

How to Format an APA References List (APA 7)



APA References List Formatting:

- Title “References” (not “Works Cited”)
- In alphabetical order by author’s last name (or first word in citation, if no author/group author)
- Double-spaced
- Indented with a “hanging indent” (do this for all the sources at once by using the ruler at the top of the screen in Microsoft Word or Google Docs, or by using the “hanging indent” option)

No personal communication is included in your References list; *instead* cite in the text only. There are two ways to format in-text citations:

Citing at the beginning of the sentence: E. Robbins (personal communication, January 1, 2020) ...

Citing in parentheses: ... (E. Robbins, personal communication, January 1, 2020).

APA References Format & Examples:

For more examples, check out the APA publication manual (pp. 313-352).

Single author book:

Author, A. (year). *Title of book* (edition number). Publisher name.

Sapolsky, R. (2004). *Why zebras don't get ulcers: The acclaimed guide to stress, stress-related diseases, and coping* (3rd ed.). Holt.

In-text Citation: (Sapolsky, 2004).

Chapter in an edited book:

Author, A. (year). Title of chapter. In A. A. Editor & B. B. Editor (Eds.). *Title of book* (edition number). Publisher name.

Raz, N. (2000). Aging of the brain and its impact on cognitive performance: Integration of structural and functional findings. In F. I. M. Craik & T. A. Salthouse (Eds.), *Handbook of aging and cognition* (2nd ed., pp. 1–90). Erlbaum.

In-text Citation: (Raz, 2000).

Scholarly journal article with a DOI:

Author, A., & Author, B. B. (date). Title of the article. *Title of Periodical*, volume (issue number). DOI or URL

Beck, A. T., Epstein, N., Brown, G., & Steer, R. A. (1988). An inventory for measuring clinical anxiety: Psychometric properties. *Journal of Consulting and Clinical Psychology*, 56(4), 893-897. <https://doi.org/10.1037/0022-006X.56.6.893>

In-text Citation: (Beck et al., 1988). For 3 or more authors, use only the first author’s name followed by et al. (which means “and others”).

Newspaper article:

Author, A., & Author, B. B. (date). Title of the article. *Title of Periodical*. DOI or URL

Peterson, A. (2019, December 8). New therapies help patients with dementia cope with depression. *The New York Times*. <https://www.nytimes.com/2019/12/08/health/dementia-depression-therapy.html?searchResultPosition=1>

In-text Citation: (Peterson, 2019).

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Webpage on a website with an individual author:

Author, A., & Author, B. B. (date). *Title of the work*. Website Name. URL

Gil, S. (2019, December 3). *Congress must act to protect the right to vote*. American Civil Liberties Union. <https://www.aclu.org/news/voting-rights/congress-must-act-to-protect-the-right-to-vote/>

In-text Citation: (Gil, 2019).

When the author and the site name are the same, omit the site name from the reference.

Webpage on a website with group author:

Name of Group. (date). *Title of the work*. Website Name. URL

American Civil Liberties Union. (2019). *Smart justice: What's at stake*. <https://www.aclu.org/issues/smart-justice>

In-text Citation: (American Civil Liberties Union, 2019)

Webpage on a website with a group author and a retrieval date: Only include the retrieval date when the content is designed to change over time and the page is not archived

Name of Group. (date). *Title of the work*. Website Name. URL

U.S. Census Bureau. (n.d.). *U.S. and world population clock*. U.S. Department of Commerce. Retrieved December 22, 2019, from <https://www.census.gov/popclock/>

In-text Citation: (U.S. Census Bureau, n.d).

YouTube video or other streaming video: For retrievability, credit the person or group who uploaded the video as the author, even if they did not create the work. Note the contributions of others who appear in the video in the text narrative if desired.

TED. (2019, May 9). *Simone Giertz: Why you should make useless things* [Video]. YouTube. <https://www.youtube.com/watch?v=c0bsKc4tiuY>

In-text Citation: (TED, 2019).

Film:

DuVernay, A. (Director & Writer), & Averick, S. (Writer). (2016, October 7). *13th* [Documentary]. Netflix. <https://www.netflix.com/title/80091741>

In-text Citation: (DuVernay & Averick, 2016).

Two or more works by the same author – Use the author's name for all entries. Order the entries by year – earliest first.

Heinrich, B. (2009). *Summer world: A season of bounty*. Ecco.

Heinrich, B. (2012). *Life everlasting: The animal way of death*. Houghton Mifflin Harcourt.

Two or more works by the same author in the same year – List the works alphabetically by title. In the parentheses, following the year add “a,” “b,” and so on. *Use the same letters when giving the year in the in-text citation.*

Bower, B. (2012a). Families in flux. *Science News*, 182(12), 16.

Bower, B. (2012b). Human-Neandertal mating gets a new date. *Science News*, 182(9), 8.

In-text Citation: (Bower, 2012a) and (Bower, 2012b)

Unknown author – If there is not a group author, begin the entry with the work's title.

No date – If the source does not have a date, use n.d. (for no date). *In-text Citation:* (CDC, n.d.).