

## MAY/JUNE 2023 IN THIS ISSUE

A Message from Co-Chair, Darcy Greene  
P. 1 - P. 3

Asian and Pacific  
Islander heritage  
month  
P. 4

Spotlight: AUS In  
the News  
P. 4

National Military  
Appreciation Month  
P. 4

Pride month  
P. 5

Spotlight: Dr.  
Mariamée Gozalez  
P. 5

What Inspires You?  
P. 6

2023 Online Social  
Justice Symposium  
P. 7

We Celebrate  
Juneteenth  
P. 8

One Seattle Day of  
Service  
P. 8

Meet YA author, Jas  
Hammond!  
P. 9

Get Involved  
P. 9



## A MESSAGE FROM CO-CHAIR, DARCY GREENE (CFT ALUM 2022)

Welcome to the May/June 2023 Diversity Council newsletter. During the months of May and June we honor Asian-Pacific American Heritage Month, Teacher Appreciation Week, World Press Freedom Day, National Teacher's Day, National Military Appreciation Month, Pride Month, Juneteenth, and many other notable days.

We also are featuring an interview with Dr. Mariamée Gonzalez about the formation of the Latinx Mental Health Institute and its 2023 Fall Symposium, an article from Rong Huang, OSJS Executive Committee, about the successful April 20th 2023 Social Justice Symposium and a new spotlight featuring AUS in the News.

We look for the changing weather and blooming flowers and trees to give way to more sun and warmth. Similar to last year, and maybe every year, there are steps forward in the fight to liberation and horrifying new realizations every day. Will we choose hope or despair? Either one, or a combination, is understandable. We asked community members to share what is inspiring them right now. We hope that you will be energized and motivated by these inspirational sentiments.

Thoughts from Darcy – Last week I attended a screening of *Deconstructing Karen*, a film by Regina Jackson and Sairo Rao which is based on the conversations they facilitate over dinners with white women in their business *Race2Dinner*. I watched with many conflicting feelings. Jackson and Rao are challengers. Their message to liberal white women: Stop defending yourselves and take action. Stop using the excuse that you are still learning and cannot act until you know enough. They are fed up. My white fragility was swinging wildly about as I took it in. While I wring my hands, people die, voting rights continue to be suppressed and decisions are being voted into law that hide the truth of our history and limit rights. White liberals say we understand the urgency but discomfort stops us from taking action. Read more about Jackson and Rao's work and their New York Times Bestseller here [This New Book Invites White Women To Interrogate The Role They Play In White Supremacy. \(forbes.com\)](https://www.forbes.com).

*"I thought about my commitment to anti-racist actions and what my next work will be."*





**(A MESSAGE FROM CO-CHAIR, CONTINUED FROM PAGE 1)**

I thought about my commitment to anti-racist actions and what my next work will be. With regard to the Diversity Council, and the end of my term as co-chair, I wonder who will pick up the baton? We have accomplished amazing things, and many departments have incorporated, or are incorporating, aspects of the original goals. And also, I want the work to continue in an organized way. I want there to be accountability. I have been laughing at myself lately because this story by author Ann Lamott keeps popping into my head. In it she is talking about being a parent and how it's like, no matter what your child's age, in your heart you always want to be running alongside them, reminding them to wear sunscreen and that you've got a bar if they're hungry. Or when you teach your kids to ride a bike and you get them started and then you let go of the seat and yell "keep pedaling!" "keep pedaling or you'll fall over!" (Cont. on P 3.)

**AUS DIVERSITY COUNCIL**   
**ROADMAP TO OPERATIONALIZING OUR GOALS**

*We are proud of our milestones...*

- Summer 2019**  
Diversity Council Launched  
2019-21 Diversity Action Goals Established
- Fall 2019 - Fall Convocation**  
Diversity & Equity: An Exploration  
Diversity Goals Launched
- Spring 2020**  
BSU Letter: Hear Our Voices  
Standing in Solidarity  
Students, Faculty, Departments, Administration  
Anti-Racism Commitment Plan
- Winter - Summer 2022**  
Antiracism Framework  
Antiracism Accountability Framework Launched  
Roadmap for 2022  
Campus Climate Reporting System
- Winter - Fall 2021**  
AUS Antiracism Workshops  
Alina Santillan Consulting  
Antiracist Workshop Series for all AUS Community
- Fall 2022 - Spring 2023**  
Campus Climate Reporting System Launch  
Execute/Monitor AR Roadmap for 2022  
AUS Antiracism Workshops

*But the road doesn't stop here.*

*This work is ongoing. Keep following our journey in 2023 and beyond.*





## (A MESSAGE FROM CO-CHAIR, CONTINUED FROM PAGE 2)

The work will never be finished. I was reminded of this by the movie and I want to remind and encourage Antioch Seattle. Find a way to be involved. Our campus needs your commitment. The community that needs your commitment. The city, state and country needs your work. We have to stay committed to reach liberation.

