

ANTIOCH UNIVERSITY SEATTLE

# DIVERSITY FELLOWS

MEET THE ANTIOCH UNIVERSITY SEATTLE DIVERSITY FELLOWS!

## WHAT BRINGS YOU TO THIS WORK?

### **SANDRA LARSON, SHE/HER** **PSYD CLINICAL PSYCHOLOGY PROGRAM**



My name is Sandra, I grew up in Colorado with my parents all my life. I met my now husband in undergraduate school back in 2015. We have since then graduated together, interned at the same place, and even went to the same master's program. My clinical background is in forensics and substance abuse as I worked as a therapist for about a year before I enrolled in Antioch. This is my first time moving outside of Colorado therefore I am excited to see what this city has to offer. Outside of work and school, I have four cats, I love to bake, cook Asian cuisines, study architecture, and do abstract paintings as a hobby.

### **SOFIA GREY, SHE/HER** **CLINICAL MENTAL HEALTH COUNSELING PROGRAM**



I am Sofia! I am a first year student in the CMHC program. My undergraduate degree was a BA in Integrated Social Sciences from the University of Washington, but I am originally from San Jose, California. As a queer mixed-race person, I am motivated to bring more access to mental healthcare to marginalized communities in the Seattle area and beyond. In my free time I like to read nonfiction books and create art about my feelings.

### **MARISSA CASTILLO, SHE/HER** **PSYD CLINICAL PSYCHOLOGY PROGRAM**



Hi! My name is Marissa Castillo (she/they), a second year in the Psy.D. program. I'm passionate about the intersection of clinical psychology and issues of diversity. One of the biggest reasons I'm in the field of psychology is because I have seen the lack of diversity in therapists first hand and want to be the kind of therapist for others that I struggled to find for myself. I identify as nonbinary and bisexual and am an advocate for neurodiversity. I look forward to being a part of this fellowship as a way to broaden my perspective and share my own with others.

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## AJ GURLEY-GREEN, THEY/THEM

PSYD CLINICAL PSYCHOLOGY PROGRAM



I am from the East Coast but was born in London! I received my BA in Psychology with a minor in Anthropology and a certificate in public policy and community action at Connecticut College. For my honors thesis, I focused on the stigma of invisible illnesses and its implications for disability policy. I transitioned to pain psychology in the job I had for the past 2 years but ultimately realized I wanted to move to forensic psychology. I want to understand the varying effects of trauma on the development of psychopathology as well as when it leads to interacting with the criminal justice system. Although my specific focus has shifted over the years, I am interested in the insidious impact of bias and stigma. My certificate program in college sparked my passion for social justice reform, especially within the field of psychology.

## TIKA SMITH, SHE/HER

CLINICAL MENTAL HEALTH COUNSELING PROGRAM



Tika Smith believes that confidence is the secret to success and knows how easy it can be to lose confidence and stop believing that good things will happen again. Inspired at a speaker series, Women to Watch, she started a foundation focused on empowering struggling women BAWSE, Brilliantly Awesome Women Support Each Other — a nonprofit organization that acts as a resource supporting women and their children.

## PHEBE BRAKO-OWUSU, SHE/HER

COUNSELOR EDUCATION AND SUPERVISION PROGRAM



I am an immigrant from Ghana, bilingual and a mom of 3 boys. As a Licensed Marriage and Family Therapist, my work has centered around supporting Global Majority folx through their healing and building a home away from home. I worked with military families and in schools as a military and family life counselor, another way in which I got to connect with my military family member identity.

## JESSA FARR, SHE/HER

CLINICAL MENTAL HEALTH COUNSELING PROGRAM



Hi I am Jessa. I am in the CMHC program. I have a passion for disability justice and fighting against anti-fat bias. This year as a diversity fellow. I hope to tackle anti-fat bias and how it shows up in academia and counseling spaces. Anti-fat bias can lead to eating disorders which are one of the deadliest mental health disorders. It is important to highlight anti-fat bias' role in our lives and find ways to unlearn it.

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## MEL GLAZE, SHE/HER/THEY/THEM

COUPLE & FAMILY THERAPY PROGRAM



Hello I'm Mel (she/they)! I'm a mixed Brazilian/American in my 3rd year of the CFT program and also in the trauma certificate track. I'm an advocate for inclusive, trauma-informed care and have a heart for serving neurodiverse individuals and their families. As a 2nd generation immigrant, I have a heart for those who have experienced loss of culture and complex grief. My undergraduate degrees are in graphic design and marketing, and I spent the first decade of my career building creative community spaces and working with entrepreneurs. I want to create a collaborative coworking space that supports therapists to serve their clients and their families in Tacoma, WA through education, mental health care and collective healing.

## THAO-CHI PHAM, SHE/HER

COUPLE & FAMILY THERAPY PROGRAM



I am passionate about cultivating personal connections and developing thriving communities through inclusivity, curiosity, respect, and collaboration. As a female, bilingual immigrant, Vietnamese-American, I have encountered social, linguistic, intergenerational, and cultural differences that motivated me to advocate for authentic identities and supportive alliances. I wish to join my peers, faculty, and administrators in improving communication, increasing the sense of self and belonging, and creating a stronger foundation for individual and collective success at AUS. With a strong initiative to help and learn, I am dedicated to elevating diverse experiences and expanding perspectives including my own. I want to promote a more extensive social network by encouraging interaction, shared space, and co-creation.

## CEDAR SALINA, THEY/THEM

B.A. LIBERAL STUDIES PROGRAM WITH PSYCHOLOGY AND COUNSELING CONCENTRATION



I am a student, finishing up a B.A. in Liberal Studies with a concentration in Psychology and Counseling. I have over a decade of lived experience as a sex worker and firmly believe in deconstructing stigma as a means of promoting the well-being and self-determination of people working in the sex trade. Outside of agitating for a better world, I find delight in gardening, reading, and living a beautiful, queer life with my spouse and two dogs.

# THANKS FOR YOUR WORK, AUS DIVERSITY FELLOWS!