and Public Policy in the United States and Japan*

PROFESSIONAL EXPERIENCE

- SUM 2020-
Present ***Co-Director; Low-Residency Counseling Programs***
Antioch University Seattle, Seattle, WA
- SUM 2020-
SUM 2021 ***Co-Chair; Doctoral Program in Counselor Education & Supervision (CES)***
Antioch University Seattle, Seattle, WA
- SUM 2017-
SPR 2020 ***Chair; MA Clinical Mental Health Counseling (CMHC) Program***
Antioch University Seattle, Seattle, WA
- FALL 2016-
SPR 2017 ***Co-Chair; MA Clinical Mental Health Counseling (CMHC) Program***
Antioch University Seattle, Seattle, WA
- FALL 2015-
SUM 2016 ***Associate Chair, MA Clinical Mental Health Counseling (CMHC) Program***
Antioch University Seattle, Seattle, WA
- FALL 2013-
Present ***Core Faculty; Counseling Department***
Antioch University Seattle, Seattle, WA
- SUM 2010-
Present ***Licensed Mental Health Counselor (LH #60160347), Private Practice***
Seattle, WA
- SPR 2013-
SUM 2013. ***TRiO Counselor***
Edmonds Community College, Edmonds, WA
- FALL 2011-
SPR 2013 ***Adjunct Faculty, Master's in Counseling Program***
Seattle University, Seattle, WA
- SPR 2013 ***Adjunct Faculty, Master of Science in Clinical Psychology and Nutrition Program***
Bastyr University, Kenmore, WA

FALL 2011- ***Counseling Faculty, Full-time***
SPR 2013 *Bellevue College, Bellevue, WA*

FALL 2010- ***Counseling Faculty, Part-time***
SPR 2011 *Bellevue College, Bellevue, WA*

2008-2010 ***TRiO Student Support Specialist***
Bellevue College, Bellevue, WA

TEACHING & CURRICULUM DEVELOPMENT* EXPERIENCE

FALL 2013- ***Core Faculty, Counseling Department***
Present *Antioch University, Seattle, WA*

Courses Taught

Master's Level:

PSYC 492 Lifespan Development
COUN 5010 Group Advising
COUN 5060 Communication & Counseling Skills
COUN 5070 Group Counseling
COUN 5080 Counseling Profession & Identity* (Developed hybrid course option)
COUN 5101 Theories & Practice of Counseling: Part 2 (Post-Modern)
COUN 5230 Human Development in Context: Gender Across the Lifespan
COUN 5270 Career Development & Counseling* (Developed hybrid course option)
COUN 6010 Case Consultation/Internship Supervision
COUN 5990 Special Topics/Independent Studies (various subjects)

Doctoral Level:

COUN 7100 Research Design in Counseling
COUN 7300 Instructional Design in Counseling
COUN 7320 Counselor Education & Clinical Training
COUN 7980 CES Practicum
COUN 8000/8010 CES Internship

FALL 2011 ***Adjunct Faculty & Teaching Assistance***
- SPR 2013 *Seattle University, Seattle, WA*
COUN 512 Lifespan Career Counseling* (*Adjunct Faculty*)
COUN 510 Fundamental Counseling Skills (*Teaching Assistant*)

SPR 2013 ***Adjunct Faculty***
Bastyr University, Kenmore, WA
PS 7115 Developing & Evaluating Counseling Programs

2007-2013 ***Counseling and Human Development Faculty***
Bellevue College, Bellevue, WA
HD 102 First Year Experience (FYE)
HD 103 International Student First-Year Experience*
HD 110 Stress Management

HD 140 Race in America
HD 173 Career Exploration*
HD 196 Understanding Personal Relationships
HD 195 Cultivating Mindfulness*

2002-2004 Assistant Language Teacher (ALT), Japan Exchange & Teaching (JET) Program
Board of Education English Language Teacher, K-8 public schools (21 schools)
Tosashimizu City, Kochi Prefecture, Japan

RESEARCH AND PUBLICATIONS

Fort, K. (In review). Understanding "Success": A Grounded Theory of South Korean Student Transitions to Life in the American Community College.