June will mark the end of my term as Diversity Council Co-Chair. It has been an absolute honor to work with Sue and Danyaile and the Diversity Council members.

We are accepting nominations for a new co-chair. The duties include:

- Planning for monthly meetings with co-chairs
- contribution/solicitation for monthly newsletters
- Attendance at monthly meetings
- Tracking progress toward short and long term goals
- Working with Administration, Faculty, Staff and Students to continue the progress on Diversity Council Goals

# Please consider self-nominating or nominating one or two co-chairs for the Diversity Council!

## ANTIOCH UNIVERSITY SEATTLE

# AU Seattle Diversity Goals Progress 2021-22

Presented by the AUS Diversity Council

- INCREASE AND IMPROVE DIVERSITY RELATED COMMUNICATION**
  - Diversity Dialogues led by Diversity Fellows-2022
  - Antiracism Accountability Framework-Spring 22
  - AUS Antiracism Framework Training provided to new students in the Fall 2022) and New Faculty in the Winter of 2023
  - AUS Faculty, Students, Staff, A. Santillan (Consultant) present at Spring 2022 Student Success Symposium
- EVALUATE AND IMPROVE STUDENT SUCCESS & RETENTION**
  - AUS Social Justice Summit-Spring 2022
  - Latinx Mental Health Symposium-Fall 2022
- INCREASE DIVERSITY AMONG STUDENTS, FACULTY, STAFF AND ADMINISTRATION**
  - Student Population: The student population increased by 4% points between 2020-21 and 2021-22. While the number of students who identify as BIPOC increased by 15 students during that time, their percentage of the student population decreased by 4% points.
  - Faculty Population: The full-time faculty increased by 12% points between 2020-21 and 2021-22, with a 3%-point increase in faculty who identify as BIPOC. The part-time faculty increased by 18% points between 2020-21 and 2021-22, with a 3%-point increase in faculty who identify as BIPOC.
  - Scholarship Awards: The scholarship awards to support BIPOC student representation increased from \$19,802 in 2019-20 to \$26,588 in 2021-22, representing an increase of over 34.26%-points.
- PROVIDE SAFE & EFFECTIVE WAYS FOR STUDENTS TO ADDRESS GRIEVANCES, INJUSTICES, AND INEQUITIES SAFE TO ADDRESS GRIEVANCES, INJUSTICES, & INEQUITIES**
  - Student Life hosts Student Assemblies quarterly
  - Provost hosts town halls each quarter
  - Safe zone training Winter 22
- IMPROVE CULTURAL COMPETENCY ACROSS CAMPUS**
  - AUS partner with WACC to support internships/practicum/peer mentoring-Summer 2022
  - Incorporation of social justice, equity and cultural competencies in courses (department level)
  - Disability Services awareness and training increased-Spring 2022
- INCREASE STUDENT SUPPORT SERVICES FOR INTERNATIONAL STUDENTS**
  - Support for AUS International students through the Admissions Process and Student Services
- DEMONSTRATE LEADERSHIP IN DIVERSITY & SOCIAL JUSTICE CAUSES IN THE COMMUNITY AT LARGE**
  - Continuing Education department and Diversity Dialogues open programming and workshops to community-at-large
  - Department/programs engaging community experts

# ASIAN AND PACIFIC ISLANDER HERITAGE MONTH

May is Asian American and Pacific Islander Heritage Month. Asian Americans and Pacific Islanders have a rich heritage dating thousands of years old and have richly shaped the history of the United States. AAPI History Month is celebrated to honor Asian American and Pacific Islanders – their histories, their cultures, and their many contributions to America and the world. And to remember past injustices that Americans and our Federal and state governments have perpetrated against these communities. It is also a time to examine internal practices and mindsets to ensure **DIVERSITY, EQUITY, AND INCLUSION.**

Get involved in the celebrations! Find opportunities to support and learn about the AAPI Heritage that are happening near you!  
[Celebrate AAPI Month with a tour of the Wing Luke Museum](#)  
[KNKX highlights regional AAPI Heritage Month events in May](#)  
[How You Can Honor Asian Pacific American Heritage Month in 2023](#)

## SPOTLIGHT! AUS IN THE NEWS

We invite you to read about the wonderful contributions being made by our very own AUS community and colleagues being featured in the Antioch Common Thread online magazine!

