

# ANTIOCH UNIVERSITY

## NEW ENGLAND

### **Master of Arts in Couple & Family Therapy Program Handbook 2022-23**

Effective August 27, 2022

Antioch University New England  
Department of Applied Psychology  
40 Avon Street  
Keene, NH 03431

Antioch University New England and the Department of Applied Psychology reserve the right to make changes in policy, regulations, degree requirements, and fees subsequent to the publication of this material. Such changes take precedence over handbook and catalog statements. While reasonable efforts are made to publicize such changes, students should remain in close touch with department advisors and administrative offices because responsibility for complying with all applicable requirements ultimately rests with the student. Students are also referred to the AUNE Academic Catalog.

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## **CFT Program Faculty**

### **Couple and Family Therapy Program Core Faculty**

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Brooks Bull, PHD, LMFT  
Sema Bruno, MA, S-CCEP, Supervisor Candidate  
Samantha Bryant Hagan, MDiv, LCSW-C, Supervisor Candidate  
Marquitta Fields, MS, PLMFT, Supervisor Candidate  
Steffen Gillom, PhD, Supervisor Candidate  
Carrie Hatch, MS, LMFT, Supervisor Candidate  
Rashida Ingram, PhD, Supervisor Candidate  
Jonathan Leitch, LCSW, Supervisor Candidate  
Jessica Malioneck, MA, Supervisor Candidate  
Lydia Perry, MA, LPC, LADC, Supervisor Candidate  
Janet Robertson, PhD, AAMFT Approved Supervisor  
Paula Smith, MDiv, MA, LMFT  
Natosha Wilson, MS, LMFT, LCDC, LMFT-S, Supervisor Candidate  
Marissa Zerby, MA, Supervisor Candidate

## **Administrative Team**

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Jane Pitts, [jpitts@antioch.edu](mailto:jpitts@antioch.edu), Administrative Assistant, Clinical Training Team

Lisa Stewart [lstewart4@antioch.edu](mailto:lstewart4@antioch.edu), Administrative Assistant, Antioch University Couple and Family Therapy Institute

## **Program Clinical Supervisors**

*All supervisors can be contacted through the Antioch University Couple and Family Institute (AUCFTI) at 603-283-2156.*

Walter Lowe, Ph.D., LMFT, AAMFT Approved Supervisor, Adjunct Faculty

Pel Boucher, PhD, LMHC, LMFT, CCTP, ACS, Adjunct Faculty, Supervisor Candidate

Steffen Gillom, PhD, Adjunct Faculty, Supervisor Candidate

Carrie Hatch, M.S., LMFT, Adjunct Faculty, Supervisor Candidate

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## Introduction

Welcome to the Master's program in Couple and Family Therapy. This document is intended to serve as a guide throughout your program.

The Master of Arts in Couple and Family Therapy (CFT) program is housed in the Department of Applied Psychology (AP) at Antioch University New England (AUNE). AUNE is accredited by the North Central Association of Schools and the Higher Learning Commission. The CFT program at Antioch University New England is accredited by the Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE) through 2022; as of the most recent revision of this Handbook, the program was awaiting its Site Visit to renew COAMFTE accreditation. The program was initially accredited in 1993.

The [Academic Catalog of Antioch University](#) contains all official academic policies and degree requirements. Students should read and become familiar with these policies and requirements.

The AUNE Couple and Family Therapy MA [Program website](#) contains general program information such as faculty bios and program highlights.

The CFT MA Student Resources site on Sakai includes useful information for students regarding internship sites, writing guides, professional organization resources, and self-care, among others.

## Program Overview

The CFT program is designed to be a full-time cohort program, with students entering in the fall or spring semester. Extended Program Plans are available, but must be requested and approved by the program director, registrar, and the department. A revised Program Plan will be designed by the student and advisor and submitted for approval to the program director.

AUNE's MA in Couple and Family Therapy (CFT) program is a low-residency program, designed to be completed in just under three years (33 months) of full-time enrollment. Students have one full year of course work before undertaking their internship experiences in years two and three. Face-to-face learning experiences through our residencies are what distinguish a low-residency format from a traditional online program. The program's clinical training experience is designed to be completed in the student's local area. The program operates a campus-based training clinic, the Antioch University Couple and Family Therapy Institute (AUCFTI), located in Keene, NH. The clinic is available as a clinical placement option for students residing near Keene, and it offers students planning to seek licensure in New Hampshire the opportunity to have a longer in-residence training experience outside of the regularly scheduled residencies.

The Program's residencies are intensive learning opportunities combining seminars, workshops, guest lectures, advising sessions, peer discussions, and student presentations. Residencies take place a total of five times throughout the three-year program (two during the first year, two in the second, and one during the third). Residencies are four days long (Thursday through Sunday) and take place on one of the five Antioch University campuses. Residencies are designed to build life-long learning communities and professional relationships.

Between residencies, you will be working on course material both synchronously and asynchronously. You will have “live” classes via Zoom (each student receives a university provided account) and you will also have assignments that are completed at your own pace (readings, forum postings, papers, etc.). We ask students to reserve Wednesdays and Thursdays 7pm-9pm Eastern for synchronous class meetings.

During the internship experience, students will be required to attend weekly supervision meetings via video and/or voice conferencing software, in addition to attending on-site supervision at their internship placement near where they live. The university group supervision meetings for Internship courses will take place outside of the normal time slots allocated to synchronous meetings for regular courses.

## **Mission of the Master of Arts in Couple and Family Therapy Program**

The mission of the Couple and Family Therapy Master of Arts program is to develop competent beginning couple and family therapists through an experiential educational approach. We promote multicultural awareness and advocate for social justice in the CFT field.

On the path to becoming competent beginning couple and family therapists, students will develop across five primary areas of competency: knowledge of the CFT profession; practice of therapy; human diversity and social structures; professional identity, law, and ethics; and research and evidence-based practices. In their practice, students will develop clinical skills in the following specific domains: conceptual/theoretical, perceptual, executive, evaluative, and professional. Students will develop practical skills in admission to treatment, assessment and diagnosis, treatment planning and case management, therapeutic interventions, legal and ethical issues (including issues of professional identity), and in using and conducting research and evaluation. Students will also develop competence in content areas including basic human development theories, substance abuse and intrafamilial violence, sexuality and sex therapy, clinical application of foundational and postmodern theories, and will demonstrate respect for cultural diversity across areas of the curriculum.

## **Antioch University Mission Statement**

Antioch University is founded on principles of rigorous liberal arts education, innovative experiential learning, and socially engaged citizenship. The multiple campuses of the University nurture in their students the knowledge, skills, and habits of reflection to excel as lifelong learners, democratic leaders, and global citizens who live lives of meaning and purpose.

## **Antioch University Inclusion and Diversity Statement of Commitment**

In radical recognition of our mission and purpose, we pledge to actively engage in ongoing development as a wholly inclusive community. To this end we will consistently, deliberately, and systematically strive to be appropriately responsive to the myriad dimensions of human diversity, such that none are marginalized and all experience justice and empowerment. Moving beyond tolerance toward inclusion and the celebration of our differences, we will courageously embrace any resulting challenges as they arise, recognizing that the responsibility for this rests with each and every member of the community. We assert that we will move expeditiously toward our goals through an ongoing

commitment to courageous self-examination and respectful and honest interactions, which will lead us to the creation of formal and informal structures, policies, programs, and services that will give life to these ideals on our campuses and as we touch the world around us. (Created by the University-wide Diversity Statement Task Force, approved 2012)

### **Non-Discrimination Policy Statement**

The program does not discriminate on the basis of race, age, gender, ethnicity, sexual orientation, relationship status, gender identity, socioeconomic status, disability, health status, religious or spiritual belief, religious or spiritual affiliation or national origin in any of its activities (including admission, retention, application of policies, and work with clients, supervisees, students, and others).

### **Antioch University New England Statement of Purpose**

Antioch University New England provides transformative education through scholarship, innovation, and community action for a just and sustainable society.

### **Antioch University New England Values**

- Antioch University New England is committed to innovative academic excellence, integrating practice with theory in a collaborative learning environment that is attentive to multiple learning styles.
- Antioch University New England believes in ecological stewardship and social justice, cultivating local as well as global perspectives to educate students with diverse backgrounds and opinions to become leaders of change.
- Antioch University New England values community engagement: using place-based practices to foster scholarship, activism, and service learning; creating organizational integrity through shared governance.

### **The Mission of the Antioch Couple and Family Therapy Institute**

The Antioch University Couple and Family Therapy Institute (AUCFTI) serves as a mental health center and offers a wide range of couple and family therapy services to the people of Keene and the surrounding communities. It also serves as a state-of-the-art training facility for Keene-area doctoral and second year masters students, and is in line with the University values of community engagement.

### **CFT Program Goals and Student Learning Outcomes**

Drawing directly from our mission statement, the AUNE CFT Master of Arts program has identified the following program goals and educational outcomes, in the form of Student Learning Outcomes (SLOs).