Stalnaker-Shofner, D. (In progress). A Comprehensive Guide for Counselor Educators: Training Graduate Students and New Educators for the CES Field. Springer: New York, NY.

Fort, K. Chapter 15 Contributor: Understanding the CACREP Standards and Developing a Self-Study

Heusler, B., Ward, C., & Fort, K.N. (2021). Resiliency Centered Counseling: A Liberating Approach for Change and Wellbeing. Cognella: San Diego, CA.

Pope, M., Gonzalez, M., Cameron, E., & Pangelinan, J. (2020). *Experiential Activities for Teaching Social Justice and Advocacy Competence in Counseling*.

Fort, K. Chapter 52: *Career Counseling Letter & Case Study Project*. Routledge: New York, NY.

Fort, K.N. & Rubel, D. (2014). *Adjusting to the United States: An Exploratory Grounded Theory Study of South Korean Students' Successful Transition via American Community Colleges*. [Doctoral dissertation, Oregon State University].

Ratts, M. (2012). *Five forces of counseling and psychotherapy* [DVD]. *Second force: cognitive behavioral* [Training video—as Nordell, K., CBT Counselor]. AlexandriaPress/Microtraining Associates: Alexandria, VA.

PRESENTATIONS

FALL 2021 Sano, K., Fort, K., Gonzalez, M. Santos-Dietz, S.
Career Success for International and non-US-born Counselor Educators and Supervisors
Association of Counselor Education and Supervision (ACES) Conference.
Atlanta, GA.

FALL 2021 Ward, C. Fort, K., Kuar, O., Parker, E., Sano, K. & Walters, E.
Decolonizing Resilience: Essential Features for Counselor Training
Association of Counselor Education and Supervision (ACES) Conference.
Atlanta, GA.

SPR 2021 Fort, K., Guthery, A. & Smestad, L.
Decolonizing Counselor Education Syllabi
Antioch University International Social Justice Symposium

Seattle, WA.

- FALL 2018 Fort, K., Gonzalez, M., Sano, K.
Supporting Immigrant Clients and Families: Findings from a Social Justice in Counseling Symposium at Antioch University Seattle
Western Association of Counselor Education and Supervision (WACES) Conference.
Sonoma, CA.
- FALL 2018 Cameron, E., Fort, K., Gonzalez, M., & Griskiewicz, A.
Transformative Study Abroad Education
Western Association of Counselor Education and Supervision (WACES) Conference.
Sonoma, CA.
- WIN 2018 Fort, K. (Event Organizer & Panel Moderator). *Counseling Immigrant Clients & Families.*
Antioch University Seattle, Social Justice Counseling Symposium.
Seattle, WA.
- FALL 2016 Fort, K. (Key Presenter) with Gonzalez, M., McSparron, J., Schuurmans, B
Integrating social justice advocacy projects within MA counselor education programs.
Western Association of Counselor Education and Supervision (WACES) Conference.
Vancouver, B.C., Canada.
- FALL 2016 Fort, K. & Sano, K.
Counseling International Students within American Community Colleges: Experiences and best practice approaches.
Western Association of Counselor Education and Supervision (WACES) Conference.
Vancouver, B.C., Canada.
- SPR 2012 Nordell, K., Webster, J., Ying, K., Zhao, Y.
Ni hao! Welcoming and Advising Students from China.
24th Annual Community College/University of Washington Advising Conference.
University of Washington, Seattle, WA.
- FALL 2010 Lau, A., Jackson, G., Nordell, K.
Challenging the Path of Least Resistance: Making an impact though a racial justice college course.
Washington State Faculty & Staff of Color in Higher Education Conference.
Vancouver, WA.
- SPR 2008 Kearns, C., Nordell, K., Ratts, M.
Sex and Violence: Images of Women in the Media.
Seattle University. Seattle, WA
- WIN 2008 Garcia, J., Nordell, K., Ratts, M., Schmit, L.
"Mask"ulinity and School violence: Implications for School Counselors.
Washington State School Counseling Association Annual Conference.
Tukwila, WA

