

# ANTIOCH UNIVERSITY

SEATTLE

## BA Liberal Studies Senior Symposium

Thursday, August 31, 2017

12 to 8 pm

12 pm

Room 227

### **Lauren Kile**

#### ***Somatic Architecture: The Body Tells the Story***

Somatic architecture refers to the body's shape as a dialogue between its emotional and physical experience. Stanley Keleman has shown that an awareness of the mind-body connection creates agency in one's life. Join Lauren Kile in an interactive exploration of the body as a visible and felt story of emotional development through Keleman's somatic based theory of Emotional Anatomy.

1 pm

Room 227

### **Adine Lee**

#### ***American Mind, Korean Heart***

Adine Lee is a second-generation Korean-American who grew up balancing two cultures. While both worlds have informed her identity, she discovered at Antioch that the sense of isolation and the tendency to ignore familial traumas are common among children of immigrants. She shares the story of her struggle to synthesize her two identities: an American mind with a Korean heart.

4 pm

Room 202

### **Sara Pelfrey**

#### ***Revising Our Origin Myths***

Sara Pelfrey believes our country's origin myths fundamentally shape our identity and how our communities interact with each other. She explores the purpose of myths, how they affect people every day, and how community activists are recreating them to form a new relationship with self and our country.

6 pm

Room 202

### **Kelsey Bezaire**

#### ***Our Furry Co-Therapists***

Animals have been involved in therapy settings for over a century. Kelsey Bezaire presents an introduction to the concept of animal assisted psychotherapy, focusing on how dog and horse co-therapists may help clients improve social and relational skills. She includes discussion on current research and future directions in this growing field.

7 pm

Room 227

### **Anmarie Norton**

#### ***Being Floxed: Giving Creative Expression to Pain***

Anmarie Norton gives voice to her experience of how one small pill forever changed the quality of her life. "Being floxed" refers to long-term, irreversible damage to the DNA caused by a commonly prescribed and potentially dangerous antibiotic. Living with chronic pain and fatigue, Anmarie shares her journey through words and images in her quest for understanding, acceptance and healing.