**Program Goal 1 (Knowledge): Educate students on the foundational knowledge and broader content areas required for effective CFT practice.**

- SLO1: Students demonstrate knowledge of CFT models and interventions.



- SLO2: Students demonstrate knowledge of broader content areas in CFT, including human development and family studies, families in larger systems, human sexuality and sex therapy, addictions, and intrafamilial violence.

**Program Goal 2 (Practice): Train students to apply clinical systemic skills and models to practice as a CFT.**

- SLO3: Students apply systemic/relational model interventions in clinical practice.
- SLO4: Students demonstrate competency in systemic assessment, diagnosis, and treatment planning.
- SLO5: Students demonstrate basic systemic/relational therapeutic skills in clinical practice.

**Program Goal 3 (Ethics): Promote the development of ethical professionals and practices in the field of CFT.**

- SLO6: Students demonstrate professionalism in CFT.
- SLO7: Students demonstrate understanding and application of ethical codes, laws, and principles in CFT practice.

**Program Goal 4 (Research): Educate students on the application and critique of CFT research.**

- SLO8: Students demonstrate understanding of qualitative and quantitative research methodologies through a critical lens.
- SLO9: Students apply research to clinical practice.

**Program Goal 5 (Diversity and Social Justice): Advance the profession by training students to practice CFT from a socially just stance.**

- SL10: Students demonstrate self-awareness of social structures, social locations, experiences, and biases that influence their practice as CFTs.
- SLO11: Students pay attention to issues of diversity, equity, and inclusivity across all domains of CFT.

As part of its continuous improvement process, the program uses aggregated data on student learning to evaluate how well the program is helping students meet established learning outcomes. The program's eleven Student Learning Outcomes (SLOs) are integrated throughout the curriculum, and experiences in a variety of courses contribute to the accomplishment of these outcomes. Targets for each measure indicate the benchmarks the program has set as indicators of success with each SLO. If you are interested in reading more about the measures student learning the program uses to determine success with our student outcomes, please see [Appendix A](#).

## **Program Demographics**

Our accrediting body, COAMFTE, asks that we report on program demographics as well as student achievement criteria (as defined by COAMFTE). Our latest student achievement criteria report can be found on the program's website in our [Data Disclosure Table](#).

Here is a summary of program demographics as of January 2022:

Gender and Ethnicity (based on available COAMFTE reporting categories\*):

	<b>Faculty and Faculty Supervisors</b>	<b>Site Supervisors</b>	<b>Current Students</b>
<b>Gender</b>			
Female	8	30	62
Male	1	9	10
<b>Ethnicity</b>			
Non-Resident (International)	0	0	1
Asian or Pacific Islander	2	1	0
African-American / African / Black	3	3	3
White / Non-Hispanic	6	33	47
Hispanic / Latinx / Chicano/a	0	1	6
Multiethnic	1	1	2
American Indian or Alaska Native	0	0	1
Other	0	1	13

Contextual information about program demographics: As of January 2022, we have 12 faculty, including core and adjunct. Three do not identify with the male/female gender categories. We have 40 supervisors currently. One supervisor does not identify with the Male/Female gender categories. Of the 73 students, one does not identify with Male/Female gender categories.

## **CFT MA Degree Requirements**

Official degree requirements are found in the [Antioch 2022-2023 Academic Catalog](#). In addition to didactic coursework, there is a minimum of a 500 hour clinical contact requirement through work at an internship placement during the second and third year of the program. Requirements for clinical hours are detailed in the CFT MA Clinical Training Handbook found on the [Program website](#) and in the Field Experience Resources site in Sakai.

As detailed in the CFT MA Clinical Training Handbook, the minimum contact hours and supervision requirements for the program apply to ALL students, regardless of their location or intended state of licensure. Students are required to declare their intended state of licensure prior to starting clinical training and will be required to complete contact and supervision hours that, as far as the Program can determine, align with the intended state of licensure. It is important for students to understand that the Program cannot interpret licensing regulations for students, nor can the Program make firm determinations about what licensing boards will or will accept in terms of graduate clinical training. The Program ensures that all students meet program requirements and COAMFTE standards.

### **Additional Requirements**

Students are required to maintain membership in the [American Association for Marriage and Family Therapy \(AAMFT\)](#) during their matriculation in the program. Membership in this and other

professional organizations fosters professional development and professional identity. Additionally, AAMFT student membership provides the student with liability insurance during their clinical experiences. The annual cost for AAMFT student membership is approximately \$90.

Students are also required to purchase an account with SupervisionAssist before beginning internship. Supervision Assist is a cloud-based program that includes a placement site directory, online clinical hours tracking, HIPAA compliant video sessions, and more. Students will have access to their accounts after graduation. The cost is approximately \$200.

## Licensure

As a program accredited by COAMFTE and physically based in New Hampshire, the CFT program course sequence and clinical training experience are designed to meet the criteria contained in the COAMFTE Version 12.5 Standards for Accreditation, as well as the educational requirements for licensure in New Hampshire. Because state and provincial licensure requirements frequently change, prospective students are responsible for reading their state or province's LMFT licensure requirements prior to enrolling in the program, and current students are responsible for working with the CFT MA Director of Clinical Training or Program Director to review how their course sequence and clinical placements align with current licensure criteria. The CFT program and faculty cannot predict future licensure requirements or changes.

Prospective and current students are directed to the [AAMFT website](#) for current information on licensure requirements for Licensed Marriage and Family Therapist across North America. It is *strongly recommended* that students explore the MFT licensing requirements, rules, and laws from their specific state's regulatory website prior to enrolling, and students are *required*, as part of their coursework, to inform themselves about their location's licensure requirements prior to starting clinical training. Students are also encouraged to call and write State or Provincial Boards with questions and to obtain copies of all answers *in writing*. The Antioch CFT program will provide training in alignment with current COAMFTE guidelines but cannot promise to meet the requirements of every state or provincial LMFT license, as these requirements can change, and students must meet licensure requirements that exist at the time of their LMFT application. The program does not provide training for any other type of mental health license.

Prior to enrolling, incoming students are required to sign an acknowledgement that they have received information regarding the portability of the degree. This form notes that licensure requirements vary by state/province or other location, and that the Program may not meet all the educational or licensure requirements in every state. See [Appendix B](#) for a copy of the Statement on Licensure form and the CFT MA Clinical Training Handbook for additional information regarding licensure as it relates to program requirements. As part of their licensure research, prospective and current students may find it helpful to consider how the Program's curriculum aligns with COAMFTE Foundational Curriculum Areas; for more information, please see [Appendix C](#).

## **CFT MA Course Sequence Fall 2022 Enterers\***

### **61 Credits**

#### **Fall I (9 credits)**

- CFT 6000 CFT Identity, Law, and Ethics (3)
- CFT 6420 Foundational Theories of CFT (3)
- CFT 6060 Culture, Diversity, and Power in Couple and Family Therapy (3)
- Residency: September in Yellow Spring, OH (9/15/22 - 09/18/22)

#### **Spring I (10 credits)**

- CFT 5760 Postmodern Approaches to Family Therapy (3)
- CFT 5500 Systemic Assessment and Treatment (3)
- CFT 5260 Human Development: Lifespan and Systems Perspectives (3)
- CFT 6960 Clinical Skills in CFT (1)
- Residency: March in Los Angeles, CA (03/23/23 - 03/26/23)

#### **Summer I (6 credits)**

- Elective Course I (3)
- Elective Course II (3)

#### **Fall II (9 credits)**

- CFT 6480 Intro to Couples Therapy (3)
- CFT 5180 Human Sexuality and Sex Therapy (3)
- CFT 6961 CFT Internship I (3)
- Residency: September in Yellow Springs, OH (09/14/23 - 09/17/23)

#### **Spring II (9 credits)**

- CFT 6660 Families and Addictions (3)
- CFT 5750 CFT Seminar: Special Topics (3)
- CFT 6962 CFT Internship II (3)
- Residency: March in Los Angeles, CA or Other West Coast Location (03/21/24 - 03/24/24)

#### **Summer II (6 credits)**

- Elective Course III (3)
- CFT 6963 CFT Internship III (3)

#### **Fall III (6 credits)**

- CFT 5800 Research & Evaluation in CFT (3)
- CFT 6964 CFT Internship IV (3)
- No residency

#### **Spring III (6 credits)**

- CFT 5190 CFT Seminar: Family Studies (3)
- CFT 6965 CFT Internship V (3)
- Residency: March in Los Angeles, CA or Other West Coast Location (dates TBD)

# **CFT MA Course Sequence Spring 2023 Enterers\***

## **61 Credits**

### **Spring I (10 credits)**

- CFT 6000 CFT Identity, Law, and Ethics (3)
- CFT 6420 Foundational Theories of CFT (3)
- CFT 6060 Culture, Diversity, and Power in Couple and Family Therapy (3)
- CFT 6960 Clinical Skills in CFT (1)
- Residency: March in Los Angeles, CA (03/23/23 - 03/26/23)