- WIN 2008 Nordell, K.
Social Justice Advocacy: A Student's Perspective.
American Counseling Association (ACA) National Conference,
Counselor's for Social Justice (CSJ) Annual Brunch
Honolulu, HI.
- FALL 2007 Adams, S., Garcia, J., Nordell, K., Schmit, L.
"Mask"ulinity and School Violence: Implications for Counselors.
Washington Counseling Association Annual Conference.
Tukwila, WA.
- SUM 2004 Nordell, K.
Differences Between the Japanese and American Education System
Tosashimizu City PTA Summer Conference.
Tosashimizu City, Japan.
- WIN 2004 Nordell, K.
Teaching in the Japanese School System
Kochi Prefecture Annual JET Conference.
Kochi City, Japan.
- SUM 2003 Nordell, K.
Understanding Japanese Etiquette
Japan Exchange and Teaching (JET) Program Annual Conference.
Tokyo, Japan.
- TRAININGS & WORKSHOPS**
- SPR 2021 Fort, K., Heusler, B., & Ward, C.
Resiliency Centered Counseling Approaches and Practice.
Continuing Education Training via Envision Counseling, Seattle, WA
- WIN 2012 Lau, A. & Nordell, K.
OMG! Is My Student Depressed? Identifying Depression and Suicidality in the Classroom, Bellevue College, WA
- FALL 2011 Nordell, K.
Balancing Athletics and Academics Workshop, Bellevue College, WA
- SPR 2009 Lau, A., Nordell, K., Saffin., L.
Safe Space Training Workshop, Bellevue College, WA
- WIN 2011 Nordell, K.
Mindfulness Workshop, Bellevue College, WA
- FALL 2008 Nordell, K.
CLRA Tutor Training Workshop, Bellevue College, WA
- SPR 2007-
SPR 2008 Ratts, M., Kearns, C., McCullough, R., & Nordell, K.
Safe Space Training Workshop, Seattle University, WA

COMMITTEES & LEADERSHIP POSITIONS

Service to the Profession:

American Counseling Association (ACA) International Committee, Member, Summer 2021-Present

American Counseling Association (ACA) of Washington State, Founding Member, Summer 2020-Present

Service to the University:

Assessment Resource Team (ART), Antioch University, Member, Summer 2021-Present

Outcomes & Assessment Team (OAT), Antioch University Seattle, Member, Summer 2021-Present

CACREP Liaison for Counseling Programs, Antioch University Seattle, Summer 2021-Present

White Faculty Caucus Conversation Facilitator, Antioch University Seattle, Fall 2020-Spring 2021

Parenting Club, Faculty Advisor, Antioch University Seattle, 2017-Present

Union Bargaining Committee, Member, 2018-2020

Institutional Review Board (IRB), Elected Member, Antioch University Seattle, 2016-Present

CMHC Teaching Faculty Hiring Committee, Member, Antioch University Seattle, 2016-2017

Real Estate Task Force, Faculty Representative, Antioch University Seattle, 2015-2017

Committee on Graduate Student Wellness in CMHC, Advisor, Antioch University Seattle, 2015-2016

Outcomes Chair, Clinical Mental Health Counseling Program (CMHC), Antioch University Seattle, 2014-2015

Antioch University Seattle Outcomes Committee, Member, Antioch University Seattle, 2014-2015

Faculty Commons Council, Elected Faculty Representative, Bellevue College, 2012-2013

Japanese Support Team, Group Counselor and Faculty Advisor, Bellevue College 2012-2013

Bellevue College Taiwanese Student Association, Faculty Advisor, 2009-2010

Safe Space Team, Lead Trainer, Bellevue College, 2012-2013

Academic Success Center Task Force, Member, Bellevue College, 2010

International Student Programs, Program Coordinator Hiring Committee, Member, Bellevue College, 2009

TRiO Student Support Services Program Coordinator Hiring Committee, Chair, Bellevue College, 2008

Bellevue College UNICEF Campus Initiative, Faculty Advisor, 2008-2010

LGBTQ Resource Center Director Hiring Committee, Member, Bellevue College, 2008-2010

Seattle University Counselors for Social Justice (SUCSJ), Member, Seattle University, 2006-2008