Dr. Jude Bergkamp,  
[PsyD Chair Jude Bergkamp Joins APA Competencies Task Force to Address Historical Injustices](#)

Dr. Mariamée Gonzalez  
[Two Antioch Faculty Elected President of Regional Counseling Associations](#)

MaiLinh Hartz, student, Counselors of Color  
[Bringing Unique Perspectives to Counseling](#)

Dr. Caryn Park  
[Cool Course: "Globalization, Immigration, and Education: Critical Perspectives"](#)



## NATIONAL MILITARY APPRECIATION MONTH

BY GEORGE ARTEM, AUS VETERANS SERVICES COORDINATOR

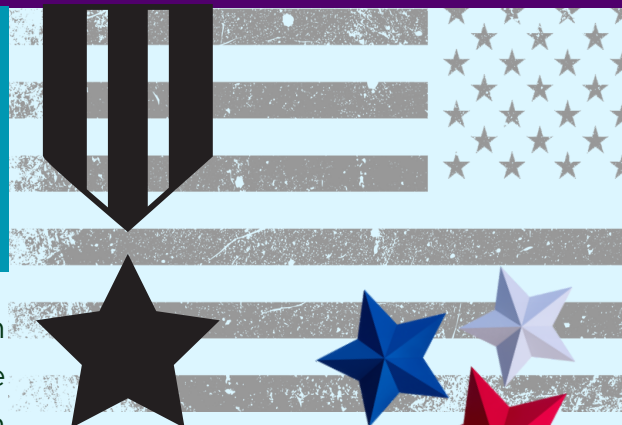
Hello Antioch Community! Please join Antioch University Seattle, Veteran Services and the Washington State Department of Veterans Affairs in recognizing May as National Military Appreciation Month (NMAM). Congress designated May as National Military Appreciation Month in 1999. Every May NMAM is a declaration that encourages communities to observe the month as a symbol of unity. NMAM honors current and former members of the US Armed Forces, including those who have died in the pursuit of freedom.

Through this recognition we honor the service and sacrifice of members of the [Army](#), [Navy](#), [Air Force](#), [Coast Guard](#), [Marines](#), [Space Force](#) and [National Guard](#) as well as the contribution of their [spouses](#).

## NATIONAL OBSERVANCES INCLUDE:

**ARMED FORCES DAY**  
**SATURDAY, MAY 20TH**

**MEMORIAL DAY**  
**MONDAY, MAY 29TH**

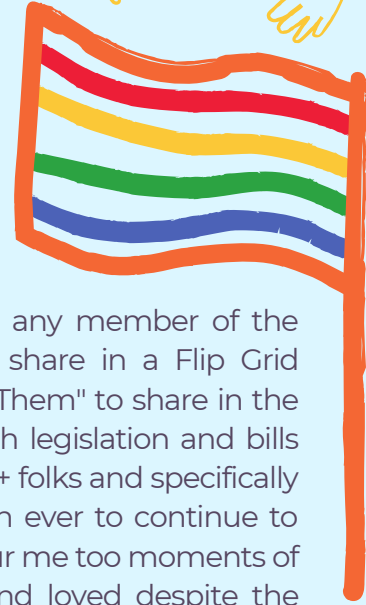


# JUNE IS PRIDE MONTH!



Embrace who you are

Every year, during the month of June, the LGBT community is celebrated and acknowledged to recognize the influence and contributions of the LGBTQI+ community on the world. Various events are held in the month of June. June was chosen because it is when the Stonewall Riots took place: [1969 Stonewall Riots - Origins, Timeline & Leaders](#). As well as being a month-long celebration, Pride month has traditionally served as an opportunity to peacefully protest and raise political awareness of current issues facing the community.



## A NOTE FROM TERA MCINTOSH, PHD, AFFILIATE FACULTY AND ANTIRACISM TASK FORCE MEMBER ON PRIDE MONTH

Just wanted to reach out to invite you all, or any member of the faculty, staff, student Antioch community to share in a Flip Grid Discussion Topic about "What Pride Means to Them" to share in the upcoming Pride month of June. With so much legislation and bills being passed and proposed affecting LGBTQIA+ folks and specifically trans persons I think it is more important than ever to continue to create safe spaces for sharing and to share in our me too moments of solidarity to let others know they are seen and loved despite the current climate. Did anyone see the Drag Show video recently in Columbus and the Nazi group protesting it? The call to action is so important in both the big cities and the rural states like Tennessee or Florida...from banned books to banned drag performances, to banned trans athletes.