### **Summer I (6 credits)**

- Elective Course I (3)
- Elective Course II (3)

### **Fall I (12 credits)**

- CFT 5760 Postmodern Approaches to Family Therapy (3)
- CFT 6480 Intro to Couples Therapy (3)
- CFT 5180 Human Sexuality and Sex Therapy (3)
- CFT 6961 CFT Internship I (3)
- Residency: September in Yellow Springs, OH (09/14/23 - 09/17/23)

### **Spring II (9 credits)**

- CFT 5500 Systemic Assessment and Treatment (3)
- CFT 5260 Human Development: Lifespan and Systems Perspectives (3)
- CFT 6962 CFT Internship II (3)
- Residency: March in Los Angeles, CA or Other West Coast Location (03/21/24 - 03/24/24)

### **Summer II (6 credits)**

- Elective Course III (3)
- CFT 6963 CFT Internship III (3)

### **Fall II (9 credits)**

- CFT 6660 Families and Addictions (3)
- CFT 5750 CFT Seminar: Special Topics (3)
- CFT 6964 CFT Internship IV (3)
- No Residency

### **Spring III (9 credits)**

- CFT 5190 CFT Seminar: Family Studies (3)
- CFT 5800 Research & Evaluation in CFT (3)
- CFT 6965 CFT Internship V (3)
- Residency: March in Los Angeles, CA or Other West Coast Location (dates TBD)

## **Elective Course Offerings**

### **Choice of Three Electives - 9 credits**

Electives with Addictions focus include:

- COUN 6122 Addictions Counseling (3)
- COUN 6262 Integrative Approaches to Addictions Counseling (3)
- COUN 5632 Psychopharmacology (3)
- COUN 6132 Process Addictions (3)
- COUN 6142 Social Justice & Advocacy in Addictions Counseling (3)

Electives with Gender Affirming Clinical Practice focus include:

- CFT 6210 Transgender Experiences: An Introduction (3)
- CFT 6220 Working with TGNC Families (3)
- CFT 6230 Gender in Context: An Intersectional Approach (3)
- CFT 6420 Gender Affirming Clinical Practice (3)

Electives with Trauma focus include:

- COUN 6101 Creative Approaches to Trauma-Informed Practice (3)
- COUN 5322 Counseling Approaches to Trauma, Grief & Loss(3)
- COUN 5332 Trauma & Resiliency: Body, Mind & Brain (3)

Other electives include:

- COUN 6532 Counseling Military Personnel and their Families (3)
- COUN 6522 Adventure-Based Counseling (3)
- CFT 5750E Child Development and Play Therapy in CFT (3)

**Not all courses are available every semester.**

\*Course Sequence and Method of Delivery is subject to change.

## **Antioch University Attendance Requirements**

As a low residency program, students must attend residencies in each year of the program. Every student's class attendance and participation are essential to the learning process. "Attending class" means being in class physically during the residencies or logging on to the online course. For the purposes of online work, an absence is defined as "not logging on at least once during a standard seven-day calendar week." It is expected that students will be absent only under extreme circumstances, such as illness or family emergencies.

The student is responsible to initiate a conversation with faculty regarding a planned absence. Additional work may be assigned to make up for lost class time. If there is sufficient time remaining during the course for all required work, including make-up assignments, to be submitted by the date of the last class, credit may be awarded. If additional time is needed, an incomplete may be awarded, subject to the usual guidelines and deadlines for completion of the work. Unauthorized absences may result in forfeit of credit.

Two absences are allowed in a course lasting fifteen weeks. One absence is tolerated in a course lasting eight weeks. Faculty will assign work to make up for lost class time. Four absences in a

fifteen-week course will automatically result in no credit given unless students initiate a conversation with the instructor requesting special consideration, and the instructor decides that an exception to policy is warranted. In making the decision, the instructor will first consider whether there are extenuating circumstances that necessitate the absences. If so, the instructor will then take into account: (1) the nature of the material covered during class meetings; (2) the extent to which the module design relies upon student presence and participation in order to demonstrate competency in the area of focus during the period of absence; and (3) the effect of the absence(s) on the progress toward competency of other students. The instructor may also consult with the Program Director.

In general, courses for which a student receives no credit may be re-taken once without prior authorization. For courses that do allow a re-take, students may petition for a third attempt to satisfy certificate or degree requirements. In the petition, students must document the measures that they have taken to ensure success on the third round. Students will be required to register and pay all associated fees for each course that is re-taken. The student's graduation date will be adjusted accordingly.

\*See [Academic Catalog Attendance Policy](#) for more details.

## **Technology Requirements**

Because this program involves online learning, you must have access to a fast internet connection and a computer with a webcam. You will also need a private place to participate in video conferencing and supervision. As part of supervision we review video recordings of sessions, so you should have a way to record sessions in your place of practice, and a secure place to store them. Please do not join video sessions while driving. Supervision sessions typically take place using a platform called Supervision Assist, which has HIPAA-compliant video conferencing and storage.

## **Antioch University Academic Dishonesty and Plagiarism**

From the Antioch Academic Catalog, [Student Academic Integrity policy](#):

*"Antioch University is committed to building a vibrant and inclusive educational environment that promotes learning and the free exchange of ideas. Our academic and learning communities are based upon the expectation that their members uphold the shared goal of academic excellence through honesty, integrity, and pride in one's own academic efforts and respectful treatment of the academic efforts of others." To "plagiarize" is defined in Webster's New Collegiate Dictionary as "...to steal and pass off (the ideas and words of others) as one's own; to use (a credited production) without crediting the source; to present as new and original an idea or product from an existing source..." Plagiarizing includes not only taking direct quotes from written or oral sources without citation, but also paraphrasing others' ideas without properly crediting the original source.*

*Students found to have plagiarized or engaged in other acts of academic dishonesty will receive a "no credit" for the course and may be subject to other disciplinary sanctions through regular academic department and institutional procedures for misconduct, including probation or disenrollment.*

## **Advising in the CFT Program**

Core faculty members serve as advisors to the CFT students. Each student is assigned to an academic advisor who works with the student throughout the program. The advisor's tasks include student orientation, academic advising, selection of courses/programs of study, progress reviews, career advising, problem solving, and general student support. Advising meetings provide a place for students to discuss programmatic issues, community concerns, and other individual concerns. Although advisors periodically check-in with their advisees, students are encouraged to reach out to their advisor directly when questions and concerns arise.

The CFT Program Director, in consultation with the student's academic advisor and the Director of Clinical Training (DCT), is responsible within the CFT program for approving program changes, unusual registration requests, requests for waivers, transfers of credit, approving individual plans of study, mediation between students and faculty, and recommendations for student remediation and/or disenrollment.

The DCT provides CFT clinical training advising and is responsible for providing support and guidance for students in locating appropriate clinical placements, approval of internship sites, and any decisions arising from clinical placement, such as permission to seek or continue a placement. The DCT works in close collaboration with Faculty and Site Supervisors and the CFT Program Director around any clinical issues that may arise.

### **Student Mentoring**

Additional informal first year student support is provided by student mentors. Each first-year student is assigned a mentor (a second or third year CFT student). The purpose of the student mentor is to foster a network of support and to aid in sociocultural, academic, and emotional adjustment into the CFT program. Although engaging in the mentoring process (either being a mentor or a mentee) is voluntary, it is encouraged as a way to engage in the educational environment, begin professional networking, and improve success in the program.

## **Student Support Services**

Following is a list of student support services at Antioch University New England. We strive to provide students with services that will enhance and support their educational experiences at AUNE. We encourage students to utilize the appropriate services, and we hope that students find these services helpful during their time at AUNE.

Although students are encouraged to give feedback on services (both positive and negative) directly to the service, to AUNE administration, and to advisors and faculty, we also ask for services evaluation during twice-yearly program evaluation surveys and an end-of-program survey.

### **Integrated Student Services**

Services that help students enroll and maintain their student status at AUNE are provided by four offices: Admissions, Financial Aid, the Registrar's Office, and the Student Accounts Office. Visit [Resources](#) on the AUNE website for helpful information, including current tuition and fees, how to



apply for financial aid, academic calendars, course registration information, how to order transcripts, and much more.

## **Disability Support Services**

Antioch University is committed to providing reasonable accommodations to qualified students with disabilities in accordance with Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 2008, as amended. Students with disabilities may contact the Disability Support Services office to initiate the process and request accommodations that will enable them to have an equal opportunity to benefit from and participate in the institution's programs and services. Students are encouraged to do this as early as possible, since reasonable accommodations are not retroactive. The Disability Support Services office is available to address questions regarding reasonable accommodations at any time.

The [Disability Support Services policy](#) may be viewed within the Academic Catalog.