Dissertation Committees:

Baker-Cole, D., Counselor Education & Supervision PhD, Antioch University Seattle *(in progress)*

Batty-Hibbs, L., Counselor Education & Supervision PhD, Antioch University Seattle *(in progress)*

Drane, M. Counselor Education & Supervision PhD, Antioch University Seattle *(in progress)*

Espinosa, A. Clinical Psychology PsyD, Antioch University Seattle, Graduated 2018

PROFESSIONAL DEVELOPMENT

FALL 2021 Association for Counselor Education & Supervision (ACES) Conference, Atlanta, GA

SPR 2021 American Counseling Association (ACA), Virtual Conference

SPR 2021 Antioch International Social Justice Symposium, Seattle, WA

SPR 2018 CACREP Self-Study Training, Alexandria, VA

FALL 2016 *Western Association for Counselor Education and Supervision (WACES) Annual Conference, Vancouver, Canada*

SPR 2016 *American Counseling Association (ACA) National Conference, Montreal, Canada*

SPR 2016 *American Red Cross Disaster Relief Training, American Counseling Association (ACA) Pre-Conference, Montreal, Canada.*

WIN 2013 *"Motivational Interviewing Strategies." Washington School Counseling Association Pre-Conference, Tukwila, WA*

FALL 2012 *"The Immune System: Who Gets Sick and Who Stays Well" University of Washington Seminar, Seattle, WA.*

FALL 2010 *"Escaping the Wilderness: Recovering from Anorexia Nervosa" Swedish Medical Center Seminar, Seattle, WA.*

FALL 2010 *Washington State Faculty & Staff of Color in Higher Education Conference, Vancouver, WA.*

SPR 2008 *American Counseling Association (ACA) National Conference, Honolulu, HI*

WIN 2008 *Washington School Counseling Association Conference, Tukwila, WA*

WIN 2008 *"Let's Talk About Race" Workshop, Bellevue Community College. Bellevue, WA*

FALL 2007 *Washington Community and Technical Colleges Counseling Association Conference,*

Renton, WA.

FALL 2007 *Washington Counseling Association Conference, Tukwila, WA*

WIN 2005 *Evolution of Psychotherapy Conference, Anaheim, CA*

GRANTS AND FUNDING

SUM 2021 Antioch University School of Applied Psychology, Counseling and Family Therapy, Faculty Professional Development Funds

SUM 2020 Antioch University School of Applied Psychology, Counseling and Family Therapy, Faculty Professional Development Funds

SUM 2019 Antioch University School of Applied Psychology, Counseling and Family Therapy, Faculty Professional Development Funds

SUM 2018 Antioch University School of Applied Psychology, Counseling and Family Therapy, Faculty Professional Development Funds

SUM 2017 Antioch University School of Applied Psychology, Counseling and Family Therapy, Faculty Professional Development Funds

SPR 2016 Antioch University School of Applied Psychology, Counseling and Family Therapy, Faculty Professional Development Funds

WIN 2008 Seattle University Office of Student Activities, Student Development Grant, Seattle University.

FALL 2001 Senior Thesis Scholarship, Asian and Asian American Student Union (AAASU), Scripps College.

HONORS AND AWARDS

FALL 2000- Dean's List, Scripps College

SPR 2002

WIN 2000 All Southern California Intercollegiate Athletic Conference, NCAA Swimming Award

WIN 1998 All-American Scholar Athlete

INTERNSHIP/PRACTICUM EXPERIENCE

2007-2008 ***Counseling Center Intern, Bellevue College, Bellevue, WA***

ASSESSMENT INTERPRETATION SKILLS

- Beck Depression and Suicide Inventories
- Myers Briggs Type Indicator
- Strong Interest Inventory

ORGANIZATIONS

- American Counseling Association (ACA)
- ACA of Washington
- Association for Counselor Education and Supervision (ACES)

- Counselors for Social Justice (CSJ)
- Washington Community and Technical College Counselors Association (WCTCCA)
- JETAA (Japan Exchange and Teaching Alumni Association), Member

LANGUAGES

Japanese: Speak, read and write proficiently as a second language