I wanted to invite you all to participate in this Flip Grid....and share what Pride might mean to you...whether you identify along the continuum or are just an ally...you are welcome to share. Feel free to pass it on to students, co-workers etc. Perhaps we can have it posted on the Voice page via Bill.

[Here is the direct link to the topic.](#) Thanks, all!



**Explore these ways to become involved, and to learn more about Pride Month in the greater Seattle area or somewhere near you:**

**SEATTLE PROUD PRIDE FEST!**



Today I was honored to interview Dr. Mariamée Gonzalez, who is among many other roles, a co-founder with Dr. Synthia Santos Dietz, of the LatinX Mental Health Institute Symposium. She shares how the Institute was started and the founding principles. Created based on a collectivist vision, the Institute has an Executive Board composed of leaders from across campuses and their local communities. The next symposium is titled *Voices of Power Through Resiliency and Strength*, September 27, 28 and 29, 2023 and Dr. Carlos Hipolito-Delgado will be the keynote speaker [Beyond Imagination: Transformative Student Voice for Liberatory Schools \(s-r-a.org\)](#).

Dr. Gonzalez was kind enough to answer a wide range of questions including how they began the institute, the speakers they have engaged, the upcoming webinar and symposia, and a question about counseling members of the Latinx community. Dr. Gonzalez referred to the Multidimensional Ecosystemic Comparative Approach (MECA) created by Dr. Celia Jaes Falicov: [Supervision as Co-vision: A Multidimensional Framework for Cultural and Social Equity in Psychotherapy and Supervision | Mental Health Technology Transfer Center \(MHTTC\) Network \(mhttcnetwork.org\)](#).

**SPOTLIGHT!**  
**DR. MARIAMÉE GOZALEZ, CHAIR, CLINICAL MENTAL HEALTH COUNSELING, CO-FOUNDER OF THE LATINX MENTAL HEALTH INSTITUTE**  
**By Darcy Greene**  
**WATCH THE INTERVIEW!**

# WHAT INSPIRES YOU?



In honor of the growth and blossoming around us and with awareness of national and international events that require ongoing social justice action we present contributions from the Seattle Antioch Community about what is inspiring them right now....

## From Ling Cheun Bianca Lee

I have recently went to a workshop by Dr. Ayesha Khan and was blown away by the way they reframe the role of colonialism and capitalism play in the systemic oppression we all experience. One of the big takeaways was that the fight to dismantle is important, but radical healing and joy in community are just as powerful to indigenize our experience moving through this world.

[View Their Instagram.](#)

## From Melody Rossiter

This isn't the "happy" kind of inspiring, but I find this sculpture, Melancholy, by the Romanian artist Albert György moving and like an accurate depiction about how I feel about a lot of the things going on in the world right now

<https://www.facebook.com/griefspeaks/photos/a.10153420996695434/10166240937115434/?type=3>

## From Annabelle Falloria

I've been pretty inspired by the Apple Plus TV show, Ted Lasso, recently. I just started watching it about a month ago so I've seen seasons 1 and 2 and am caught up through its current season, season 3 and I know it's a TV show but it's just so great to see a heart-warming TV show where people help and support each other and applaud each other for growth and change.

## From Sue Byers

"You may not always have a comfortable life and you will not always be able to solve all of the world's problems at once. But don't ever underestimate the importance you can have, because history has shown us that courage can be contagious, and hope can take on a life of its own." Michelle Obama (Becoming, 2018).

Michelle LaVaughn Robinson Obama is an American attorney and author who served as the first lady of the United States from 2009 to 2017 as the wife of President Barack Obama. She was the first African-American woman to serve in this position.

## From Porter Woody

I'd say many things are giving me life right now, but I'll dwindle it down to three:

1. petting dogs that I meet
2. this vision board next to my desk
3. shooting hoops in the early morning hours

## From Jill Haddaway

I'm inspired by two artists: Jenny Grant and Jerney Marisha. I used to claim I couldn't draw to save my life, but their classes, social media and encouragement proved me wrong. I'm used to doing or creating, but not taking the time to analyze what is and isn't working. It's a fascinating process to take tips or lessons then make something uniquely mine.