For more information, please contact Fran Ziperstein, Director of Student Disability Services, [fziperstein@antioch.edu](mailto:fziperstein@antioch.edu) or leave a message at (603) 283-2438. The Disability Support Services office is located in the Student Services suite.

## **Support for Research & Audiovisual Services**

The [AUNE Library's](#) services and collections support our low-residency graduate students, wherever their learning takes them. Professional and personal research support is available in person or via email, phone, or Zoom. Course-specific sessions and workshops on topics of interest are offered throughout the semester.

The library's curriculum-focused collection includes print and electronic books and journals, and online research databases. Items not held in the local collection may be obtained through [Interlibrary Loan](#) at no cost to students. The library also offers basic training and support on a collection of circulating [audio-visual equipment](#).

Your librarian, Pippin Macdonald ([pmacdonald1@antioch.edu](mailto:pmacdonald1@antioch.edu)), is available to discuss topics, research strategies, citation management, and more.

## **Support for Writing and Presentations**

The [AUNE Writing Center](#), located in the CRR next to the library, provides free peer feedback for all parts of the writing process, including brainstorming and starting an assignment; organizing and structuring a draft; revising at the paragraph and sentence level; polishing near-final work; integrating your sources, and more. The AUNE Writing Center also helps with Power Points, Prezis, Resumes, Cover Letters, and CVs.

You can talk with peers in the **AUNE Writing Center** face-to-face, via phone, or by skype. Check the center's hours, make appointments, and access resources via the [Writing Center guide](#).

For written feedback on your work, you can submit your writing to the [Virtual Writing Center](#), which is available to all AU students. You can find directions for uploading papers to the VWC on the Center's

website. Peer consultants respond to papers in the order they are received, and you will typically receive a response in 24-48 hours.

## **Career Services**

Antioch University New England assists students in planning their careers and seeking employment in several ways. The primary route is through myCareer Planner, an online career counseling tool for AUNE students, available through the myCareer Planner button on [AUDirect](#).

Also, job listings are posted on bulletin boards maintained by each of the academic departments. Reference books on resume writing and interviewing for jobs are available in the library. An advisor can also help with advice on career planning and professional networking in your field of interest. Academic departments also sponsor internship and job fairs for current students.

## **Tracking Academic Progress**

Students can use the Degree Audit Report (DAR) to regularly track their progress toward program requirements and can discuss this with their academic advisors. You can find information about the DAR and other academic information (e.g., current catalog, academic calendar, information on academic standing, etc.) on the [Registrar's page](#). Note that you will need to be logged in to your Antioch Gmail account or AUDirect to be able to access some of these resources.

## **Wellness and Mental Health Resources**

Members of the entire Antioch University community, including Antioch students, faculty, and staff, have access to mental health and wellness services through [Antioch University WellConnect](#). WellConnect provides a range of supports accessible to Antioch community members throughout the United States. Services include counseling and coaching (in-person, video or telephone, or text), as well as consultations on finances, legal needs, health and wellness, and referrals for local resources related to daily living, utilities, childcare, and eldercare. Please see the [WellConnect website](#) for more information (requires Antioch login to access).

The [Antioch Psychological Services Center](#) (PSC) is a counseling center operated by Antioch University New England's Doctoral Program in Clinical Psychology. They currently are providing telehealth services to Antioch students and others in the greater Monadnock area. Services include individuals, couples, and family counseling to people of all ages. Fees are based on a sliding fee scale and what a client can afford. For more information please email [psc.ane@antioch.edu](mailto:psc.ane@antioch.edu) or see the Center website.

## **Students in AUNE Governance**

CFT students are actively encouraged to have a voice and be a part of the program and university communities. Student input and engagement is seen as a vital function within the MA program. There are several ways in which students can become involved in the program, the Applied Psychology Department and Antioch University New England.

**CFT MA Cohort Representative:** This peer-elected position shares any MA CFT news, concerns, and celebrations from students with the CFT Student Representative, as well as with program

leadership. The CFT Representative relays cohort-specific information during the CFT Program Meetings.

**CFT Student Representative:** Serves as a liaison between CFT faculty and MA CFT students. This peer-elected person attends all CFT Program Meetings and has a place on the agenda to report MA CFT MA news, concerns, and celebrations. This person also shares with MA CFT students news from the open faculty meetings.

**Town Hall Meetings:** Several times throughout the year AP students are asked to meet as a group with AUNE's President and the Vice President of Academic Affairs (VPAA) to let them know what is working well and what ideas you may have for improvements. Students are encouraged to have a voice in the AP department and the larger University.

**Student Groups:** There are several student led groups that students are encouraged to join. To learn more, visit the [Student Organizations information page](#).

## **Standards and Procedures**

University academic policies and procedures are located in AUDirect. The CFT Program abides by all university policies and procedures.

Standards and procedures specific to the AP Department and CFT Program are included in this Handbook below.

Standards and procedures pertaining to Clinical Training and Internship are in the CFT MA Clinical Training Handbook, which is available on the program's website and also in the Field Experience Resources site in Sakai.

## **Areas for Competency for Programs within the Applied Psychology Department**

### ***Mastery of Core Curriculum***

Students will gain a knowledge base in the required competency areas for their program. Students will demonstrate this knowledge through successful completion of all coursework.

### ***Clinical Skills***

Students will develop skills in a range of theoretical approaches to effectively assess and intervene therapeutically with a variety of clients in clinical settings. Students will develop these skills through their coursework as well as through their internship. Students will demonstrate their skills through successful completion of Internship with evaluations of “**Good**” or better in all categories.

### ***Interpersonal Effectiveness and Professional Behavior***

Students will develop the interpersonal effectiveness, empathy, and understanding of and respect for multiple perspectives necessary to become an effective counselor/therapist. They will understand and abide by the ethical standards of their profession(s), the American Counseling Association, the American Mental Health Counselors Association, the American Association for Marriage and Family Therapy, the American Dance Therapy Association and NAADAC, the association for addictions professionals. It is understood that the process of training as a counselor/therapist necessitates the development of a professional self.

The programs in the Department of Applied Psychology are designed to provide the student with feedback on interpersonal style, and students are encouraged through the experiential learning model to develop awareness of their attitudes, prejudices, values, strengths, and areas for growth. Students will demonstrate the ability to work effectively in peer and supervisory relationships, and to be receptive to and demonstrate integration of feedback. Students will demonstrate effective and respectful interpersonal interactions with all persons at Antioch University New England and in their clinical placements.

## **Professional Dispositions Required of Students in Antioch University's Couple and Family Therapy Program**

In addition to successful academic progress and satisfactory performance in internship, graduate students in the Couple and Family Therapy program must consistently demonstrate behavioral dispositions congruent with professional standards of the field, interpersonal effectiveness and professional behavior.

These dispositions and behaviors, include, but are not limited to respect for faculty, staff, and fellow students both inside and beyond the classroom, adherence to ethical standards of the American Association for Marriage and Family Therapy, demonstrated openness to diverse perspectives, and the ability to accept feedback, follow directions and guidelines set out by CFT and AP faculty and internship site supervisors.

Professional and Personal Dispositions will be evaluated throughout the educational experience in interactions with faculty, staff, classmates, and clients. These interactions may be formal, such as in clinical supervision or a classroom setting, or informal (e.g., when dealing with AUNE staff).

An evaluation of student disposition will occur as part of the First Year Review. Results of the dispositional assessment will be addressed during the Year One Progress Review. Any rating of "U" (unsatisfactory) on the dispositional assessment will trigger a remediation plan from CFT faculty to promote professional disposition. A copy of the Antioch University Dispositional Assessment is available in [Appendix D](#).

Failure to meet the prescribed standard will result in a Student Review. Failure of a CFT student to modify behavior may result in dismissal from the program.

### ***Relationship Soundness***

We view a range of professional relationships as central and necessary to successful functioning as a therapist. Relationship soundness is viewed as a foundational competency. Some of the elements of relationship competency include: use of reflective practice, considering multiple perspectives, being patient with self and others, asserting one's perspective in a mature manner, demonstrating civility and respect in word and manner, using self-disclosure appropriately, managing one's affect appropriately in self and with others, moving from a stance of judgment to one of curiosity, and listening. Relationship soundness can be evaluated in interactions with faculty and classmates/colleagues (both in and out of the classroom) and with clients.

### ***Openness to Supervision***

Students are expected to demonstrate the ability and willingness to explore issues that either interfere with the appropriate provision of care or impede professional development or functioning. Elements of this competency would include: responding constructively to feedback from supervisors or program faculty, demonstrated ability to make suggested changes in a timely fashion, successful completion of remediation plans, and participating in personal therapy in order to resolve problems.

### ***Professional Functioning***

In accordance with the ethical standards of the ACA, AMHCA, AACFT, ADTA and NAADAC, the Department of Applied Psychology upholds the principle that students may not engage in clinical practice during periods of intense personal difficulties (including legal difficulties), which interfere with or impede their professional judgment.

There are times when personal problems may interfere with a student's ability to function as a CFT. It is the responsibility of the student to be alert to and recognize when personal problems are interfering with their coursework and/or clinical effectiveness. It is the student's responsibility to refrain from professional activities if their performance may be problematic and those whom they are serving may be harmed. It is important for the student to discuss the possible impact of the personal situation with the Clinical Supervisor, Director of Clinical Training, their Advisor, or the Program Director. There are a variety of avenues to explore including obtaining assistance with one's personal difficulties, suspending or postponing direct client services, taking a leave of absence for the program, among others.

The faculty and students collectively share a responsibility to take action if we believe that a person's personal problems may result in harm to those being served. In such a circumstance, the appropriate action would be to bring the concern to the attention of the person whom one believes to be exhibiting problematic behaviors. If that does not result in corrective action and risk is still perceived, the next step is to consult with a member of the faculty. This information may be shared with the director of the student's program and with their site supervisor, as well as with other faculty members on a need-to-know basis.

In cases where it is determined by the Program Director or Director of Clinical Training that the student's professional judgment is impaired due to personal difficulties, or there is any other situation which compromises the student's suitability to engage in clinical work, the Program Director or Director of Clinical Training may require that the student suspend all clinical work. This work may be resumed only after the determination in a formal student review that the student may return to clinical work.

Students who are alcohol or drug addicted/dependent are expected to have completed at least two years of sobriety before engaging in clinical practice. Students who have experienced severe psychological distress must receive adequate personal therapy and/or pharmacological treatment in order to engage in clinical practice.

### **Expected Progress Toward Competency**

Students are evaluated in terms of their progress in the three areas described above (Mastery of Core Curriculum, Clinical Skills, and Interpersonal Effectiveness and Professional Behavior). Students will demonstrate progress in these areas throughout their matriculation, as well as demonstrate competence in each semester.

Academic competence will be assessed through receipt of evaluations of “Good” or better in all categories for all courses. Under rare circumstances and at the discretion of the Program Director, an evaluation of “satisfactory” may be acceptable as demonstration of competence. Clinical competence will be demonstrated through evaluation of “Good” or better in all clinical course work, as well as

Interpersonal Effectiveness is considered to be an integral part of Class Participation, and as such, will be evaluated on an ongoing basis. Competence in Interpersonal Effectiveness is also to be demonstrated within the academic and clinical communities. When faculty and/or supervisors have concerns about a student's level of effectiveness, they have the responsibility to address these concerns in a timely manner to both student and the faculty advisor. These concerns must be addressed and resolved to the Program Director or Director of Clinical Training's satisfaction, before the student may begin or continue clinical work at an internship site. The Program Director or Director of Clinical Training may deny or delay the commencement of, or call for the termination of, the Internship when Interpersonal Effectiveness remains a concern. Poor Interpersonal Effectiveness is grounds for placement on Academic Concern Status, and/or disenrollment.

## **Progress Review Procedures**

### **Year One Progress Review**

A progress review will be conducted for each first year student prior to beginning internship. Clinical readiness, areas of strength, and areas of concern will be addressed with each student, along with the results of the dispositional assessment. A remediation plan will be developed for those students not making sufficient progress. The process consists of a review of each student's first semester academic performance, as well as a review of their dispositional preparedness for moving into clinical training. Possible outcomes of the Review include:

- Student is admitted into the second year of the program and can begin internship
- Student is put on a remediation plan prior to being allowed to begin internship
- Student is denied admission into the second year of the program and referred for further advising to determine appropriate career alternatives

### **Student Evaluations**

Antioch University New England uses a credit/no credit system supplemented by faculty evaluation of four dimensions of student learning in all courses, Supervised Independent Studies, and master's projects.

The four dimensions evaluated are:

1. Class participation
2. Mastery of course content
3. Quality of documentation (papers, tests, and oral presentations)
4. Overall course performance (a summative category)

One of the following evaluative descriptors will be assigned in each of the four dimensions assessed:

- Outstanding
- Excellent

- Very Good
- Good
- Satisfactory
- Unsatisfactory

Evaluation criteria are presented in rubrics, including the [Evaluative Descriptors for Courses](#) and [Evaluative Descriptors for Internship](#).

In assigning evaluative codes, faculty will be guided by the meanings attached to each rating in the chart of *Evaluative Descriptors*. Additional narrative comments will be provided to the student along with the final paper or project presented for credit.

In order to receive credit for a course, you are required to verify that you have acquired proficiency in the specific learning objectives of the course. You must submit all required work to the instructor by the due date and the work must be of “satisfactory” quality or better in the category of Overall Course Performance.

However, when a student receives "Satisfactory" or "Unsatisfactory" in one or more categories, the advisor is notified. The student is required to arrange an appointment with his/her advisor to discuss the area of concern and plans for remediation. Documentation of these plans is kept on file in the Department.

Ratings of "Satisfactory" or "Unsatisfactory" in two courses, or several such ratings in any one course, may place a student on academic concern status, or initiate a Student Review. Students receiving these ratings in Internship may be placed on academic concern status.

Faculty evaluation of student course work is due ten business days after the end of the course. Check your syllabus for your work submission deadlines. The instructor evaluates your work in accordance with the learning objectives stated in the course syllabus.

Should a situation arise where a student encounters difficulty in negotiating the revision of coursework and/or believes that he/she has an academic grievance, the student may make an appeal through the student grievance process.

### **No Credit Policy**

A student who receives a No Credit or an overall evaluation of “Unsatisfactory” for a required course may be permitted to repeat that class, once only, with approval of the Program Director. Students are responsible for any additional costs incurred. Receiving a No Credit or an overall “Unsatisfactory” evaluation for a course twice, or in two separate courses, will be grounds for disenrollment.

Receiving a No Credit or overall “Unsatisfactory” evaluation for any portion of Internship may be grounds for disenrollment. Permission to repeat these clinical courses is at the discretion of the Program Director and is dependent on successful completion of remedial tasks.

### **Student Review**

A Student Review may be called by the Program Director, Director of Clinical Training and/or academic advisor, when:

1. Academic, clinical, and/or interpersonal concerns persist.
2. There is no evidence that the student has been making sufficient progress towards remediation.
3. Two or more ratings of “Satisfactory” are received.
4. An "Unsatisfactory" is received in any category.
5. A No Credit is received for any course.

The Student Review is a formal meeting between a student who has academic, clinical, and/or interpersonal difficulty and the faculty, Program Director and/or academic advisor, and/or others at the discretion of the Program Director. The student may invite a support person (not their attorney).

The purpose of the meeting is to review the student's progress and to establish criteria for remediation, placement on academic concern status, or disenrollment. A written Remediation Agreement between the student and the Program will be drawn up, including a timeline for action. The agreement is placed in the student's file. The Program Director, Director of Clinical Training and/or academic advisor will monitor the student's compliance with the agreement.

The student will be required to adhere to the Remediation Agreement. If any part of the agreement is not fulfilled, within the time specified, the student may be required to participate in a second Student Review, and may be required to withdraw or be disenrolled from the program.

### **Academic Concern Status**

Academic concern status indicates that the student is at risk of being disenrolled. A student may be placed on academic concern status as a result of a Student Review. A student is automatically placed on academic concern status in the following cases:

1. A No Credit or overall “Unsatisfactory” evaluation is received in any required academic course.
2. A No Credit or overall “Unsatisfactory” evaluation of any portion of Internship. This may also be grounds for disenrollment, depending on the circumstances.
3. An ethical violation, including plagiarism.

A student may be required to take a Leave of Absence as a part of his/her academic concern status. As in the Student Review, academic concern status may include specific tasks to be completed by a student in a specified amount of time. The student is required to fulfill these in order to be removed from academic concern status. A student can be removed from academic concern status following a Student Review, or following successful completion of a course that was previously evaluated as a No Credit or “Unsatisfactory”.

### **Satisfactory Academic Progress Toward the Degree**

Antioch University New England requires all students to be making satisfactory progress toward their degree in order to:

1. Remain in good academic standing
2. Be eligible for continued enrollment at the University



3. Be eligible for federal financial aid.

Students subject to a Remediation Agreement or academic concern status will be considered to be making satisfactory progress as long as they comply with the terms of the required remediation. If the Program Director and/or academic advisor determine(s) that the student has not fulfilled any part of the Remediation Agreement, the Program Director will immediately notify the Registrar.

University policy on Satisfactory Academic Progress is in AUDirect and the full [policy on Satisfactory Academic Progress](#) can be found in the University Catalog.

### **Disenrollment**

The Department of Applied Psychology adheres to the policies of Antioch University with regard to [Satisfactory Academic Progress](#).

### **Competency for Graduation**

Successful completion of the required coursework and internship requirements establishes competency in the student's area of Applied Psychology. Students must fulfill degree requirements specified in the Academic Catalog in order for the degree to be conferred.