Here are links to share about these artists:

<https://jerneymarisha.com/about-me/>

<https://www.jennygrantart.com/aboutjenny>

## From Darcy Greene

My inspiration is the exhibit Flying Woman: The Paintings of Katherine Bradford that I saw at the Frye. Bradford is an artist who started when she was 30 and now at 80 is at a high point in her career. She paints over canvases and over mistakes, which you can still kind of see. She uses house paint brushes and adds layers over the course of weeks or months. I love the colors. The figures are very abstract. It made me think about how limiting my thoughts are about age, about the process of making art and showing your mistakes!

## From Rachel Goldberg

Lately I am feeling really inspired by witnessing moments in which my community displays their commitment to their values, from taking action to be good stewards of the land on which we reside, to initiating dialogues that consider inclusion from different lenses, to loving themselves and lifting each other up, and being radically authentic. I feel grateful all the time to have such inspiring friends and leaders around me.



# 2023 ONLINE SOCIAL JUSTICE SYMPOSIUM

BY RONG HUANG

Social justice is an integral part of the counseling profession. The success of this year's Online Social Justice Symposium (OSJS) Conference Program, hosted by Chi Sigma Iota Omega Mu Gamma Chapter, highlighted and showcased our commitment to social justice, our hopes to counseling liberation and decolonization, and our compassion for a more inclusive and multicultural society.

This year's Online Social Justice Symposium (OSJS) was intentionally and thoughtfully designed to be held around Earth Day by the OSJS executive committee in hopes to emphasize on the under-discussed, yet significant topic of environmental justice. Dr. Edil Torres Rivera as our keynote speaker inspired the participants by sharing his ongoing dedication and specific approach to serving ethnic minority populations and the implications of social injustice and oppression in counseling and psychotherapy with ethnic minorities in the United States. Our panelists reminded and encouraged us, as mental health professionals, to reexamine the imperative impacts of environmental justice on communities who have historically been marginalized, especially, the first people of this beautiful land.



We had presenters and speakers from over 30 different institutions and clinical practice settings, which included a total of 30 presentations and a total number of 219 participants. This year's OSJS also covered a variety of critical topics, such as racism and racial justice, LGBTQ+, systemic factors, disability & cultural competence, international contexts, trauma and healing, diagnosis and counseling approaches, inclusivity, wellness, and professional identity.

Regarding the outcome of this year's OSJS, we were honored to have received a 97.3% of satisfaction rate for meeting participants' overall expectations of their chosen presentations. We are truly grateful for the generous support from our wonderful volunteers who contributed to the success of this year's OSJS conference program. We are committed and dedicated to continuously being active changing agents, and we look forward to the 2024 OSJS, and we hope to bring its impact to a greater level.

## AUS ANTIRACIST VALUES STATEMENT



We recognize that confronting and combating racism is life-long work for all members of the Antioch University Seattle community. As a university community, we must be vigilant in our learning, listening, and action to advance change. We pledge to measure our progress as we act on our values of becoming an anti-racist, intersectional and equitable culture on our campus where every member of the community, regardless of race, religion, gender, disability status or socio-economic status, can thrive. This work belongs to everyone -University Provost, Administration, Faculty, Staff and Students. (Antioch University Seattle, May, 2022)

# WE CELEBRATE JUNETEENTH, JUNE 19TH!

Juneteenth, June 19th, a federal holiday, marks the end of slavery in the U.S. and honors African-American freedom. It is the oldest nationally celebrated tribute of the end of slavery in the United States. It serves as an opportunity to honor the outstanding heritage, culture and contributions of African Americans to the US and the world. In addition, it is a time to recognize the injustices, hardships and struggles that African Americans have had to endure and the triumphant strides they have made. The historical legacy of Juneteenth shows the value of never giving up hope in uncertain times.

Get engaged, celebrate, support and learn more about Juneteenth in the Greater Seattle area or somewhere near you!