**Appeals:** Procedures and policies pertaining to dismissal and grievance procedures are in the Access Services section of AUDirect of Antioch University New England

## **Assessment Policy**

It is the policy of the CFT Programs (Master of Arts and Doctor of Philosophy) to collect and aggregate a variety of data in order to facilitate program improvement. These data include, but are not limited to, end-of-semester electronic course evaluations, assessments of student learning from course materials, end-of-semester clinical assessments (ASkED), and final semester capstone projects (as outlined in [Appendix A](#)), as well as yearly surveys of graduating students, alumni, and employers. Each year the Program Director gathers information on graduation rates, licensure exam pass rates, and job placement via an alumni survey, in addition to the above specified data. Information from all of these data sources is aggregated and used to evaluate program effectiveness in meeting identified outcomes (including student learning outcomes, program outcomes, and faculty outcomes) and is also used to fulfill requirements of accreditation (including regional university accreditation as well as program accreditation). Assessment data are reviewed biannually in spring and fall as part of the program's continuous improvement process.

### **Endorsement of Students and Alumni**

The CFT MA faculty will endorse students and alumni for employment, licensure, and certification in professions for which they have been prepared. Preparation includes successful completion of the required coursework and internship, and demonstration of entry-level competence for ethical practice as a Couple and Family Therapist.

## Students Engaging in Private Practice During the Program

In accordance with the ethical standards of each of the professional organizations associated with Applied Psychology master's degree programs, students are not considered to have acquired the appropriate level of skills to engage in independent practice in the profession in which they are training. Therefore, no students will engage in private practice while enrolled in the AP Department.

Students may work within an agency setting or as an employee of a group practice so long as they are receiving adequate supervision and their employers assume all legal and ethical responsibility for their work. They may continue work for which they are trained and deemed competent by a certifying body (e.g., massage therapy).

It is assumed that students will cease any independent practice of counseling, dance/movement therapy or Couple and Family Therapy, in which they may have been engaged prior to entrance into the Department. Any departure from this behavior will be reason for dismissal from the Department, based on non-adherence to ethical standards.

## Antioch University Policies

Antioch University is committed to building a vibrant and inclusive educational environment that promotes learning and the free exchange of ideas. Our academic and learning communities are based upon the expectation that their members uphold the shared goal of academic excellence through honesty, integrity, and pride in one's own academic efforts and the respectful treatment of the academic efforts of others.

As a student at Antioch University, you have certain rights and responsibilities. While you may never need to act upon many of the policies below, we expect you to familiarize yourself with them. A brief guide to some Antioch University policies is included here with links for convenient access to the full details.

All students are expected to comply with [Antioch University policies](#), including the Title IX [Sexual Harassment, Sexual Violence and Sex Discrimination Policy Statement](#) and the [Student Conduct Policy](#).

Antioch University (AU) and Antioch University New England (AUNE) reserve the right to revise or modify these policies and procedures or create new policies and procedures at any time as deemed necessary and appropriate.

All [AU policies can be found here](#).

Policy	Policy Name	Overview of Policy
<a href="#">4.607</a>	Sexual Harassment and Sexual Violence Policy	This policy informs students and employees about the University's prohibitions of all forms of unlawful sex discrimination directed at both students and employees, including sexual harassment, gender harassment, and sexual misconduct. This policy includes both efforts at prevention and steps to ameliorate the effects of violations.
<a href="#">6.101</a>	Disability Support Services Policy	This policy outlines the steps one must take to request reasonable accommodation for a disability, provides a directory of the staff members

		on your campus who can help you with this, and a variety of other relevant items. It also includes the process of how to file a grievance related to disability.
<a href="#">6.102</a>	Student Academic Rights and Freedom	This policy informs students and faculty of the university's expectation regarding students' academic freedom as well as the responsibilities that students accept as members of the academic community.
<a href="#">6.103</a>	Student Conduct Policy	This policy informs students and student organizations general notice of the required standards of conduct, the nature of prohibited behavior, and their rights and responsibilities during a disciplinary process, should one arise.
<a href="#">6.105</a>	Student Academic Integrity	The purpose of this policy is to establish and communicate the university's standards of student academic integrity, the nature of prohibited behavior, and the protection of students' rights as well as expectations regarding students' responsibilities during the disciplinary process. It touches on areas such as clear expectations about thorough attribution of sources in writing and presentations, avoiding plagiarism, and the standards of academic honesty.
<a href="#">6.109</a>	Student Grievance Policy	The purpose of this policy is to provide students with a mechanism to address non-academic actions taken by others within the University community about which students believe they have legitimate grounds to grieve.
<a href="#">6.111</a>	Academic Appeal Policy	The purpose of this policy is to provide students with a mechanism to address specifically academic actions taken by faculty or administration which students believe they have legitimate grounds to appeal. Complaints related to academic warning, academic probation and academic dismissals; assessment of satisfactory academic progress; or unfair, inconsistent, or inequitable treatment in a program may also be appealed under this policy.
<a href="#">6.119</a>	Satisfactory Academic Progress	The purpose of this policy is to inform students of the University's expectation regarding the review and assessment of satisfactory academic progress, the relationship of satisfactory academic progress to a student's eligibility for financial aid, as well as students' right of appeal.
<a href="#">6.127</a>	Student Organizations, Speech and Publications	This policy sets forth students' rights and responsibilities as well as University expectations with regard to the establishment of conduct of student organizations and student publications

## Couple and Family Therapy Education Ethics

The CFT faculty members and students abide by the [American Association for Marriage and Family Therapy \(AAMFT\) Code of Ethics \(2015\)](#).

## Helpful Links

[Academic Calendar](#)

[Admissions](#), include information about admission policies, financial aid, tuition and fees

[AUNE CFT MA program website](#), includes information on cultural composition of faculty, supervisors, and students, degree completion requirements, program's social justice focus, as well as much more.

CFT Professional Organizations

[American Association for Marriage and Family Therapy](#)

[American Family Therapy Academy](#)  
[International Family Therapy Association](#)

#### Program Policies & Handbooks

Program policies can be found in several locations, including the AU [Academic Catalog](#):

The AUCFTI (Antioch University Couples and Family Therapy Institute) Handbook which can be found on the AUNE CFT Clinic Sakai site under 'Resources'

The CFT MA Clinical Training Handbook can be found on the program website and in the Field Experience Resources site in Sakai under 'Resources'.

#### [Tuition & Fees](#)

## **Appendix A: Student Learning Outcomes and CFT MA Assessment Map**

As part of its continuous improvement process, the program uses aggregated data on student learning to evaluate how well the program is helping students meet established learning outcomes. The program's eleven Student Learning Outcomes (SLOs) are integrated throughout the curriculum, and experiences in a variety of courses contribute to the accomplishment of these outcomes. The following list indicates the specific points of assessment that are used to evaluate the program's success in accomplishing its learning outcomes. Targets for each measure indicate the benchmarks the program has set as indicators of success with each SLO.

### **Targets for Evaluative Descriptor Domains**

At least 90% of students will score 'good' or better on the Evaluative Descriptor domain for the selected courses.

### **Targets for Antioch Skills Evaluation Device (ASkED) Items**

At least 85% of students will score 31 ('advanced') or higher in Year 3 on ASkED item ratings by Faculty and Site Supervisors.

### **Targets for Capstone Presentation**

At least 90% of students will score 'good' or better on Overall Internship Performance Evaluative Descriptor for Internship V, which is directly tied to performance in the Capstone Presentation.

***Program Goal #1 (Knowledge) Educate students on the foundational knowledge and broader content areas required for effective CFT practice.***

#### **SLO1: Students demonstrate knowledge of CFT models and interventions.**

- Mastery of Course Content in CFT 6420 Foundational Theories of CFT (Year 1)
- Mastery of Course Content in CFT 5760 Postmodern Approaches to Family Therapy (Year 1)
- ASkED items: (1) Systems Perspective, (2) Familiarity with Therapy Models (Year 3)
- Capstone Presentation (Year 3)

#### **SLO2: Students demonstrate knowledge of broader content areas in CFT, including human development and family studies, families in larger systems, human sexuality and sex therapy, addictions, and intrafamilial violence.**

- Mastery of Course Content in CFT 5260 Human Development: Lifespan and Systems Perspective (Year 1)
- Mastery of Course Content in CFT 5180 Human Sexuality and Sex Therapy (Year 2)
- Mastery of Course Content in CFT 6660 Families and Addictions (Year 2)
- ASkED item: (1) General Knowledge Base (Year 3)
- Capstone Presentation (Year 3)

***Program Goal #2 (Practice) Train students to apply clinical systemic skills and models to practice as a CFT.***

**SLO3: Students apply systemic/relational model interventions in clinical practice.**

- Integration of Theory and Practice in CFT 6960 Clinical Skills in CFT (Year 1)
- ASkED items: (1) Integration of Theory and Practice (2) Knowledge of (Preferred) Theory (3) Utilizes Theory in Practice (Year 3)
- Capstone Presentation (Year 3)

**SLO4: Students demonstrate competency in systemic assessment, diagnosis, and treatment planning.**

- Mastery of Course Content in CFT 5500 Systemic Assessment and Treatment Planning (Year 1)
- ASkED items: (1) Assessment and Diagnosis (2) Recognition Skills (Year 3)
- Capstone Presentation (Year 3)

**SLO5: Students demonstrate basic systemic/relational therapeutic skills in clinical practice.**

- Mastery of Course Content in CFT 6960 Clinical Skills in CFT (Year 1)
- ASkED items: (1) Joining (2) Interventions (3) Communication Skills (4) Session Management (Year 3)
- Capstone Presentation (Year 3)

***Program Goal #3 (Ethics) Promote the development of ethical professionals and practices in the field of CFT.***

**SLO6: Students demonstrate professionalism in CFT.**

- Professional and Interpersonal Skills in Internship V (Year 3)
- ASkED items: (1) Personal Skills (2) Professional Image (3) Professional Conduct (4) Supervision Utilization (5) Evaluation of Self (Year 3)
- Capstone Presentation (Year 3)

**SLO7: Students demonstrate understanding and application of ethical codes, laws, and principles in CFT practice.**

- Mastery of Course Content in CFT 6000 CFT Identity, Law, and Ethics (Year 1)
- ASkED item: (1) Recognition of Ethical Issues (Year 3)
- Capstone Presentation (Year 3)

***Program Goal #4 (Research) Educate students on the application and critique of CFT research.***

**SLO8: Students demonstrate understanding of qualitative and quantitative research methodologies through a critical lens.**

- Mastery of Course Content in CFT 5800 Research and Evaluation in CFT (Year 3)
- Capstone Presentation (Year 3)

**SLO9: Students apply research to clinical practice.**

- Mastery of Course Content in CFT 5800 Research and Evaluation in CFT (Year 3)
- Mastery of Course Content in CFT 5190 CFT Seminar: Family Studies (Year 3)
- ASkED item: (1) Evaluation of Therapy (Year 3)
- Capstone Presentation (Year 3)

***Program Goal #5 (Diversity and Social Justice) Advance the profession by training students to practice CFT from a socially just stance.***

**SLO10: Students demonstrate self-awareness of social structures, social locations, experiences, and biases that influence their practice as CFTs**

- Mastery of Course Content in CFT 5760 Postmodern Approaches to Family Therapy (Year 1)
- Mastery of Course Content in CFT 6060 Diverse Families and Communities (Year 1)
- ASKED items: (1) Self-as-Therapist (2) Attention to Issues of Power in Therapy (Year 3)
- Capstone Presentation (Year 3)

**SLO11: Students pay attention to issues of diversity, equity, and inclusivity across all domains of CFT**

- Mastery of Course Content in CFT 6060 Diverse Families and Communities (Year 1)
- ASKED items: (1) Attention to Issues of Gender in Therapy (2) Attention to Issues of Race, Ethnicity, Sexual/Gender Minority Status, and Class (Year 3)
- Capstone Presentation (Year 3)

## Appendix B: Statement on Licensure

### Statement on Licensure Regulations (rev. 2/23/2022)

In order to comply with U.S. Department of Education regulations (effective July 1, 2020) regarding universities that offer programs leading to professional licensure, Antioch University makes the following disclosure to current and prospective students:

Antioch University's academic programs that lead to professional licensure are designed to meet educational requirements in the states in which they are offered. We are currently working to determine if our programs meet additional states' requirements. Requirements for licensure vary from one profession to another and from state to state. Also, licensure requirements are subject to change. As a result, licensing requirements in one state may not be recognized as sufficient to obtain a license in any other state.

You are enrolled in a program designed to meet the educational requirements for licensure in the state in which the program is offered (the AUNE CFT programs are physically based in New Hampshire).

If you plan to pursue licensure in another state than the one listed for your program, please review all requirements for your desired license in your intended state of licensure. If you relocate during your academic program, you should follow this process again for your new state.

As a Couple and Family Therapy (CFT) program accredited by the Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE), the CFT program course sequence and clinical training experience are designed to meet the criteria contained in the COAMFTE Version 12.5 Standards for Accreditation. **Because licensure requirements frequently change, prospective students are responsible for reading their state or province's LMFT licensure requirements prior to enrolling in the program, and current students are responsible for working with the CFT MA Program Director or Director of Clinical Training to review how their course sequence and clinical placements align with current licensure criteria.** The CFT program and faculty cannot predict future licensure requirements or changes.

Prospective and current students are directed to [AAMFT's resources](#) for current information on licensure requirements for Licensed Marriage and Family Therapist across North America. It is strongly recommended that students explore the MFT licensing requirements, rules, and laws from their specific state's regulatory website. Students are also encouraged to call and write State or Provincial Boards with questions and to obtain copies of all answers **in writing**. The Antioch CFT program will provide training in alignment with current COAMFTE guidelines but cannot promise to meet the requirements of every state or provincial LMFT license, as these requirements can change, and students must meet licensure requirements that exist at the time of their LMFT application. The program does not provide training for any other type of mental health license.

I acknowledge that I have been informed by the program and am aware that licensing regulations may differ across states and provinces and may change over time.

Name (Printed or typed): \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_



## Appendix C: COAMFTE version 12.5 Standards Foundational Curriculum Areas and AUNE CFT MA Courses

FCA 1: Foundations of Relational/Systemic Practice, Theories & Models (Minimum of 6 semester credits/8 quarter credits/90 clock hours)	
This area facilitates the development of competencies in the foundations and critical epistemological issues of MFT. It includes the historical development of the MFT relational /systemic philosophy and contemporary conceptual foundations of MFT, and early and contemporary models of MFT, including evidence-based practice and the biopsychosocial framework.	CFT-6420, Foundational Theories of CFT (3 credits)  CFT-5750, Postmodern Approaches to Family Therapy (3 credits)  CFT-5800: Research & Evaluation in CFT (3 credits)
FCA 2: Clinical Treatment with Individuals, Couples and Families (Minimum of 6 Credits/8 quarter credits/90 clock hours)	
This area facilitates the development of competencies in treatment approaches specifically designed for use with a wide range of diverse individuals, couples, and families, including sex therapy, same-sex couples, working with young children, adolescents and elderly, interfaith couples, and includes a focus on evidence-based practice. Programs must include content on crises intervention.	CFT-6480, Intro to Couples Therapy (3 credits)  CFT-5180, Human Sexuality and Sex Therapy (3 credits)  CFT-5500: Systemic Assessment and Treatment Planning (3 credits)  CFT-6960, Clinical Skills in CFT (1 credit)
FCA 3: Diverse, Multicultural and/or Underserved Communities (Minimum of 3 Credits/4quarter credits/45 clock hours)	
This area facilitates the development of competencies in understanding and applying knowledge of diversity, power, privilege, and oppression as these relate to race, age, gender, ethnicity, sexual orientation, gender identity, socioeconomic status, disability, health status, religious, spiritual and/or beliefs, nation of origin or other relevant social identities throughout the curriculum. It includes practice with diverse, international, multicultural, marginalized, and/or underserved communities, including developing competencies in working with sexual and gender minorities and their families, as well as anti-racist practices.	CFT-6060, Diverse Families and Communities (3 credits) (effective Fall 2022, renamed Culture, Diversity, and Power in Couple and Family Therapy)
FCA 4: Research & Evaluation (Minimum of 3 Credits/4 quarter credits/45 clock hours)	

<p>This area facilitates the development of competencies in MFT research and evaluation methods, and in evidence-based practice, including becoming an informed consumer of couple, marriage, and family therapy research. If the program's mission, goals, and student learning outcomes include preparing students for doctoral degree programs, the program must include an increased emphasis on research.</p>	<p>CFT-5800, Research and Evaluation in CFT (3 credits)</p>
<p>FCA 5: Professional Identity, Law, Ethics &amp; Social Responsibility (Minimum of 3 Credits/4 quarter credits/45 clock hours)</p>	
<p>This area addresses the development of a MFT identity and socialization and facilitates the development of competencies in ethics in MFT practice, including understanding and applying the AAMFT Code of Ethics and understanding legal responsibilities.</p>	<p>CFT-6000, CFT Identity, Law, and Ethics (3 credits)</p> <p>CFT-6960, Clinical Skills in CFT (1 credit)</p>
<p>FCA 6: Biopsychosocial Health &amp; Development Across the Life Span (Minimum of 3 Credits/4 quarter credits/45 clock hours)</p>	
<p>This area addresses individual and family development, human sexuality, and biopsychosocial health across the lifespan.</p>	<p>CFT-5260, Human Development: Lifespan and Systems Perspective (3 credits)</p> <p>CFT-5180, Human Sexuality and Sex Therapy (3 credits)</p>
<p>FCA 7: Systemic/Relational Assessment &amp; Mental Health Diagnosis and Treatment (Minimum of 3 Credits/4 quarter credits/45 clock hours)</p>	
<p>This area facilitates the development of competencies in traditional psycho-diagnostic categories, psychopharmacology, the assessment, diagnosis, and treatment of major mental health issues as well as a wide variety of common presenting problems including addiction, suicide, trauma, abuse, intra-familial violence, and therapy for individuals, couples, and families managing acute chronic medical conditions, utilizing a MFT relational/systemic philosophy.</p>	<p>CFT-5000, Systemic Assessment and Treatment Planning (3 credits)</p> <p>CFT-6660, Families and Addictions (3 credits)</p>
<p>FCA 8: Contemporary Issues</p>	