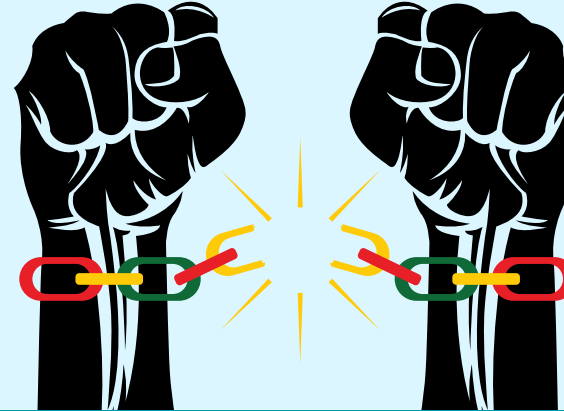
[JUNETEENTH AT THE NORTHWEST AFRICAN AMERICAN MUSEUM](#)

[JUNETEENTH READING LIST - SMITHSONIAN JUNETEENTH READING LIST](#)

[SONGS OF BLACK FOLKS EVENT - SONGS OF BLACK FOLK SEATTLE](#)

[WASHINGTON'S PHYSICIANS FOR SOCIAL RESPONSIBILITY](#)

[JUNETEENTH CELEBRATION WASHINGTON STATE HISTORY MUSEUM](#)



## WAYS TO GET INVOLVED IN SERVICE IN SEATTLE COMMUNITIES ONE SEATTLE DAY OF SERVICE

The 2023 "One Seattle" Day of Service event put on by the Mayor's office will be held Saturday, May 20th. If you would like to get involved, please don't hesitate to sign up for one of the 110 community event through the link below.

Over 100 partner organizations participating in the One Seattle Day of Service reflecting a diverse group of public, private, and non-profit partners and organizations, including El Centro de la Raza, FareStart, Chinatown-International District BIA, Belltown United, SODO BIA, Food Lifeline, Ballard Alliance, Seattle Sounders FC, and Seattle Seahawks.

Volunteer opportunities include options for people across ages, abilities, and interests. Most volunteer shifts are 2-3 hours, ranging from just a few volunteers to up to 100 per shift. Nearly half of activity opportunities are open to all ages, and more than one third are open to all abilities.

We know that neighbors want to be part of the solution to help us build a thriving, beautiful city, and we can all play a part in creating a better Seattle. The One Seattle Day of Service is a time to turn our shared values of inclusion, unity, and cooperation into real action to drive tangible improvements for the place we love and call home." ~ Mayor Bruce Harrell

[Learn what's happening across the city and how you can be involved - Day of Service Events 2023 \(arcgis.com\).](#)





# MEET YA AUTHOR, JAS HAMMOND!

Hello Friends of the Library,

You are cordially invited to meet YA author, Jas Hammond, author of the multi-award winning, 6-starred reviewed, *We Deserve Monuments*. We are honored to have them as our guest and to hear their perspectives and firsthand experiences coming up against book challenges in schools. In light of the deeply-organizing censorship movement, it is critical to hear author's experiences and to have an exchange of ideas and strategies between educators and authors. Please join us on Wednesday, June 7th, 5:00 - 6:00 PM.

## We Deserve Monuments awards:

- 2023 Coretta Scott King John Steptoe Award for New Talent Winner
- A Kirkus Best Books of 2022
- A School and Library Journal Best Book of 2022
- A B&N Best Book of 2022
- A Parents Magazine Best Books of 2022
- People magazine's Best Children's Books of 2022



**MARK YOUR CALENDAR FOR WEDNESDAY, JUNE 7TH, 5-6 PM AND JOIN THE ZOOM HERE:**

**[HTTPS://ANTIOCH.ZOOM.US/J/92351491475](https://antioch.zoom.us/j/92351491475)**

What's more important? Knowing the truth or keeping the peace?

## WE DESERVE MONUMENTS

A powerful debut from Jas Hammonds that explores how racial violence can ripple down through generations.



## INTERESTED IN GETTING INVOLVED WITH THE ANTIOCH SEATTLE DIVERSITY COUNCIL?

### SUBMIT CONTENT!

Each month the AUS Diversity Council newsletter highlights work being done by the administration, faculty and students in support of our anti-racism and social justice mission. We provide information on special days in the month and community events where you can learn more or contribute. We welcome members to submit content about the efforts of you and your colleagues, personal reflections, and notable days you would like us to include.

Joining our Diversity Council is a great way to participate in the AUS community. The Diversity Council enhances our institution's capacity to develop and implement effective diversity, equity, antiracism and justice work across the campus. The Council recommends strategic initiatives for achieving diversity and inclusion goals and works collaboratively across the campus to build and carry out the diversity plan. The Diversity Council works to ensure that diversity, expressed in various forms, remains integral to excellence at Antioch University Seattle. Composed of faculty, staff and students from across all academic and administrative units, the Council endeavors to inclusively and equitably approach diversity projects and initiatives.



**Join Us!**  
**JOIN THE COUNCIL!**