<p>This area facilitates the development of competencies in emerging and evolving contemporary challenges, problems, and/or recent developments at the interface of Marriage and Family Therapy knowledge and practice, and the broader local, regional, and global context. This includes such issues as immigration, technology, same-sex marriage, violence in schools, etc. These issues are to reflect the context of the program and the program's mission, goals, and student learning outcomes. Programs are encouraged to innovate in this FCA.</p>	<p>CFT-5180: Human Sexuality &amp; Sex Therapy (3 credits)</p> <p>CFT-6660: Families and Addiction</p> <p>Elective Courses</p>
<p>FCA 9: Community Intersections &amp; Collaboration</p>	
<p>This area facilitates the development of competencies in practice within defined contexts (e.g., healthcare settings, schools, military settings, private practice) and/or nontraditional MFT professional practice using therapeutic competencies congruent with the program's mission, goals, and student learning outcomes (e.g., community advocacy, psycho-educational groups). It also addresses developing competency in multidisciplinary collaboration.</p>	<p>CFT-6060, Diverse Families and Communities (3 credits) (effective Fall 2022, renamed Culture, Diversity, and Power in Couple and Family Therapy)</p> <p>Elective Courses</p>
<p>FCA 10: Preparation for Teletherapy Practice</p>	
<p>This area facilitates the development of competencies in teletherapy. This may include such issues as emerging legal and ethical requirements, documentation, response to crises, awareness of the therapeutic space, joining, appropriate individual and systemic interventions (e.g., couples, play therapy), or other topics of importance to the context of the program and with diverse populations. Programs are encouraged to innovate in this FCA.</p>	<p>CFT 6000 CFT Identity, Law, and Ethics (3 credits)</p> <p>CFT-6960, Clinical Skills in CFT (1 credit)</p>

## Appendix D: Antioch Professional Disposition Assessment

### Antioch University Dispositional Assessment Couple and Family Therapy

Therapist Candidate Name: \_\_\_\_\_

Date: \_\_\_\_\_

CFT Program (check one): \_\_\_\_\_ Master of Arts \_\_\_\_\_ Ph.D \_\_\_\_\_ Certificate

Total Completed Semesters (not including current one): \_\_\_\_\_

Number of Clinical Semesters, (not including the current one): \_\_\_\_\_

Name of Person Completing the Form: (please print) \_\_\_\_\_

Relationship to the Therapist Candidate: (choose one)

\_\_\_\_\_ Self

\_\_\_\_\_ Clinical Supervisor

\_\_\_\_\_ Course Instructor

\_\_\_\_\_ Other (please specify) \_\_\_\_\_

*The dispositional assessment process is designed to identify opportunities to provide feedback to students on exhibited character, attitudes, attributes, and behavior as they advance toward becoming a competent couple & family therapist. This process is meant to aid students' development of the essential skills of taking in feedback, self-reflecting, and continuously evaluating and positively modifying their own behavior. Evaluators should reserve 5's for students who are consistently meeting the criteria without support or direction for the entity of the semester. Evaluators should note when a criterion has been problematic for a student even in cases where the student has made progress in the same semester.*

#### Rating Scale

5..... Student consistently meets criteria

4..... Student attempts implementation but needs support and direction

3..... Student appears to understand disposition but has not had the opportunity to apply it

2..... Student does not understand disposition or does not meet criteria for program level

1..... Student behavior and attitude are contrary to the disposition

N..... No opportunity to observe

Rating (circle)	Professional Functioning	Comments (Rating of 1 or 2 requires a comment)
5 4 3 2 1 N	Consistently attends class	
5 4 3 2 1 N	Consistently arrives to class and meetings on time	
5 4 3 2 1 N	Is thoroughly prepared for class at all times	
5 4 3 2 1 N	Exhibits enthusiasm and passion for learning and providing therapy	
5 4 3 2 1 N	Maintains accurate and up-to-date records	
5 4 3 2 1 N	Is able to use accurate and updated information for decision making	
5 4 3 2 1	Demonstrates clear understanding of legal and	

N	moral obligations of the profession as outlined by AAMFT	
5 4 3 2 1 N	Maintains confidentiality	
5 4 3 2 1 N	Works cooperatively and collaboratively	
5 4 3 2 1 N	Exhibits clear and accurate communication skills (e.g., listening, writing, speaking)	
5 4 3 2 1 N	Maintains professional appearance and demeanor appropriate to the situation	
5 4 3 2 1 N	Is able to recognize when personal problems are interfering with coursework and/or clinical effectiveness, and communicates such to appropriate personnel (e.g., faculty, advisor, clinical supervisor)	
5 4 3 2 1 N	Is sober (i.e., free of alcohol and drugs) during all professional activities, except where prescribed by a physician	
5 4 3 2 1 N	Evidences curiosity about topics/issues studied	
<b>Rating (circle)</b>	<b>Relationship Soundness</b>	<b>Comments (Rating of 1 or 2 requires a comment)</b>
5 4 3 2 1 N	Relates well to peers, faculty, supervisors, staff, and clients	
5 4 3 2 1 N	Is consistently respectful, empathetic, caring, and responsive to professors, supervisors, staff, and peers	
5 4 3 2 1 N	Consistently respects diversity among colleagues and clients	
5 4 3 2 1 N	Demonstrates understanding of and is open to diverse perspectives (e.g., open to a wide range of ideas, opinions, and diverse perspectives, including those influenced by cultural background, age, ability, learning needs, etc.)	
5 4 3 2 1 N	Is patient and disciplined with self and others	
5 4 3 2 1 N	Demonstrates consistent integrity and honesty	
5 4 3 2 1 N	Considers the impact of actions on self and others	
5 4 3 2 1	Uses self-disclosure judiciously and	

N	appropriately	
5 4 3 2 1 N	Understands and models appropriate boundaries	
5 4 3 2 1 N	Exhibits a high level of emotional maturity and/or stability	
5 4 3 2 1 N	Accepts responsibility for own actions	
5 4 3 2 1 N	Consistently exhibits a stance of curiosity versus judgment	
5 4 3 2 1 N	Presents clear justifications for positions taken	
<b>Rating (circle)</b>	<b>Openness to Supervision</b>	<b>Comments (Rating of 1 or 2 requires a comment)</b>
5 4 3 2 1 N	Is receptive and responsive to instruction and feedback	
5 4 3 2 1 N	Consistently responds constructively to feedback from supervisors and faculty	
5 4 3 2 1 N	Is accountable for own actions and prudent in decision-making	
5 4 3 2 1 N	Seeks to continuously reflect on professional interactions and classroom performance in an ongoing process of self-assessment and improvement	
5 4 3 2 1 N	Consistently demonstrates flexibility and adapts processes to incorporate new information	
5 4 3 2 1 N	Analyzes and synthesizes multiple sources of information resulting in creative solutions to problems within the supervision context	
5 4 3 2 1 N	Demonstrates high level of self- insight and engages in self- reflection/ exploration within the supervision context	
5 4 3 2 1 N	Successfully completes remediation plans	
5 4 3 2 1 N	Participates in personal therapy in order to resolve problems	
<b>Rating (circle)</b>	<b>Self-Responsibility and Personal Initiative</b>	<b>Comments (Rating of 1 or 2 requires a comment)</b>
5 4 3 2 1 N	Seeks answers to problems independently	
5 4 3 2 1	Takes initiative and is a self-starter	

N		
5 4 3 2 1 N	Is highly engaged in course or program and seeks out additional learning experiences	
5 4 3 2 1 N	Values critical thinking	
5 4 3 2 1 N	Actively pursues opportunities to gather evidence related to problems/issues	
5 4 3 2 1 N	Thoroughly evaluates alternative points of view	
5 4 3 2 1 N	Analyzes and synthesizes multiple sources of information resulting in creative solutions to problems	
5 4 3 2 1 N	Demonstrates high level of self- insight and engages in self- reflection/ exploration	
5 4 3 2 1 N	Is accurate in self-evaluation	
5 4 3 2 1 N	Continuously monitors sources of personal bias in reasoning	
5 4 3 2 1 N	Shows self-confidence and positive self-esteem	